# Simple shear in nonlinear Cosserat micropolar elasticity: Existence of minimizers, numerical simulations, and occurrence of microstructure 

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#### Abstract

Deformation microstructure is studied for a ID-shear problem in geometrically nonlinear Cosserat elasticity. Microstructure solutions are described analytically and numerically for zero characteristic length scale.


## Keywords

Cosserat theory, microstructure, calculus of variations, micropolar, generalized continuum

## I. Introduction

This article studies the formation of microstructure due to simple shear boundary conditions within a geometrically nonlinear Cosserat theory.

The Cosserat model is one of the best-known generalized continuum models [1]. It assumes that material points can undergo translation, described by the standard deformation map $\varphi: \Omega \rightarrow \mathbb{R}^{3}$ and independent rotations described by the orthogonal tensor field $R: \Omega \rightarrow \mathrm{SO}(3)$, where $\Omega \subset \mathbb{R}^{3}$ describes the reference configuration of the material. Therefore, the geometrically nonlinear Cosserat model induces immediately the Lie-group structure on the configuration space $\mathbb{R}^{3} \times \mathrm{SO}(3)$.

Both fields are coupled in the assumed elastic energy $W=W(\mathrm{D} \varphi, R, \mathrm{D} R)$ and the static Cosserat model appears as a two-field minimization problem which is automatically geometrically nonlinear due to the presence of the non-abelian rotation group $\mathrm{SO}(3)$. Material frame-indifference (objectivity) dictates left-invariance of the Lagrangian $W$ under the action of $\mathrm{SO}(3)$ and material symmetry (here isotropy) implies right-invariance under action of $\mathrm{SO}(3)$.

In the early 20th century, the Cosserat brothers E. and F. Cosserat introduced this model in its full geometrically nonlinear splendor [2] in a bold attempt to unify field theories embracing mechanics,

[^0]optics and electrodynamics through a common principal of least action. They used the invariance of the energy under Euclidean transformations [3,4] to deduce the correct form of the energy $W=W\left(R^{T} \mathrm{D} \varphi, R^{T} \partial_{x} R, R^{T} \partial_{y} R, R^{T} \partial_{z} R\right)$ and to derive the equations of balance of forces (variations w.r.t. the deformation $\varphi$, the force-stress tensor may loose symmetry)[5], and balance of angular momentum (variations w.r.t. rotations $R$ ). The Cosserat brothers did not provide, however, any specific constitutive form of the energy since they were not interested in specific applications.

## I.I. Three-dimensional geometrically nonlinear isotropic Cosserat model

The underlying three-dimensional isotropic Cosserat model can be described in terms of the standard deformation mapping $\varphi: \Omega \subset \mathbb{R}^{3} \rightarrow \mathbb{R}^{3}$ and an additional orthogonal microrotation tensor $R: \Omega \subset \mathbb{R}^{3} \rightarrow \mathrm{SO}(3)$.

The goal here is to find a minimizer of the following isotropic energy (The volumetric term $\left(\frac{\lambda}{4}\right)\left((\operatorname{det} \bar{U}-1)^{2}+\left(\left(\frac{1}{\operatorname{det} \bar{U}}\right)-1\right)^{2}\right)$ is independent of the microrotation $R$ and polyconvex in $\mathrm{D} \varphi$. Its quadratic approximation is $\left(\frac{\lambda}{2}\right) \operatorname{tr}^{2}(\bar{U}-\mathbb{1})$.):

$$
\begin{align*}
E(\varphi, R)= & \int_{\Omega} \mu\left|\operatorname{sym}\left(\bar{U}-\mathbb{1}_{3}\right)\right|^{2}+\mu_{c}\left|\operatorname{skew}\left(\bar{U}-\mathbb{1}_{3}\right)\right|^{2}+\frac{\lambda}{4}\left((\operatorname{det} \bar{U}-1)^{2}+\left(\frac{1}{\operatorname{det} \bar{U}}-1\right)^{2}\right) \\
& +\mu \frac{L_{c}^{2}}{2}\left(a_{1}\left|\operatorname{dev} \operatorname{sym} R^{T} \operatorname{Curl} R\right|^{2}+a_{2}\left|\operatorname{skew} R^{T} \operatorname{Curl} R\right|^{2}+\frac{a_{3}}{3} \operatorname{tr}\left(R^{T} \operatorname{Curl} R\right)^{2}\right) \mathrm{dx}  \tag{1}\\
= & \int_{\Omega} W_{\mathrm{mp}}(\bar{U})+W_{\operatorname{disloc}}\left(R^{T} \operatorname{Curl} R\right) \mathrm{dx} \rightarrow \min \quad \text { w.r.t. } \quad(\varphi, R), \quad \bar{U}=R^{T} \mathrm{D} \varphi .
\end{align*}
$$

The problem will be supplemented by Dirichlet boundary conditions for the deformation $\varphi$ and the microrotations $R$ can either be left free or prescribed or connected to $\mathrm{D} \varphi$ via the coupling condition skew $\left.(\bar{U})\right|_{\Gamma}=0$ with $\Gamma=\partial \Omega$. Here, $\mu>0$ is the standard elastic shear modulus, $\lambda$ the second elastic Lamé parameter, and $\mu_{c} \geqslant 0$ is the so-called Cosserat couple modulus; $a_{1}, a_{2}, a_{3}$ are non-dimensional non-negative weights and $L_{c}>0$ is a characteristic length. The isotropic energy (1) is written in terms of the nonsymmetric Biot type stretch tensor $\bar{U}=R^{T} \mathrm{D} \varphi$ (first Cosserat deformation tensor[2]) and the curvature measure $R^{T} \operatorname{Curl} R$. We call $\alpha:=R^{T} \operatorname{Curl} R$ the second order dislocation density tensor [6]. Due to the orthogonality of dev sym, skew and $\operatorname{tr}(.) \mathbb{1}$, the curvature energy provides a complete control of

$$
\begin{equation*}
|\alpha|^{2}=\left.\left|R^{T} \operatorname{Curl}\right| R\right|^{2}=|\operatorname{Curl} 1 R|^{2} \quad \text { provided } \quad a_{1}, a_{2}, a_{3}>0 . \tag{2}
\end{equation*}
$$

Using the result in Neff and Münch [7],

$$
\begin{equation*}
|\operatorname{Cur} 1 R|_{\mathbb{R}^{3 \times 3}}^{2} \geqslant c^{+}|\mathrm{D} R|_{\mathbb{R}^{3 \times 3 \times 3}}^{2}, \tag{3}
\end{equation*}
$$

shows that the energy (1) controls $\mathrm{D} R$ in $L^{2}\left(\Omega, \mathbb{R}^{3 \times 3 \times 3}\right)$.
In this setting, the minimization problem is highly non-convex w.r.t. $(\varphi, R)$. Existence of minimizers for (1) with $\mu_{c}>0$ has been shown first in Neff [8] see also [6,8-11], the partial regularity for minimizers of a related problem is investigated in Li and Wang [12] and Gastel [13]. The Cosserat couple modulus $\mu_{c}$ controls the deviation of the microrotation $R$ from the continuum rotation $\operatorname{polar}(\mathrm{D} \varphi)$ in the polar decomposition of $\mathrm{D} \varphi=\operatorname{polar}(\mathrm{D} \varphi) \cdot \sqrt{\mathrm{D} \varphi^{T} \mathrm{D} \varphi}$, cf. Neff et al. [14].

For $\mu_{c} \rightarrow \infty$, the constraint $R=\operatorname{polar}(\mathrm{D} \varphi)$ is generated and the model would turn into a Toupin couple stress model.

Here, we derive the three-dimensional Euler-Lagrange equations based on the curvature expressed in the dislocation tensor $\alpha=R^{T} \operatorname{Curl} R$. We can write the bulk elastic energy as

$$
\begin{equation*}
E(\varphi, R)=\int_{\Omega} W_{\mathrm{mp}}(\bar{U})+W_{\mathrm{disloc}}(\alpha) \mathrm{dx}, \quad \bar{U}=R^{T} \mathrm{D} \varphi, \quad \alpha=R^{T} \mathrm{Curl} R . \tag{4}
\end{equation*}
$$

Taking variations of Equation (4) w.r.t. the deformation $\varphi$ leads to

$$
\begin{align*}
\delta E(\varphi, R) \cdot \delta \varphi= & \int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}), R^{T} \mathrm{D} \delta \varphi\right\rangle_{\mathbb{R}^{3 \times 3}} \mathrm{dx}=0, \quad \forall \delta \varphi \in C_{0}^{\infty}\left(\Omega, \mathbb{R}^{3}\right) \\
& \Leftrightarrow \int_{\Omega}\left\langle R \mathrm{D} W_{\mathrm{mp}}(\bar{U}), \mathrm{D} \delta \varphi\right\rangle_{\mathbb{R}^{3 \times 3}} \mathrm{dx}=\int_{\Omega}\left\langle\operatorname{Div}\left[R \cdot \mathrm{D} W_{\mathrm{mp}}(\bar{U})\right], \delta \varphi\right\rangle_{\mathbb{R}^{3}} \mathrm{dx}=0 . \tag{5}
\end{align*}
$$

Taking variation w.r.t. $R \in \mathrm{SO}(3)$ results in (abbreviate $F:=\mathrm{D} \varphi$ )

$$
\begin{align*}
\delta E(\varphi, R) \cdot \delta R & =\int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}), \delta R^{T} F\right\rangle+\left\langle\mathrm{D} W_{\text {disloc }}(\alpha), \delta R^{T} \operatorname{Curl} R+R^{T} \operatorname{Curl} \delta R\right\rangle \mathrm{dx} \\
& =\int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}), \delta R^{T} R \cdot R^{T} F\right\rangle+\left\langle\mathrm{D} W_{\text {disloc }}(\alpha), \delta R^{T} R \cdot R^{T} \operatorname{Curl} R+R^{T} \operatorname{Curl} \delta R\right\rangle \mathrm{dx}  \tag{6}\\
& =\int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}^{T}, \delta R^{T} R\right\rangle+\left\langle\mathrm{D} W_{\text {disloc }}(\alpha), \delta R^{T} R \cdot \alpha+R^{T} \operatorname{Curl} \delta R\right\rangle \mathrm{dx}=0 .
\end{align*}
$$

Since $R^{T} R=\mathbb{1}$, it follows that $\delta R^{T} R+R^{T} \delta R=0$ and $\delta R^{T} R=A \in \mathfrak{s o}$ (3) is arbitrary. Therefore, Equation (6) can be written as

$$
\begin{equation*}
0=\int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}^{T}, A\right\rangle+\left\langle\mathrm{D} W_{\mathrm{disloc}}(\alpha) \cdot \alpha^{T}, A\right\rangle+\left\langle\mathrm{D} W_{\mathrm{disloc}}(\alpha), R^{T} \operatorname{Curl}\left(R A^{T}\right)\right\rangle \mathrm{dx} \tag{7}
\end{equation*}
$$

for all $A \in C_{0}^{\infty}(\Omega, \mathfrak{s o}(3))$. Using that Curl is a self-adjoint operator, this is equal to

$$
\begin{align*}
0= & \int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}^{T}+\mathrm{D} W_{\text {disloc }}(\alpha) \alpha^{T}, A\right\rangle+\left\langle\operatorname{Curl}\left(R \mathrm{D} W_{\mathrm{disloc}}(\alpha)\right), R A^{T}\right\rangle \mathrm{dx} \\
& =\int_{\Omega}\left\langle\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}+\mathrm{D} W_{\text {disloc }}(\alpha) \alpha^{T}-R^{T} \operatorname{Curl}\left(R \mathrm{D} W_{\text {disloc }}(\alpha)\right), A\right\rangle \mathrm{dx} \quad \forall A \in C_{0}^{\infty}(\Omega, \mathfrak{s o}(3)) . \tag{8}
\end{align*}
$$

Thus, the strong form of the Euler-Lagrange equations reads

$$
\begin{array}{rlrl}
\operatorname{Div}\left[R \mathrm{D} W_{\mathrm{mp}}(\bar{U})\right] & =0, & \text { "balance of forces" } \\
\operatorname{skew}\left[R^{T} \operatorname{Curl}\left(R \mathrm{D} W_{\text {disloc }}(\alpha)\right)\right] & =\operatorname{skew}\left(\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}^{T}+\mathrm{D} W_{\text {disloc }}(\alpha) \cdot \alpha^{T}\right), \\
& & \text { "balance of angular momentum" } .
\end{array}
$$

If $\mathrm{D} W_{\text {disloc }}(\alpha) \equiv 0$ (no moment stresses, zero characteristic length $L_{c}=0$ ), then balance of angular momentum turns into the symmetry constraint

$$
\begin{equation*}
\mathrm{D} W_{\mathrm{mp}}(\bar{U}) \cdot \bar{U}^{T} \in \operatorname{Sym}(3) \tag{10}
\end{equation*}
$$

A complete discussion of the solutions [15] to this constraint and applications can be found in Neff and others [4,16-18].

## 2. The Cosserat model in simple shear

To elucidate the proposed nonlinear theory, notably the impact of boundary and side conditions on the microrotations, cf. figure 1, we consider the deformation of an infinite layer of material with unit height, fixed at the bottom and sheared in $e_{1}$-direction with amount $\gamma$ at the upper face. We impose the boundary conditions $\varphi\left(x_{1}, x_{2}, 0\right)=\left(x_{1}, x_{2}, 0\right)^{T}, \varphi\left(x_{1}, x_{2}, 1\right)=\left(x_{1}+\gamma, x_{2}, x_{3}\right)^{T}, x_{1}, x_{2} \in \mathbb{R}$. The parameter $\gamma \geqslant 0$ is the amount of maximal shear at the upper face per unit length. The most general deformations are of the form


Figure I. A single crystal copper specimen in simple shear, showing glide planes and micro bands. Lattice rotations do not coincide with continuum rotations. Courtesy of D. Raabe, MPI-Eisenforschung, Düsseldorf [19].


Figure 2. The deformed state exhibits a homogeneous region in the interior of the structure which motivates the kinematics of simple shear.

$$
\varphi\left(x_{1}, x_{2}, x_{3}\right)=\left(x_{1}+u\left(x_{1}, x_{2}\right), x_{2}, x_{3}+v\left(x_{1}, x_{3}\right)\right)^{T},
$$

see Figure 2. Hence, we look for energy minimizing deformations in the form

$$
\varphi\left(x_{1}, x_{2}, x_{3}\right)=\left(\begin{array}{c}
x_{1}+u\left(x_{1}, x_{3}\right)  \tag{11}\\
x_{2} \\
x_{3}+v\left(x_{1}, x_{3}\right)
\end{array}\right), \quad \mathrm{D} \varphi\left(x_{1}, x_{2}, x_{3}\right)=\left(\begin{array}{ccc}
1+u_{x_{1}}\left(x_{1}, x_{3}\right) & 0 & u_{x_{3}}\left(x_{1}, x_{3}\right) \\
0 & 1 & 0 \\
v_{x_{1}}\left(x_{1}, x_{3}\right) & 0 & 1+v_{x_{3}}\left(x_{1}, x_{3}\right)
\end{array}\right),
$$

with $u\left(x_{1}, 0\right)=0, u\left(x_{1}, 1\right)=\gamma$. The infinite extension in $e_{1}$-direction implies that $\partial_{x_{1}}$ must vanish and from symmetry of the boundary conditions at the upper and lower face, there is no reason for a displacement in $e_{3}$-direction either. Hence, the reduced kinematics

$$
\varphi\left(x_{1}, x_{2}, x_{3}\right)=\left(\begin{array}{c}
x_{1}+u\left(x_{3}\right)  \tag{12}\\
x_{2} \\
x_{3}
\end{array}\right), \quad F=\mathrm{D} \varphi\left(x_{1}, x_{2}, x_{3}\right)=\left(\begin{array}{ccc}
1 & 0 & u^{\prime}\left(x_{3}\right) \\
0 & 1 & 0 \\
0 & 0 & 1
\end{array}\right),
$$

with $u(0)=0, u(1)=\gamma$ suffices. The considered problem is therefore the exact formulation of the simple shear in $e_{1}$-direction with amount $\gamma$ at the upper face of a layer of material with unit height, fixed at the bottom.

Accordingly, we assume microrotations $R \in \mathrm{SO}(3)$ in the form

$$
R\left(x_{1}, x_{2}, x_{3}\right)=\left(\begin{array}{ccc}
\cos \alpha\left(x_{3}\right) & 0 & \sin \alpha\left(x_{3}\right)  \tag{13}\\
0 & 1 & 0 \\
-\sin \alpha\left(x_{3}\right) & 0 & \cos \alpha\left(x_{3}\right)
\end{array}\right)
$$

having fixed axis of rotation $e_{2}$. Therefore,

$$
\operatorname{Curl} R=\left(\begin{array}{ccc}
0 & -\sin \alpha\left(x_{3}\right) \alpha^{\prime}\left(x_{3}\right) & 0  \tag{14}\\
0 & 0 & 0 \\
0 & -\cos \alpha\left(x_{3}\right) \alpha^{\prime}\left(x_{3}\right) & 0
\end{array}\right) .
$$

In the following, we denote $x_{3}$ by $x$. It holds $\left.\left|\bar{R}^{T} \operatorname{Cur}\right| \bar{R}\right|^{2}=\left.|\operatorname{Cur}| \bar{R}\right|^{2}=\left|\bar{\alpha}^{\prime}\right|^{2}$.
Inserting the ansatz (11) and (13) leaves us with the energy

$$
\begin{align*}
E(u, \alpha)= & \int_{0}^{1} W\left(u^{\prime}, \alpha, \alpha^{\prime}\right) \mathrm{dx} \\
:= & \mu \int_{0}^{1} 2 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+2(\cos (\alpha)-1)^{2}+\frac{1+\sin ^{2}(\alpha)}{2}\left|u^{\prime}\right|^{2}+2(\cos (\alpha)-1) \sin (\alpha) u^{\prime} \mathrm{dx}  \tag{15}\\
& +\frac{\mu_{c}}{2} \int_{0}^{1} \cos ^{2}(\alpha)\left(2 \tan (\alpha)-u^{\prime}\right)^{2} \mathrm{dx} .
\end{align*}
$$

## 3. A one-dimensional simple shear problem

In this article, we are now concerned with minimizers of the mechanical energy functional

$$
\begin{align*}
E(u, \alpha)= & \mu \int_{0}^{1} 2 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+2(\cos (\alpha)-1)^{2}+\frac{1+\sin ^{2}(\alpha)}{2}\left|u^{\prime}\right|^{2}+2(\cos (\alpha)-1) \sin (\alpha) u^{\prime} \mathrm{dx}  \tag{16}\\
& +\frac{\mu_{c}}{2} \int_{0}^{1} \cos ^{2}(\alpha)\left(2 \tan (\alpha)-u^{\prime}\right)^{2} \mathrm{dx}
\end{align*}
$$

Introducing the third-order expansion $\cos (\alpha) \sim 1-\left(\frac{\alpha^{2}}{2}\right), \sin (\alpha) \sim \alpha-\left(\frac{\alpha^{3}}{6}\right)$ and dropping the higher order terms leads to the reduced mechanical energy functional

$$
\begin{align*}
E_{\mathrm{red}}(u, \alpha):= & \mu \int_{0}^{1}\left(2 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\frac{1+\alpha^{2}}{2}\left|u^{\prime}\right|^{2}+\frac{\alpha^{4}}{2}-\alpha^{3} u^{\prime}\right) \mathrm{dx} \\
& +2 \mu_{c} \int_{0}^{1}\left(\frac{u^{\prime}}{2}-\alpha\right)\left(\frac{u^{\prime}}{2}-\alpha-\frac{\alpha^{2}}{6}\left(3 u^{\prime}-2 \alpha\right)\right) \mathrm{dx} \tag{17}
\end{align*}
$$

For the definitions (16) and (17), see also [20][Equation (3.11), Equation (3.22)]. We first provide alternative representations of these two functionals as this allows to simplify the Euler-Lagrange equations and will give insights into the minimizers later.
Lemma 1. The functionals $E, E_{\text {red }}$ defined in Equations (16) and (17) can alternatively be written as

$$
\begin{equation*}
E(u, \alpha)=\int_{0}^{1} W\left(u^{\prime}, \alpha, \alpha^{\prime}\right) \mathrm{dx} \tag{18}
\end{equation*}
$$

$$
\begin{align*}
= & \frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left|u^{\prime}\right|^{2}+\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)^{2} \mathrm{dx} \\
& +\frac{\mu_{c}}{2} \int_{0}^{1}\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)^{2} \mathrm{dx},  \tag{19}\\
E_{\mathrm{red}}(u, \alpha)= & \frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left|u^{\prime}\right|^{2}+\left[\alpha\left(\alpha-u^{\prime}\right)\right]^{2} \mathrm{dx} \\
+ & \frac{\mu_{c}}{2} \int_{0}^{1}\left(1-\alpha^{2}\right)\left|u^{\prime}\right|^{2}+\left(\frac{8 \alpha^{2}}{3}-4\right) \alpha u^{\prime}+4 \alpha^{2}-\frac{4 \alpha^{4}}{3} \mathrm{dx} . \tag{20}
\end{align*}
$$

Proof. Both identities follow from straightforward elementary rearrangements. Trigonometric addition formulas imply $\cos (2 \alpha)=\cos ^{2}(\alpha)-\sin ^{2}(\alpha)=1-2 \sin ^{2}(\alpha)$; hence,

$$
\begin{equation*}
\cos (\alpha)-1=-2 \sin ^{2}\left(\frac{\alpha}{2}\right) \tag{21}
\end{equation*}
$$

Plugging Equation (21) into Equation (16) yields

$$
\begin{align*}
2(\cos (\alpha) & -1)^{2}+\frac{1+\sin ^{2}(\alpha)}{2}\left|u^{\prime}\right|^{2}+2(\cos (\alpha)-1) \sin (\alpha) u^{\prime} \\
& =8 \sin ^{4}\left(\frac{\alpha}{2}\right)+\frac{\left|u^{\prime}\right|^{2}}{2}+\frac{\sin ^{2}(\alpha)\left|u^{\prime}\right|^{2}}{2}-4 u^{\prime} \sin ^{2}\left(\frac{\alpha}{2}\right) \sin (\alpha)  \tag{22}\\
& =\frac{1}{2}\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)^{2}+\frac{\left|u^{\prime}\right|^{2}}{2} .
\end{align*}
$$

Similarly, for the $\mu_{c}$-integral in Equation (16),

$$
\begin{align*}
& \cos ^{2}(\alpha)\left(2 \tan (\alpha)-u^{\prime}\right)^{2}=\cos ^{2}(\alpha)\left(4 \tan ^{2}(\alpha)-4 \tan (\alpha) u^{\prime}+\left|u^{\prime}\right|^{2}\right)  \tag{23}\\
& \quad=4 \sin ^{2}(\alpha)-4 \sin (\alpha) \cos (\alpha) u^{\prime}+\cos ^{2}(\alpha)\left|u^{\prime}\right|^{2}=\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)^{2}
\end{align*}
$$

This proves Equation (19). The proof of Equation (20) is immediate from

$$
\frac{1+\alpha^{2}}{2}\left|u^{\prime}\right|^{2}+\frac{\alpha^{4}}{2}-\alpha^{3} u^{\prime}=\frac{\left|u^{\prime}\right|^{2}}{2}+\frac{\alpha^{2}}{2}\left(\left|u^{\prime}\right|^{2}-2 \alpha u^{\prime}+\alpha^{2}\right),
$$

and a re-ordering of the $\mu_{c}$-integral.
Remark 1. The $\mu_{c}$-part of $E_{\text {red }}$ cannot be written as a complete quadratic form since some higher order terms have been dropped. However, by keeping the terms $\frac{\mu_{c}}{2}\left(\frac{\alpha^{4}}{4}\left|u^{\prime}\right|^{2}-\frac{1}{3} \alpha^{5} u^{\prime}+\frac{1}{9} \alpha^{6}\right)$ of the Taylor expansion of $W$, we find

$$
\begin{gather*}
E_{\text {red }}(u, \alpha)=\int_{0}^{1} W_{\text {red }}\left(u^{\prime}, \alpha, \alpha^{\prime}\right) \mathrm{dx}  \tag{24}\\
=\frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left|u^{\prime}\right|^{2}+\left[\alpha\left(\alpha-u^{\prime}\right)\right]^{2} \mathrm{dx}+\frac{\mu_{c}}{2} \int_{0}^{1}\left(\frac{2-\alpha^{2}}{2} u^{\prime}-\frac{6 \alpha-\alpha^{3}}{3}\right)^{2} \mathrm{dx} \tag{25}
\end{gather*}
$$

From now on we will use this representation (25) instead of (20).
We consider the minimization problem

$$
\begin{equation*}
E(u, \alpha) \rightarrow \min \tag{26}
\end{equation*}
$$

subject either to the consistent coupling conditions [21] (derived from $\left.\operatorname{skew}\left(R^{T} F\right)_{\mid\{0,1\}}=0\right)$

$$
\begin{equation*}
u(0)=0, u(1)=\gamma, \quad u^{\prime}(0)=2 \tan (\alpha(0)), \quad u^{\prime}(1)=2 \tan (\alpha(1)) \tag{27}
\end{equation*}
$$

or subject to the Dirichlet boundary conditions (for prescribed microrotation angle $\alpha_{D} \in \mathbb{R}$ at the upper and lower faces)

$$
\begin{equation*}
u(0)=0, u(1)=\gamma, \quad \alpha(0)=\alpha(1)=\alpha_{D} . \tag{28}
\end{equation*}
$$

To single out solutions, we may impose the further symmetry constraint

$$
\begin{equation*}
u^{\prime}(1)=u^{\prime}(0) . \tag{29}
\end{equation*}
$$

The Euler-Lagrange equations related to Equation (26), replacing [20][Equation (3.14)], read

$$
\begin{gather*}
{\left[2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)\right] u^{\prime \prime}=2\left(\mu_{c}-\mu\right)\left(\sin (\alpha) \cos (\alpha) u^{\prime}+\cos ^{2}(\alpha)-\sin ^{2}(\alpha)\right) \alpha^{\prime}+2 \mu \cos (\alpha) \alpha^{\prime}}  \tag{30}\\
4 \mu L_{c}^{2} \alpha^{\prime \prime}=\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)\left[\left(\mu-\mu_{c}\right)\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)-2 \mu_{c}\right] \tag{31}
\end{gather*}
$$

for $x=x_{3} \in \Omega:=(0,1)$ subject to either Equations (27), (29) or (28), (29). The Equations (30) and (31) constitute balance of force and angular momentum, respectively. Equation (31) is the form that Equation (10) takes for the ansatz made here.

Equation (30) is equivalent to ( $\mathrm{d} / \mathrm{dx}$ ) $\tau(u, \alpha)=0$ in $\Omega$ for the force stress tensor $\tau=\tau(u, \alpha)$ defined by

$$
\begin{equation*}
\tau:=\mathrm{D}_{u^{\prime}} W\left(u^{\prime}, \alpha, \alpha^{\prime}\right)=\mu\left[u^{\prime}+\sin (\alpha)\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)\right]+\mu_{c} \cos (\alpha)\left[\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right] . \tag{32}
\end{equation*}
$$

The Euler-Lagrange equations related to $E_{\text {red }}(u, \alpha) \rightarrow$ min lead to the reduced system

$$
\begin{gather*}
-\left[\mu\left(1+\alpha^{2}\right)+\mu_{c}\left(1-\alpha^{2}+\frac{1}{4} \alpha^{4}\right)\right] u^{\prime \prime}=\left(4 \mu_{c}-3 \mu\right) \alpha^{2} \alpha^{\prime}+2\left(\mu-\mu_{c}\right) \alpha \alpha^{\prime} u^{\prime}-2 \mu_{c} \alpha^{\prime} \\
+\mu_{c} \alpha^{3}\left(u^{\prime}-\frac{5}{6} \alpha\right) \alpha^{\prime},  \tag{33}\\
\mu\left(-L_{c}^{2} \alpha^{\prime \prime}+\frac{1}{2} \alpha^{3}-\frac{3}{4} \alpha^{2} u^{\prime}+\frac{1}{4} \alpha\left|u^{\prime}\right|^{2}\right)+\mu_{c}\left(-\frac{1}{4} \alpha\left|u^{\prime}\right|^{2}+\alpha^{2} u^{\prime}-\frac{2}{3} \alpha^{3}+\alpha-\frac{1}{2} u^{\prime}\right) \\
+\mu_{c}\left(\frac{1}{8} \alpha^{3}\left|u^{\prime}\right|^{2}-\frac{5}{24} \alpha^{4} u^{\prime}+\frac{1}{12} \alpha^{5}\right)=0 \tag{34}
\end{gather*}
$$

for $x=x_{3} \in \Omega:=(0,1)$ subject either to the reduced consistent coupling boundary conditions

$$
\begin{equation*}
u(0)=0, u(1)=\gamma, \quad 2 \alpha(0)=u^{\prime}(0), 2 \alpha(1)=u^{\prime}(1) \tag{35}
\end{equation*}
$$

and Equation (29) or subject to Equations (28) and (29). Underlined in Equations (33) and (34) are those higher order terms that are only present if $E_{\text {red }}$ is defined by Equation (25) instead of Equation (17) or (20).

Equation (33) is equivalent to $(\mathrm{d} / \mathrm{dx}) \tau_{\mathrm{red}}(u, \alpha)=0$ in $\Omega$ for the reduced force stress tensor $\tau_{\text {red }}=\tau_{\text {red }}(u, \alpha)$ defined by

$$
\begin{equation*}
\tau_{\mathrm{red}}:=\mathrm{D}_{u^{\prime}} W\left(u^{\prime}, \alpha, \alpha^{\prime}\right)=\mu\left[u^{\prime}-\alpha^{2}\left(\alpha-u^{\prime}\right)\right]+\mu_{c}\left(\frac{2-\alpha^{2}}{2}\right)\left[\frac{2-\alpha^{2}}{2} u^{\prime}-\frac{6 \alpha-\alpha^{3}}{3}\right] . \tag{36}
\end{equation*}
$$



Figure 3. The double-well potential $\mu \Phi_{u}(\alpha)$ for $\alpha \in[-0.2, \mathrm{I}], u^{\prime}=0.8$ and $\mu=\mathrm{I}$.


Figure 4. The potential $\mu \Phi_{u}(\alpha)+\mu_{c} Q_{u}(\alpha)$ (in red) compared with the double-well potential $\mu \Phi_{u}(\alpha)$ (in blue) for $\alpha \in[-0.2, I]$, $u^{\prime}=0.8$ and $\mu=$ I. Left: $\mu_{c}=0.02$. Center: $\mu_{c}=0.05$. Right: $\mu_{c}=0.3$.

We point out that Equation (34) can equally be written as

$$
\begin{equation*}
\mu L_{c}^{2} \alpha^{\prime \prime}=\mu \partial_{\alpha} \Phi_{u}(\alpha)+\mu_{c} \partial_{\alpha} Q_{u}(\alpha) \tag{37}
\end{equation*}
$$

with the potentials

$$
\begin{equation*}
\Phi_{u}(\alpha):=\frac{1}{8} \alpha^{2}\left(\alpha-u^{\prime}\right)^{2}, \quad \quad Q_{u}(\alpha):=\frac{1}{8}\left(\frac{2-\alpha^{2}}{2} u^{\prime}-\frac{6 \alpha-\alpha^{3}}{3}\right)^{2} \tag{38}
\end{equation*}
$$

For small values $\mu_{c} \geqslant 0$, the double-well potential $\Phi_{u}$ (see Figure 3) is dominant and Equation (37) corresponds to a stationary Allen-Cahn equation (Allen-Cahn equation: $\partial_{t} u=\varepsilon \Delta u-\psi^{\prime}(u)$ with a doublewell potential $\psi$ ). The larger the Cosserat couple modulus $\mu_{c}$, the stronger the influence of the quadratic potential $Q_{u}$. There is a bifurcation and a critical value $\mu_{c}^{\text {crit }}$, such that for $\mu_{c} \geqslant \mu_{c}^{\text {crit }}$, the right-hand side of Equation (37) has only one minimizer (see Figure 4).

Related to different boundary conditions, we introduce the reflexive Banach spaces

$$
\begin{align*}
\mathcal{X}^{D} & :=\left\{(u, \alpha) \in\left(W^{1,2}(\Omega ; \mathbb{R})\right)^{2} \mid u(0)=0, u(1)=\gamma, \quad \alpha(0)=\alpha(1)=\alpha_{D}\right\} \\
X^{D} & :=\left\{(u, \alpha) \in W^{1,2}(\Omega ; \mathbb{R}) \times L^{4}(\Omega ; \mathbb{R}) \mid u(0)=0, \quad u(1)=\gamma, \quad \alpha(0)=\alpha(1)=\alpha_{D}\right\} \tag{39}
\end{align*}
$$

and correspondingly for the consistent coupling conditions

$$
\begin{align*}
& \mathcal{X}_{\text {red }}^{C}:=\left\{(u, \alpha) \in\left(W^{1,2}(\Omega ; \mathbb{R})\right)^{2} \mid u(0)=0, u(1)=\gamma, 2 \alpha(0)=u^{\prime}(0), 2 \alpha(1)=u^{\prime}(1)\right\} \\
& \mathcal{X}^{C}:=\left\{(u, \alpha) \in\left(W^{1,2}(\Omega ; \mathbb{R})\right)^{2} \mid u(0)=0, u(1)=\gamma, 2 \tan \alpha(0)=u^{\prime}(0), 2 \tan \alpha(1)=u^{\prime}(1)\right\}, \\
& X_{\text {red }}^{C}:=\left\{(u, \alpha) \in W^{1,2}(\Omega ; \mathbb{R}) \times L^{4}(\Omega ; \mathbb{R}) \mid u(0)=0, u(1)=\gamma, 2 \alpha(0)=u^{\prime}(0), 2 \alpha(1)=u^{\prime}(1)\right\}, \\
& X^{C}:=\left\{(u, \alpha) \in W^{1,2}(\Omega ; \mathbb{R}) \times L^{4}(\Omega ; \mathbb{R}) \mid u(0)=0, u(1)=\gamma, 2 \tan \alpha(0)=u^{\prime}(0), 2 \tan \alpha(1)=u^{\prime}(1)\right\} . \tag{40}
\end{align*}
$$

Lemma 2 Let $L_{c}>0$. Then, for any $\mu>0, \mu_{c} \geqslant 0, E_{\text {red }}$ defined by Equation (25) possesses a minimizer $(u, \alpha)$ in $\mathcal{X}_{\text {red }}^{C}, \mathcal{X}^{D}$ and $E$ possesses a minimizer in $\mathcal{X}^{C}, \mathcal{X}^{D}$. For $L_{c}=0, E_{\text {red }}$ has minimizers in $X_{\text {red }}^{C}, X^{D}$ and $E$ has minimizers in $X^{C}, X^{D}$.
Proof. (i) Let $L_{c}>0$. We first consider the case of Dirichlet boundary conditions for $u$ and $\alpha$. Rewriting Equation (25) as a functional defined on $\mathcal{X}_{0}:=\left(W_{0}^{1,2}((0,1) ; \mathbb{R})^{2}\right.$, we find with Young's inequality for $(u, \alpha) \in \mathcal{X}_{0}$

$$
\begin{align*}
& E_{\mathrm{red}}\left(u+\gamma, \alpha+\alpha_{D}\right)= \frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left(u^{\prime}+\gamma\right)^{2}+\left[\left(\alpha+\alpha_{D}\right)\left(\alpha+\alpha_{D}-\left(u^{\prime}+\gamma\right)\right)\right]^{2} \mathrm{dx} \\
& \quad+\frac{\mu_{c}}{2} \int_{0}^{1}\left(\frac{2-\left(\alpha+\alpha_{D}\right)^{2}}{2}\left(u^{\prime}+\gamma\right)-\frac{6\left(\alpha+\alpha_{D}\right)-\left(\alpha+\alpha_{D}\right)^{3}}{3}\right)^{2} \mathrm{dx} \\
& \geqslant \frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left(u^{\prime}+\gamma\right)^{2} \mathrm{dx} \\
&= \mu \int_{0}^{1} 2 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\frac{1}{2}\left|u^{\prime}\right|^{2}+\left(\frac{u^{\prime}}{2}\right)(2 \gamma)+\frac{\gamma^{2}}{2} \mathrm{dx}  \tag{41}\\
& \geqslant \mu \int_{0}^{1} 2 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\frac{1}{2}\left|u^{\prime}\right|^{2}-\frac{1}{4}\left|u^{\prime}\right|^{2}-4 \gamma^{2}+\frac{\gamma^{2}}{2} \mathrm{dx} \\
&= \mu \int_{0}^{1} 2 L_{c}\left|\alpha^{\prime}\right|^{2}+\frac{1}{4}\left|u^{\prime}\right|^{2}-\frac{7 \gamma^{2}}{2} \mathrm{dx} .
\end{align*}
$$

With the Poincare inequality valid on $\mathcal{X}_{0}$ and the Banach-Alaoglu theorem, this demonstrates that the level sets

$$
\left\{(u, \alpha) \in \mathcal{X}^{D} \mid E_{\mathrm{red}}(u, \alpha) \leqslant C\right\}
$$

for constants $C>0$ are sequentially weakly precompact proving the coercivity of $E_{\text {red }}$, see, for example, Struwe [22].

We observe that the integrand $W_{\text {red }}\left(u^{\prime}, \alpha, \alpha^{\prime}\right)$ as defined in Equation (24) is a Carathéodory function and strictly convex both in $u^{\prime}$ and $\alpha^{\prime}$. Despite the dependence of $W_{\text {red }}$ on $\alpha$, the proof of weak lower semicontinuity of $E_{\text {red }}$ in $\mathcal{X}^{D}$ can thus be carried out in the spirit of the well-known Tonelli-Serrin theorem, see Dacorogna [23, Section 3.2.6] for details. Alternatively, the weak lower semicontinuity can be derived from the more general result in Acerbi and Fusco [24] based on gradient Young measures. By the direct method in the calculus of variations, the coercivity and weak lower semicontinuity of $E_{\text {red }}$ yield the existence of a minimizer $(u, \alpha) \in \mathcal{X}^{D}$. The proof of minimizers of $E_{\text {red }}$ in $\mathcal{X}_{\text {red }}^{C}$ is similar.

Now let us consider the case of Dirichlet boundary conditions for $E$. Proceeding as above and estimating the quadratic terms from below by 0 , we find for $(u, \alpha) \in \mathcal{X}_{0}$

$$
E\left(u+\gamma, \alpha+\alpha_{D}\right) \geqslant \frac{\mu}{2} \int_{0}^{1} 4 L_{c}^{2}\left|\alpha^{\prime}\right|^{2}+\left(u^{\prime}+\gamma\right)^{2} \mathrm{dx}
$$



Figure 5. Plot of the function $\eta(\alpha)=\frac{4 \sin ^{2}\left(\frac{\alpha}{2}\right)}{\sin (\alpha)}$ for $\alpha \in\left[0, \frac{\pi}{2}\right]$.

This coincides with Equation (41). From there, with the Poincare inequality the coercivity of $E$ in $\mathcal{X}^{D}$ can be shown as above. The lower semicontinuity of $E$ is again a consequence of strict convexity and the Tonelli-Serrin theorem. The proof of minimizers of $E$ in $\mathcal{X}^{C}$ is similar.
ii. Let $L_{c}=0$. The coercivity of $E_{\text {red }}$ w.r.t. weak-convergence can be shown similar to (i). In contrast, $E$ is $2 \pi$-periodic in $\alpha$ which replaces the coercivity in $\alpha$. Equations (25) and (19) imply the lower semicontinuity of $E_{\text {red }}$ and $E$. With the direct method, the existence of minimizers of $E_{\text {red }}$ in $X^{D}$, $X_{\text {red }}^{C}$ and of $E$ in $X^{D}, X^{C}$ for any $\mu>0, \mu_{c} \geqslant 0$ follows.

For the detailed discussion of the Euler-Lagrange equations related to problem (26), we introduce the function

$$
\begin{equation*}
\eta(\alpha):=\frac{4 \sin ^{2}\left(\frac{\alpha}{2}\right)}{\sin (\alpha)} \tag{42}
\end{equation*}
$$

It holds $\lim _{\alpha \rightarrow 0} \eta(\alpha)=0$ and $\eta(\alpha)$ is invertible, monotone increasing and close to a linear function (cf. Figure 5).

In the following discussion, we first ignore the boundary conditions on $u$ and $\alpha$ and study sufficiently regular solutions $u \in W^{2,2}(\Omega)$ and $\alpha \in W^{1,2}(\Omega)$. Clearly, not every solution is in this class (cf. Section 4).

Lemma 3. Let $L_{c}=0$ and $\mu>0, \mu_{c} \geqslant 0$. Then every solution

$$
(u, \alpha) \in W^{2,2}(\Omega) \times W^{1,2}(\Omega)
$$

of the Euler-Lagrange Equations (30) and (31) is continuous in $\bar{\Omega}$ and satisfies

$$
\begin{equation*}
u^{\prime \prime}(x)=\alpha^{\prime}(x)=0 \text { for a.e. } x \in \Omega . \tag{43}
\end{equation*}
$$

Proof. Due to the Sobolev embedding $W^{1,2}(\Omega) \hookrightarrow C^{0}(\bar{\Omega})$, both $\alpha$ and $u$ are continuous.
i. For $\mu=\mu_{c}$, the Euler-Lagrange Equations (30) and (31) simplify to

$$
\begin{gather*}
u^{\prime \prime}=\cos (\alpha) \alpha^{\prime},  \tag{44}\\
0=\cos (\alpha) u^{\prime}-2 \sin (\alpha) \tag{45}
\end{gather*}
$$

to be satisfied pointwise for $x \in \Omega$.
Equation (45) is equivalent to $u^{\prime}=2 \tan (\alpha)$ and taking the derivative yields $u^{\prime \prime}=\frac{2 \alpha^{\prime}}{\cos ^{2}(\alpha)}$. With Equation (44), we find

$$
\begin{equation*}
\frac{2 \alpha^{\prime}}{\cos ^{2}(\alpha)}=\cos (\alpha) \alpha^{\prime} \tag{46}
\end{equation*}
$$

Since $2=\cos ^{3}(\alpha)$ has no solution, Equation (46) implies $\alpha^{\prime}=0$, and so with Equation (44) $u^{\prime \prime}=0$.
ii. Let $\mu>0, \mu_{c} \geqslant 0$ with $\mu \neq \mu_{c}$. Considering the Euler-Lagrange Equation (31) with $L_{c}=0$, two cases may occur.
Case 1: $\alpha=\arctan \left(u^{\prime} / 2\right)$.
This implies $u^{\prime}=2 \tan (\alpha)$ such that $u^{\prime \prime}=\frac{2 \alpha^{\prime}}{\cos ^{2}(\alpha)}$. Inserting this identity in Equation (30) yields

$$
\begin{equation*}
\left(\mu_{c}-\mu\right) \frac{\left[\sin (\alpha) \cos (\alpha) u^{\prime}+\cos ^{2}(\alpha)-\sin ^{2}(\alpha)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)}+\frac{\mu \cos (\alpha) \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)}=\frac{\alpha^{\prime}}{\cos ^{2}(\alpha)} \tag{47}
\end{equation*}
$$

(The denominator in Equation (47) is positive, for example, $2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha) \geqslant 2 \mu>0$ for $\mu_{c} \geqslant \mu$ and $2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha) \geqslant 2 \mu-\left(\mu_{c}-\mu\right)>0$ for $\mu_{c}<\mu$.)

Using $u^{\prime}=2 \tan (\alpha)$ on the right gives after simplifications

$$
\begin{equation*}
\frac{\left[\mu_{c}-\mu+\mu \cos (\alpha)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)}=\frac{\alpha^{\prime}}{\cos ^{2}(\alpha)} \tag{48}
\end{equation*}
$$

which is equivalent to

$$
\mu \cos ^{3}(\alpha) \alpha^{\prime}=2 \mu \alpha^{\prime}
$$

Since $\mu>0$, this proves as in (i) that $\alpha^{\prime}=0$ which with Equation (30) results in $u^{\prime \prime}=0$.
Case 2: $\sin (\alpha) u^{\prime}=4 \sin ^{2}\left(\frac{\alpha}{2}\right)+\frac{2 \mu_{c}}{\mu-\mu_{c}}$.
For $\mu_{c}=0$, one solution is $\alpha \equiv 2 \pi k$ for some $k \in \mathbb{Z}$. Then $\alpha^{\prime}=0$ and Equation (30) shows $u^{\prime \prime}=0$. Alternatively, for $\alpha \not \equiv 2 \pi k$, we have $\sin (\alpha) \neq 0$ such that

$$
\begin{equation*}
u^{\prime}=\frac{2 \mu_{c}}{\left(\mu-\mu_{c}\right) \sin (\alpha)}+\frac{4 \sin ^{2}\left(\frac{\alpha}{2}\right)}{\sin (\alpha)} \tag{49}
\end{equation*}
$$

Taking the derivative yields

$$
u^{\prime \prime}=-\frac{2 \mu_{c} \cos (\alpha) \alpha^{\prime}}{\left(\mu-\mu_{c}\right) \sin ^{2}(\alpha)}+\frac{\left[4 \sin \left(\frac{\alpha}{2}\right) \cos \left(\frac{\alpha}{2}\right) \sin (\alpha)-4 \sin ^{2}\left(\frac{\alpha}{2}\right) \cos (\alpha)\right] \alpha^{\prime}}{\sin ^{2}(\alpha)} .
$$

We use $4 \sin \left(\frac{\alpha}{2}\right) \cos \left(\frac{\alpha}{2}\right)=2 \sin (\alpha)$ and $-4 \sin ^{2}\left(\frac{\alpha}{2}\right)=-2+2 \cos (\alpha)$. With the Euler-Lagrange equation (30), this leads to

$$
\begin{aligned}
& -\frac{2 \mu_{c} \cos (\alpha) \alpha^{\prime}}{\left(\mu-\mu_{c}\right) \sin ^{2}(\alpha)}+\frac{2\left[\sin ^{2}(\alpha)-\cos (\alpha)+\cos ^{2}(\alpha)\right] \alpha^{\prime}}{\sin ^{2}(\alpha)} \\
& \quad=\frac{\left[2\left(\mu_{c}-\mu\right)\left(\sin (\alpha) \cos (\alpha) u^{\prime}+\cos ^{2}(\alpha)-\sin ^{2}(\alpha)\right)+2 \mu \cos (\alpha)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)}
\end{aligned}
$$

and simplifies to

$$
\begin{aligned}
& \frac{\mu_{c} \cos (\alpha) \alpha^{\prime}}{\left(\mu_{c}-\mu\right)\left(1-\cos ^{2}(\alpha)\right)}+\frac{[1-\cos (\alpha)] \alpha^{\prime}}{1-\cos ^{2}(\alpha)} \\
& \quad=\frac{\left[\left(\mu_{c}-\mu\right)\left(\sin (\alpha) \cos (\alpha) u^{\prime}+\cos ^{2}(\alpha)-\sin ^{2}(\alpha)\right)+\mu \cos (\alpha)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)}
\end{aligned}
$$

On the right, we plug in the expression (49) for $u^{\prime}$. So we obtain,

$$
\begin{aligned}
& \frac{\left[\left(\mu_{c}-\mu\right)(1-\cos (\alpha))+\mu_{c} \cos (\alpha)\right] \alpha^{\prime}}{\left(\mu_{c}-\mu\right)\left(1-\cos ^{2}(\alpha)\right)} \\
& =\frac{\left[-2 \mu_{c} \cos (\alpha)+\mu \cos (\alpha)+\left(\mu_{c}-\mu\right)\left(2 \cos (\alpha)-2 \cos ^{2}(\alpha)+\cos ^{2}(\alpha)-\sin ^{2}(\alpha)\right)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)} .
\end{aligned}
$$

After simplifications, this is equivalent to

$$
\begin{equation*}
\frac{\left[\left(\mu_{c}-\mu\right)+\mu \cos (\alpha)\right] \alpha^{\prime}}{\left(\mu_{c}-\mu\right)\left(1-\cos ^{2}(\alpha)\right)}=\frac{\left[-\mu \cos (\alpha)-\left(\mu_{c}-\mu\right)\right] \alpha^{\prime}}{2 \mu+\left(\mu_{c}-\mu\right) \cos ^{2}(\alpha)} . \tag{50}
\end{equation*}
$$

Expanding this, we find

$$
\begin{align*}
& {\left[2 \mu\left(\mu_{c}-\mu\right)+2 \mu^{2} \cos (\alpha)+\left(\mu_{c}-\mu\right)^{2} \cos ^{2}(\alpha)+\mu\left(\mu_{c}-\mu\right) \cos ^{3}(\alpha)\right] \alpha^{\prime}} \\
& =\left[-\mu\left(\mu_{c}-\mu\right) \cos (\alpha)-\left(\mu_{c}-\mu\right)^{2}+\mu\left(\mu_{c}-\mu\right) \cos ^{3}(\alpha)+\left(\mu_{c}-\mu\right)^{2} \cos ^{2}(\alpha)\right] \alpha^{\prime} \tag{51}
\end{align*}
$$

This simplifies further to

$$
\begin{equation*}
\left[2 \mu^{2}+\mu\left(\mu_{c}-\mu\right)\right] \cos (\alpha) \alpha^{\prime}=\left[2 \mu\left(\mu-\mu_{c}\right)-\left(\mu_{c}-\mu\right)^{2}\right] \alpha^{\prime} \tag{52}
\end{equation*}
$$

and eventually

$$
\mu\left(\mu+\mu_{c}\right) \cos (\alpha) \alpha^{\prime}=\left(\mu+\mu_{c}\right)\left(\mu-\mu_{c}\right) \alpha^{\prime}
$$

Hence, either $\alpha^{\prime}=0$ or

$$
\begin{equation*}
\alpha \equiv \alpha_{4}:=\arccos \left(\frac{\mu-\mu_{c}}{\mu}\right) \tag{53}
\end{equation*}
$$

provided $\left|\frac{\left(\mu-\mu_{c}\right)}{\mu}\right| \leqslant 1$. In both cases, we have $\alpha^{\prime}=0$ which shows with (30) that $u^{\prime \prime}=0$.
Remark 2. The consistent coupling condition is made such that the homogeneous deformation $\bar{u}(x)=\gamma x$ remains a solution of the boundary value problem.

For given $\gamma>0$ and fixed $k \in \mathbb{Z}$, we introduce the constants

$$
\alpha_{1}:=2 k \pi, \quad \alpha_{2}:=\arctan \left(\frac{\gamma}{2}\right), \quad \alpha_{3}:=\eta^{-1}(\gamma)
$$

Corollary 1. Any solution $u \in X:=\left\{W^{2,2}(\Omega) \mid u(0)=0, u(1)=\gamma\right\}$ to (26) is monotonically increasing. The homogeneous function $\bar{u}(x):=\gamma x$ solves the Euler-Lagrange Equations (30) and (31). Depending on the values of $\mu$ and $\mu_{c}$, the corresponding solution $\alpha$ to Equations (30) and (31) is given by

$$
\begin{align*}
\text { (i) } \mu=\mu_{c}: & \alpha(x) \equiv \alpha_{2} . \\
& \left(\bar{u}, \alpha_{2}\right) \text { is a local minimizer of } E . \tag{54}
\end{align*}
$$

$$
\begin{gather*}
\text { (ii) } \mu_{c}=0: \quad \alpha(x) \equiv \alpha_{1}, \alpha(x) \equiv \alpha_{2}, \alpha(x) \equiv \alpha_{3} . \\
 \tag{55}\\
\left(\bar{u}, \alpha_{1}\right) \text { and }\left(\bar{u}, \alpha_{3}\right) \text { are local minimizers of } E .  \tag{56}\\
\text { (iii) } \mu_{c}>0, \mu \neq \mu_{c}: \quad \alpha(x) \equiv \alpha_{2} . \text { If } \\
2 \mu+\left(\mu_{c}-\mu\right) \sqrt{\gamma^{2}+4}>0,  \tag{57}\\
\text { then }\left(\bar{u}, \alpha_{2}\right) \text { is a local minimizer of } E .
\end{gather*}
$$

Proof. Due to Lemma 3, any minimizer $u \in W^{2,2}(\Omega)$ to Equation (26) must be piecewise linear. Choosing a function $u$ with $u(0)=0, u(1)=\gamma$ which is not monotonically increasing enlarges the component $\left(\frac{\mu}{2}\right)\left|u^{\prime}\right|^{2}$ in $W$ (cf. Equation (19)). With Equation (43), this demonstrates the optimality of $\bar{u}(x)$ in the class $X$ of regular solutions. It remains to find the optimal values of $\alpha$, and the strict positivity of the second variation $D_{\alpha}^{2}(\bar{u}, \alpha)$ is sufficient for that, see (66) below.

For fixed $u \in X$ and a test function $\delta \alpha \in C^{\infty}((0,1) ; \mathbb{R})$, the second variation of $E$ with respect to $\alpha$ is

$$
\begin{equation*}
D_{\alpha}^{2} E(u, \alpha)(\delta \alpha, \delta \alpha)=\int_{0}^{1}\left(W_{\alpha \alpha}\left(u^{\prime}, \alpha, \alpha^{\prime}\right)-\frac{\mathrm{d}}{\mathrm{dx}} W_{\alpha \alpha^{\prime}}\left(u^{\prime}, \alpha, \alpha^{\prime}\right)\right) \delta \alpha(x)^{2}+W_{\alpha^{\prime} \alpha^{\prime}}\left(u^{\prime}, \alpha, \alpha^{\prime}\right) \delta \alpha^{\prime}(x)^{2} \mathrm{dx} \tag{58}
\end{equation*}
$$

where subscripts denote partial derivatives. Here, we have (cf. Equation (19)),

$$
W\left(u^{\prime}, \alpha, \alpha^{\prime}\right)=\frac{\mu}{2}\left|u^{\prime}\right|^{2}+\frac{\mu}{2}\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)^{2}+\frac{\mu_{c}}{2}\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)^{2}
$$

such that $W_{\alpha \alpha^{\prime}}\left(u^{\prime}, \alpha, \alpha^{\prime}\right)=W_{\alpha^{\prime} \alpha^{\prime}}\left(u^{\prime}, \alpha, \alpha^{\prime}\right)=0$. So the second variation (58) w.r.t. $\alpha$ simplifies to

$$
\begin{equation*}
D_{\alpha}^{2} E(u, \alpha)(\delta \alpha, \delta \alpha)=\int_{0}^{1} W_{\alpha \alpha}\left(u^{\prime}, \alpha\right) \delta \alpha(x)^{2} \mathrm{dx} \tag{59}
\end{equation*}
$$

Here and below, we simply write $W\left(u^{\prime}, \alpha\right)$ instead of $W\left(u^{\prime}, \alpha, \alpha^{\prime}\right)$ due to $L_{c}=0$.
Direct computations reveal

$$
\begin{align*}
W_{\alpha}\left(u^{\prime}, \alpha\right)= & \mu\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right) \\
& -\mu_{c}\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)\left(\sin (\alpha) u^{\prime}+2 \cos (\alpha)\right),  \tag{60}\\
W_{\alpha \alpha}\left(u^{\prime}, \alpha\right)= & \left.\left(\mu-\mu_{c}\right)\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)^{2}+\mu_{c} \sin (\alpha) u^{\prime}+2 \cos (\alpha)\right)^{2} \\
& -\mu\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right)\left(\sin (\alpha) u^{\prime}+2 \cos (\alpha)\right) .
\end{align*}
$$

i. For $\mu=\mu_{c}$, by direct investigation of Equations (44) and (45), we can verify that ( $\bar{u}, \alpha_{2}$ ) solves the Euler-Lagrange equations. With Equation (60), we find

$$
\begin{align*}
W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{2}\right) & =\mu\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)^{2}-\mu\left(\sin \left(\alpha_{2}\right) \gamma-4 \sin ^{2}\left(\frac{\alpha_{2}}{2}\right)\right)\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right) \\
& =\mu\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)-\sin \left(\alpha_{2}\right) \gamma+\underbrace{4 \sin ^{2}\left(\frac{\alpha_{2}}{2}\right)}_{=2-2 \cos \left(\alpha_{2}\right)})  \tag{61}\\
& =2 \mu\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right) \\
& =\left(\gamma^{2}+4\right) \mu \cos \left(\alpha_{2}\right) .
\end{align*}
$$

Next, we observe the identities

$$
\begin{equation*}
\cos (\arctan (t))=\frac{1}{\sqrt{t^{2}+1}}, \quad t \in \mathbb{R} \tag{62}
\end{equation*}
$$

$$
\begin{equation*}
\sin (\arctan (t))=\frac{t}{\sqrt{t^{2}+1}}, \quad t \in \mathbb{R} \tag{63}
\end{equation*}
$$

Consequently,

$$
\begin{align*}
& \cos \left(\alpha_{2}\right)=\cos \left(\arctan \left(\frac{\gamma}{2}\right)\right)=\frac{2}{\left(\gamma^{2}+4\right)^{1 / 2}}  \tag{64}\\
& \sin \left(\alpha_{2}\right)=\sin \left(\arctan \left(\frac{\gamma}{2}\right)\right)=\frac{\gamma}{\left(\gamma^{2}+4\right)^{1 / 2}} \tag{65}
\end{align*}
$$

such that

$$
W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{2}\right)=\left(\gamma^{2}+4\right) \mu \cos \left(\alpha_{2}\right)=2 \mu \sqrt{\gamma^{2}+4}
$$

With Equation (59), this implies the strict positivity of the second variation w.r.t. $\alpha$, that is, there is a constant $K>0$ such that

$$
\begin{equation*}
D_{\alpha}^{2} E\left(\bar{u}, \alpha_{2}\right)(\delta \alpha, \delta \alpha) \geqslant K\|\delta \alpha\|^{2} \tag{66}
\end{equation*}
$$

for any test function $\delta \alpha$, proving that $\left(\bar{u}, \alpha_{2}\right)$ is indeed a local minimizer of $E$, see, for example, Giaquinta and Hildebrandt [25].
ii. For $\mu_{c}=0$, the Euler-Lagrange equations read

$$
\begin{gather*}
{\left[1-\frac{\cos ^{2}(\alpha)}{2}\right] u^{\prime \prime}=\left[\cos (\alpha)-\sin (\alpha) \cos (\alpha) u^{\prime}+\sin ^{2}(\alpha)-\cos ^{2}(\alpha)\right] \alpha^{\prime}}  \tag{67}\\
0=\left(\cos (\alpha) u^{\prime}-2 \sin (\alpha)\right)\left(\sin (\alpha) u^{\prime}-4 \sin ^{2}\left(\frac{\alpha}{2}\right)\right) \tag{68}
\end{gather*}
$$

Direct investigation of Equations (67) and (68) shows that ( $\left.\bar{u}, \alpha_{1}\right),\left(\bar{u}, \alpha_{2}\right)$, and $\left(\bar{u}, \alpha_{3}\right)$ are solutions of the Euler-Lagrange equations. With Equation (60), we find

$$
\begin{aligned}
& W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{1}\right)=\mu \gamma^{2}>0, \\
& W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{3}\right)=\mu\left(\cos \left(\alpha_{3}\right) \gamma-2 \sin \left(\alpha_{3}\right)\right)^{2} .
\end{aligned}
$$

Hence, $W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{3}\right)=0$ only if $\cos \left(\alpha_{3}\right) \gamma=2 \sin \left(\alpha_{3}\right)$ or equivalently $\alpha_{3}:=\eta^{-1}(\gamma)=\arctan \left(\frac{\gamma}{2}\right)$, that is, only if $\gamma=\eta(\arctan (\gamma / 2))$, that is, only if

$$
\begin{equation*}
\gamma=\frac{4 \sin ^{2}\left(\frac{\arctan (\gamma / 2)}{2}\right)}{\sin (\arctan (\gamma / 2))}=\frac{2-2 \cos (\arctan (\gamma / 2))}{\sin (\arctan (\gamma / 2))} \tag{69}
\end{equation*}
$$

where Equation (21) was used. With Equations (62) and (63), Equation (69) becomes

$$
\gamma=\frac{2-\frac{2}{\sqrt{1+\gamma^{2} / 4}}}{\frac{\gamma / 2}{\sqrt{1+\gamma^{2} / 4}}}=\frac{2 \sqrt{1+\frac{\gamma^{2}}{4}}-2}{\gamma / 2} \Leftrightarrow \gamma^{2}=4 \sqrt{1+\frac{\gamma^{2}}{4}}-4 \Leftrightarrow \gamma^{2}+4=2 \sqrt{4+\gamma^{2}} .
$$

The last equality is only satisfied for $\gamma=0$, proving $W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{3}\right)>0$ for $\gamma \neq 0$ which yields as in (i) the strict positivity (66) of the second variation w.r.t. $\alpha$ such that $\left(\bar{u}, \alpha_{1}\right)$ and $\left(\bar{u}, \alpha_{3}\right)$ are local minimizers of $E$.
iii. For $\mu>0, \mu_{c}>0, \mu \neq \mu_{c}$, Lemma 3, Case 1 in (ii) shows that $\left(\bar{u}, \alpha_{2}\right)$ solves the Euler-Lagrange Equations (30) and (31).

To verify that $\left(\bar{u}, \alpha_{2}\right)$ is a local minimizer of $E$, we once more investigate the second variation (59) of $E$ w.r.t. $\alpha$. Starting from Equation (60), we find

$$
\begin{align*}
W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{2}\right)= & \left(\mu-\mu_{c}\right)(\underbrace{\cos \left(\alpha_{2}\right) \gamma-2 \sin \left(\alpha_{2}\right)}_{=0})^{2}+\mu_{c}\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)^{2} \\
& -\mu(\sin \left(\alpha_{2}\right) \gamma \underbrace{-4 \sin ^{2}\left(\frac{\alpha_{2}}{2}\right)}_{=2 \cos \left(\alpha_{2}\right)-2})\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)  \tag{70}\\
= & \left(\mu_{c}-\mu\right)\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)^{2}+2 \mu(\underbrace{\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)}_{=\frac{\gamma^{2}+4}{2} \cos \left(\alpha_{2}\right)}) \\
= & \frac{\gamma^{2}+4}{2} \cos \left(\alpha_{2}\right)\left[2 \mu+\left(\mu_{c}-\mu\right)\left(\sin \left(\alpha_{2}\right) \gamma+2 \cos \left(\alpha_{2}\right)\right)\right] .
\end{align*}
$$

Using the formulas (64) and (65) in (70), this yields

$$
\begin{aligned}
W_{\alpha \alpha}\left(\bar{u}^{\prime}, \alpha_{2}\right) & =\frac{\gamma^{2}+4}{2} \frac{2}{\sqrt{\gamma^{2}+4}}\left[2 \mu+\left(\mu_{c}-\mu\right)\left(\frac{\gamma^{2}}{\sqrt{\gamma^{2}+4}}+\frac{4}{\sqrt{\gamma^{2}+4}}\right)\right] \\
& =\sqrt{\gamma^{2}+4}\left[2 \mu+\left(\mu_{c}-\mu\right) \sqrt{\gamma^{2}+4}\right] .
\end{aligned}
$$

This shows the strict positivity (66) of $D_{\alpha}^{2} E\left(\bar{u}, \alpha_{2}\right)(\delta \alpha, \delta \alpha)$, provided the condition (57) holds.
Remark 3. We point out that the solution ( $\bar{u}, \alpha_{4}$ ) of the Euler-Lagrange equations found in Lemma 3, (ii) is not an independent case. The solution ( $\left.\bar{u}, \alpha_{4}\right)$ requires $\left|\frac{\left(\mu-\mu_{c}\right)}{\mu}\right| \leqslant 1$, cf. Equation (53), and then, by the very definition of Case 2 in Lemma 3,

$$
\begin{align*}
\sin \left(\alpha_{4}\right) \gamma & =4 \sin ^{2}\left(\frac{\alpha_{4}}{2}\right)+\frac{2 \mu_{c}}{\mu-\mu_{c}}=2-2 \cos \left(\alpha_{4}\right)+\frac{2 \mu_{c}}{\mu-\mu_{c}} \\
& =2-\frac{2\left(\mu-\mu_{c}\right)}{\mu}+\frac{2 \mu_{c}}{\mu-\mu_{c}}=\frac{2 \mu_{c}}{\mu}+\frac{2 \mu_{c}}{\mu-\mu_{c}}=\frac{2 \mu_{c}\left(2 \mu-\mu_{c}\right)}{\mu\left(\mu-\mu_{c}\right)} . \tag{71}
\end{align*}
$$

Due to the relationship

$$
\begin{equation*}
\sin (\arccos (t))=\sqrt{1-t^{2}} \quad \text { for } t \in[-1,+1] \tag{72}
\end{equation*}
$$

this yields

$$
\begin{equation*}
\sin \left(\alpha_{4}\right)=\sqrt{1-\frac{\left(\mu-\mu_{c}\right)^{2}}{\mu^{2}}}=\frac{1}{\mu} \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)} \tag{73}
\end{equation*}
$$

With Equation (71), we obtain

$$
\begin{equation*}
\gamma=\frac{2 \mu_{c}\left(2 \mu-\mu_{c}\right)}{\mu\left(\mu-\mu_{c}\right) \sin \left(\alpha_{4}\right)}=\frac{2 \mu_{c}\left(2 \mu-\mu_{c}\right)}{\mu\left(\mu-\mu_{c}\right)} \frac{\mu}{\sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)}}=\frac{2 \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)}}{\mu-\mu_{c}} . \tag{74}
\end{equation*}
$$

For $\gamma$ given by Equation (74), we have

$$
\begin{aligned}
\gamma \cos \left(\alpha_{4}\right)-2 \sin \left(\alpha_{4}\right) & =\gamma \frac{\mu-\mu_{c}}{\mu}-\frac{2}{\mu} \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)} \\
& =\frac{2 \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)}}{\mu-\mu_{c}} \frac{\mu-\mu_{c}}{\mu}-\frac{2}{\mu} \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)}=0
\end{aligned}
$$

leading to $\gamma \cos \left(\alpha_{4}\right)=2 \sin \left(\alpha_{4}\right)$ or equivalently $\left(\frac{\gamma}{2}\right)=\tan \left(\alpha_{4}\right)$. This shows

$$
\begin{equation*}
\alpha_{4}=\arctan \left(\frac{\gamma}{2}\right)=\alpha_{2} \tag{75}
\end{equation*}
$$

for $\gamma$ given by Equation (74).
To have $\gamma>0$ in Equation (74), it must hold $0<\mu_{c}<\mu$, and the condition $\left|\frac{\left(\mu-\mu_{c}\right)}{\mu}\right| \leqslant 1$ is automatically satisfied.
Remark 4. The following table lists the mechanical energies corresponding to the local minimizers of Corollary 1.

$$
\begin{gather*}
\text { (i) } \mu=\mu_{c}: \quad E\left(\bar{u}, \alpha_{2}\right)=\mu\left[\gamma^{2}+4-2 \sqrt{\gamma^{2}+4}\right] .  \tag{76}\\
\text { (ii) } \mu_{c}=0: \quad E\left(\bar{u}, \alpha_{1}\right)=E\left(\bar{u}, \alpha_{3}\right)=\frac{\mu}{2} \gamma^{2} . \tag{77}
\end{gather*}
$$

(iii) $\mu_{c}>0, \mu \neq \mu_{c}: \quad E\left(\bar{u}, \alpha_{2}\right)=\mu\left[\gamma^{2}+4-2 \sqrt{\gamma^{2}+4}\right]$ if $\quad 2 \mu+\left(\mu_{c}-\mu\right) \sqrt{\gamma^{2}+4}>0$.

Remarkably, in all cases, the minimal energy level is independent of the Cosserat couple modulus $\mu_{c}$.
Remark 5. We want to investigate whether $\left(\bar{u}, \alpha_{2}\right)$ is a minimizer of $E$ in the situation of Remark 3, that is, if

$$
\begin{equation*}
0<\mu_{c}<\mu \text { and }\left(\mu-\mu_{c}\right) \gamma=2 \sqrt{\mu_{c}\left(2 \mu-\mu_{c}\right)} . \tag{79}
\end{equation*}
$$

As $\bar{u}^{\prime}(x) \equiv \gamma$ and assuming that $\alpha(x) \equiv a$ for constant $a \in \mathbb{R}$ and $x \in(0,1)$, it is enough to investigate the real function

$$
f(a):=W(\bar{u}, a)=\frac{\mu}{2} \gamma^{2}+\frac{\mu}{2}\left(\gamma \sin (a)-4 \sin ^{2}\left(\frac{a}{2}\right)\right)^{2}+\frac{\mu_{c}}{2}(\gamma \cos (a)-2 \sin (a))^{2}
$$

cf. the definition of $W$ in Equation (19). Straightforward computations yield

$$
\begin{aligned}
& f^{\prime}(a)=(\gamma \cos (a)-2 \sin (a))\left[\left(\mu-\mu_{c}\right)(\gamma \sin (a)+2 \cos (a))-2 \mu\right], \\
& f^{\prime \prime}(a)=\left(\mu-\mu_{c}\right)\left[(\gamma \cos (a)-2 \sin (a))^{2}-(\gamma \sin (a)+2 \cos (a))^{2}\right]+2 \mu(\gamma \sin (a)+2 \cos (a)), \\
& f^{\prime \prime \prime}(a)=(\gamma \cos (a)-2 \sin (a))\left[2 \mu-4\left(\mu-\mu_{c}\right)(\gamma \sin (a)+2 \cos (a))\right], \\
& f^{(4)}(a)=4\left(\mu-\mu_{c}\right)\left[(\gamma \sin (a)+2 \cos (a))^{2}-(\gamma \cos (a)-2 \sin (a))^{2}\right]-2 \mu(\gamma \sin (a)+2 \cos (a)) .
\end{aligned}
$$

Remarkably, $f^{\prime}\left(\alpha_{2}\right)=f^{\prime \prime}\left(\alpha_{2}\right)=f^{\prime \prime \prime}\left(\alpha_{2}\right)=0$, but

$$
f^{(4)}\left(\alpha_{2}\right)=\frac{12 \mu^{2}}{\mu-\mu_{c}}>0
$$

showing that $\alpha_{2}$ is a minimizer of $f$ and indicating that ( $\bar{u}, \alpha_{2}$ ) is a local minimizer of $E$ for constant $\alpha(x) \equiv \alpha_{2}$ under the choice of parameters (79). The minimal energy coincides with Equation (78) for $\gamma$


Figure 6. Left and center: Plot of $f(\alpha), f^{\prime}(\alpha)$ near $\alpha_{2}$ for $\mu=\mathrm{I}, \mu_{c}=0.3$ and $\gamma$ given by Equation (74). Right: Close-up of $f(\alpha)$ near $\alpha_{2}$. The tiny oscillations of the graph near $\alpha_{2}$ in the close-up are numerical rendering artifacts generated by MATLAB.
given by Equation (74). Due to $f^{\prime}\left(\alpha_{2}\right)=f^{\prime \prime}\left(\alpha_{2}\right)=f^{\prime \prime \prime}\left(\alpha_{2}\right)=0$, the function $f$ is extremely flat near $\alpha_{2}$, making it very difficult to numerically compute the correct minimizer (see Figure 6).
Remark 6. Let $\mu>0$ and $\gamma>0$ be given. Then in the limit $\mu_{c} \searrow 0$, Equation (57) is not satisfied, as Equation (57) for $\mu_{c}=0$ leads to the contradiction

$$
2-\sqrt{\gamma^{2}+4}>0
$$

So, for small $\mu_{c}>0$, the necessary Legendre condition $D_{\alpha}^{2} E\left(\bar{u}, \alpha_{2}\right)(\delta \alpha, \delta \alpha) \geqslant 0$ is violated and ( $\left.\bar{u}, \alpha_{2}\right)$ is no local minimizer of $E$, especially in Corollary 1, (ii). Contrary, for $\mu_{c}>0$ large enough, (57) clearly holds. In conclusion, for

$$
\begin{equation*}
\mu_{c}>\mu_{c}^{\text {crit }}:=\mu\left[1-\frac{2}{\sqrt{\gamma^{2}+4}}\right] \tag{80}
\end{equation*}
$$

Equation (57) is valid and ( $\bar{u}, \alpha_{2}$ ) is a minimizer of $E$. This result is also confirmed by our numerical simulations (cf. Figure 12).
Remark 7. It is instructive to compare Corollary 1 and Remark 4 with the results in Fischle and Neff [26], stating that

$$
\begin{gather*}
\text { For } \mu_{c} \geqslant \mu>0: \quad W_{\mu, \mu_{c}}(R ; F) \sim W_{1,1}(R ; F),  \tag{81}\\
\text { For } \mu>\mu_{c} \geqslant 0: \quad W_{\mu, \mu_{c}}(R ; F) \sim W_{1,0}\left(R ; \widetilde{F}_{\mu, \mu_{c}}\right) . \tag{82}
\end{gather*}
$$

Here, $F=D \varphi \in \mathbb{R}^{n \times n}$ is a given deformation gradient, $\widetilde{F}_{\mu, \mu_{c}}:=\left(\left(\mu-\mu_{c}\right) / \mu\right) F$,

$$
f \sim g: \Leftrightarrow \underset{R \in \operatorname{SO}(n)}{\operatorname{argmin}} f(R)=\underset{R \in \operatorname{SO}(n)}{\operatorname{argmin}} g(R)
$$

for two functions $f$ and $g$, and

$$
\begin{equation*}
W_{\mu, \mu_{c}}(R ; F):=\mu\left|\operatorname{sym}\left(R^{T} F-\mathbb{1}_{3}\right)\right|^{2}+\mu_{c}\left|\operatorname{skew}\left(R^{T} F-\mathbb{1}_{3}\right)\right|^{2} \tag{83}
\end{equation*}
$$

which coincides with Equation (19) for $L_{c}=0, F$ given by Equation (12), and $R \in \mathrm{SO}$ (3) defined by Equation (13).

Replacing $W_{\mu, \mu_{c}}(R ; F)$ by $W_{1,0}\left(R ; \widetilde{F}_{\mu, \mu_{c}}\right)$ corresponds to rescaling the parameters of $E$ in Equation (19) by

$$
\widetilde{\mu}:=\frac{\left(\mu-\mu_{c}\right)^{2}}{\mu^{2}}, \quad \tilde{\mu}_{c}:=0
$$

while leaving $\gamma$ unchanged. Indeed this rescaling does not affect neither the constant minimizer $\alpha_{1}$ nor $\alpha_{2}$ and $\alpha_{3}$ which are independent of $\mu, \mu_{c}$ and are functions of $\gamma$, only. In conclusion, Corollary 1 and Remark 4 confirm the results in Fischle and Neff [26].

## 4. Numerical simulations for vanishing internal length scale

For $L_{c}>0$, various advanced numerical tools such as multigrid methods are available [27]. We will not discuss this here. In contrast, the case $L_{c}=0$ is numerically challenging as the regularizing term $2 \mu L_{c}^{2}\left|\alpha^{\prime}\right|^{2}$ in $E$ and $E_{\text {red }}$ disappears in the limit. We investigate the problem in two different ways and compare the solution strategies. We begin with the situation of non-regular solutions with $\alpha \in L^{4}(\Omega)$.

1. Newton-GMRES algorithm

For $L_{c}=\mu_{c}=0$ and $\alpha \in L^{4}(\Omega)$, the solutions $(u, \alpha)$ to $E_{\text {red }}(u, \alpha) \rightarrow$ min satisfy pointwise for $x \in \Omega=(0,1)$ the two purely algebraic equations (see Neff and Münch [20, Equation (3.30)] for a derivation),

$$
\begin{gather*}
\alpha\left(\alpha-u^{\prime}\right)\left(\alpha-\frac{u^{\prime}}{2}\right)=0,  \tag{84}\\
\left(u^{\prime}-\zeta\right)\left(u^{\prime}+\frac{1}{8}\left(u^{\prime}\right)^{3}-\zeta\right)=0 \tag{85}
\end{gather*}
$$

subject to the boundary conditions

$$
\begin{equation*}
u(0)=0, \quad u(1)=\gamma, \quad u^{\prime}(0)=u^{\prime}(1), \quad \alpha(0)=\alpha(1)=\alpha_{D} \tag{86}
\end{equation*}
$$

for a constant $\alpha_{D} \in \mathbb{R}$ and with $\zeta:=\left(1+\alpha_{D}^{2}\right) u^{\prime}(0)-\alpha_{D}^{3}$.
In general, there is a multitude of solutions to (84)-(86). To specify a solution, one may prescribe a volume fraction $\theta \in[0,1]$ such that

$$
\begin{equation*}
\mathcal{L}^{1}(\{x \in \Omega \mid \alpha(x)=0\})=\theta, \tag{87}
\end{equation*}
$$

where $\mathcal{L}^{1}$ denotes the one-dimensional Lebesgue measure.
To compute solutions to Equations (84)-(86), the derivative $u^{\prime}$ is approximated by central difference quotients leading to a discrete problem in the standard form

$$
\begin{equation*}
\text { Find } x \in \mathbb{R}^{2 N-3}: \quad G(x)=0 \tag{88}
\end{equation*}
$$

for a differentiable function $G: \mathbb{R}^{2 N-3} \mapsto \mathbb{R}^{2 N-3}$ and with $N \in \mathbb{N}$ denoting the number of discretization points in $\Omega$. The solutions to Equation (88) are computed using a Newton-GMRES method where the Fréchet derivative $D G$ of $G$ is approximated by

$$
\begin{equation*}
D G(x) d \sim \frac{G(x+\delta d)-G(x)}{\delta} \tag{89}
\end{equation*}
$$

for suitable small $\delta>0$ and GMRES is used to solve the linearized equations. While the algorithm computes $D G$ automatically thanks to Equation (89), its practicability is limited by the huge memory requirements.
The implementation details related to the definition of $G$ are left out here.
2. BFGS Quasi-Newton method

As in the first method, the values of $\alpha, \alpha^{\prime}$, and $u^{\prime}$ are discretized along $N \in \mathbb{N}$ points $z_{i} \in \Omega$. Letting $f_{i}:=W\left(u^{\prime}\left(z_{i}\right), \alpha\left(z_{i}\right), \alpha^{\prime}\left(z_{i}\right)\right)$ be the integrand either in (18) or in (24), the repeated Trapezoidal rule

$$
\left(\frac{1}{2} f_{1}+\sum_{i=2}^{N-1} f_{i}+\frac{1}{2} f_{N}\right)
$$

is used for the approximate integration. The minimization of the functional is carried out by a QuasiNewton method where the approximate Hessian is computed by the Broyden-Fletcher-GoldfarbShanno update formula [28]. Again, we leave out the implementation details, but refer to Blesgen [29-31], where the limited-memory variant of the algorithm is applied to Cosserat plasticity and recrystallization.

In comparison, both algorithms compute the same solutions. However, the BFGS Quasi-Newton method is capable of handling larger values of $N$ due to the tremendous memory needs of the NewtonGMRES scheme.

Figure 7 displays three minimizers of $E_{\text {red }}$ in $\mathcal{X}^{D}$ for different values of $N$ and prescribed slope $u^{\prime}(0)$ at the boundary. The deformation $u_{N}$ forms a sawtooth pattern with alternating, constant slopes, while the values of randomly concentrate at 0 and $\gamma$. The computations of Figure 7 suggest further that $u_{N}$ converges to the homogeneous deformation $\bar{u}(x):=\gamma x$ as $N_{C} \rightarrow \infty$.

Figures 8 and 9 compare the minimizers of $E_{\text {red }}$ in $\mathcal{X}^{C}$ and $\mathcal{X}^{D}$ for three different values of $N$. Again, $\alpha$ randomly concentrates at 0 and $\gamma$ while the deformation $u_{N}$ forms a sawtooth pattern with alternating, constant slopes. The computed deformation $u$ is extremely close to $\bar{u}$ but energetically beats the homogeneous solution.

We will adopt the following notation in the set $\mathcal{M}^{+}(\mathbb{R})$ of finite positive Radon measures. For a sequence $\left(v_{j}\right)_{j \in \mathbb{N}}$ and a Carathéodory function $f$ such that

$$
f\left(x, v_{j}\right) \rightharpoonup\left(x \mapsto \int_{\mathbb{R}} f(x, A) \mathrm{d} \nu_{x}(A)\right) \quad \text { in } L^{1}(\mathbb{R})
$$

for a parameterized measure $\nu=\left(\nu_{x}\right)_{x \in \mathbb{R}}$, we use the shorthand notation $v_{j} \xrightarrow{Y} \nu$.
Remark 8. The numerical computations in Figures 7-9 indicate the following result regarding nonregular solutions.

Let $L_{c}=0$ and $\left(u_{N}, \alpha_{N}\right)_{N \in \mathbb{N}}$ be a minimizing sequence of $E_{\text {red }}$ in $W^{1,2}(\Omega) \times L^{4}(\Omega)$ with $u_{N}(x) \rightharpoonup \bar{u}(x)$, $\alpha_{N} \rightharpoonup \alpha$ for $N \rightarrow \infty$. Then, there is a (not relabelled) subsequence and a constant $\theta \in[0,1]$ such that

$$
\begin{equation*}
W_{\text {red }}\left(u_{N}, \alpha_{N}\right) \xrightarrow{Y} \theta \delta_{0}+(1-\theta) \delta_{\gamma} . \tag{90}
\end{equation*}
$$

The existence of a limiting Young measure generated by the subsequence ( $u_{N}, \alpha_{N}$ ) can be made rigorous by applying the fundamental theorem of Young measures, see, for example, Müller [32]. We observe that the family $\left(W_{\text {red }}\left(u_{N}, \alpha_{N}\right)\right)_{N \in \mathbb{N}}$ is uniformly bounded in $L^{1}$ and equi-integrable by the Dunford-Pettis theorem.

Figure 10 displays minimizers of $E$ in $\mathcal{X}^{C}$. Except near $\partial \boldsymbol{\Omega}=\{0,1\}$, the minimizing rotation $\alpha$ takes constant values with either $\alpha \equiv \alpha_{1}:=0$ or $\alpha \equiv \alpha_{3}:=\eta^{-1}(\gamma)$ in accordance with Corollary 1 (ii). Depending on the initial values at start of the optimization, the BFGS-algorithm computes one of two different minimizers $u$ which both converge in $\Omega$ to $\bar{u}(x)$ as $N \rightarrow \infty$. The first, $u_{1}$ with $\alpha \equiv \alpha_{1}$, is a straight line except near $\partial \Omega$. The second, $u_{2}$ with $\alpha \equiv \alpha_{3}$, leads to a scaled function


Figure 7. Minimizers of $E_{\text {red }}$ in $\mathcal{X}^{C}$ for $N=23, N=59$, and $N=149$ for $\mu=I, \mu_{c}=0, \gamma=0.8$, prescribed $u^{\prime}(0)=u^{\prime}(1)$ (blue line) and $\alpha_{D}=u(0)=u(1)=0$.I. The blue balls are the computed values of $\alpha$ randomly concentrating at 0 and $\gamma$. The green line displays the homogeneous deformation $\bar{u}(x)=\gamma x$. The deformation $u$ is rendered in red forming a microstructure with a sawtooth pattern.


Figure 8. Minimizers of $E_{\text {red }}$ in $\mathcal{X}_{\text {red }}^{C}$ for $N=23, N=59$, and $N=I 49$ for $\mu=I, \mu_{c}=0, \gamma=0.8$. The blue balls are the computed values of $\alpha$ randomly concentrating at 0 and $\gamma$. The deformation $u$ is rendered in red and forms a microstructure with a sawtooth pattern which is extremely close to the homogeneous deformation $\bar{u}(x)=\gamma x$ rendered in green. The differences between $u$ and $\bar{u}$ are amplified by the blue line rendering the rescaled deformation $u_{\text {scale }}(x):=\gamma x+N(u(x)-\gamma x)$. The value $\alpha(0)$ is strictly smaller than $\gamma / 2$ and indicates by which amount the sawtooth solution $u$ energetically beats the homogeneous solution.


Figure 9. Minimizers of $E_{\text {red }}$ in $\mathcal{X}^{D}$ for $N=24, N=60$, and $N=150$ for $\mu=I, \mu_{c}=0, \gamma=0.8$. The blue balls are the computed values of $\alpha$ randomly concentrating at 0 and $\gamma$. The deformation $u$ is rendered in red and forms a microstructure with a sawtooth pattern which is extremely close to the homogeneous deformation $\bar{u}(x)=\gamma x$ rendered in green. The blue line is the rescaled deformation $u_{\text {scale }}(x):=\gamma x+N(u(x)-\gamma x)$ amplifying the differences between $u$ and $\bar{u}$. As can be seen, the oscillation of $u$ is largest near $\partial \Omega$ and smallest at $x=0.5$.


Figure 10. Minimizers of $E$ in $\mathcal{X}^{c}$ for $\mu=I, \mu_{c}=0, \gamma=0.8$ and $N=49, N=149, N=500, N=700$. The blue balls are the computed values of $\alpha$ with either $\alpha \equiv \alpha_{1}=0$ or $\alpha \equiv \alpha_{3}=\eta^{-1}(\gamma)=0.760053$. In cyan the computed stress tensor $\tau$ which is constant in $\Omega$. The deformation $u$ is rendered in red, extremely close to $\bar{u}(x)=\gamma x$ rendered in green. The blue line is the rescaled deformation $u_{\text {scale }}:=\gamma x+N(u(x)-\gamma x)$.


Figure II. Minimizers of $E$ in $\mathcal{X}^{c}$ for $\mu=\mu_{c}=I$ and $N=300$ (left), $N=600$ (right) and $\gamma=0.3$ top line, $\gamma=0.8$ center, and $\gamma=2.0$ bottom line. The blue balls are the computed values of $\alpha$ with either $\alpha \equiv 0.14868 \sim \alpha_{2}=\arctan (0.15)=0.14889$ (top), $\alpha \equiv 0.3804 \sim \alpha_{2}=\arctan (0.4)=0.380506$ (center), and $\alpha \equiv 0.7852 \sim \alpha_{2}=\arctan (\mathrm{I})=0.785398$ (bottom) as predicted by Corollary I (i). In cyan the computed stress tensor $\tau$. The deformation $u$ is rendered in red, extremely close to $\bar{u}(x)=\gamma x$ rendered in green. The blue line is the rescaled deformation $u_{\text {scale }}:=\gamma x+N(u(x)-\gamma x)$.


Figure 12. Minimizers of $E$ in $\mathcal{X}^{\mathcal{C}}$ for $\mu=\mathrm{I}, \gamma=0.8$, and $N=500$. Top left: $\mu_{c}=0.5$ with $\alpha \equiv 0.380 \mathrm{I} \approx \alpha_{2}=\arctan (\gamma / 2)$. Top right: $\mu_{c}=0.1$ with $\alpha \equiv 0.3804 \approx \alpha_{2}$. Bottom left: $\mu_{c}=0.02$ with $\alpha \equiv 0.0548 \neq \alpha_{2}$. Bottom right: $\mu_{c}=0.01$ with $\alpha \equiv 0.026 \neq \alpha_{2}$. The results underline the validity of Corollary I (iii) and demonstrate that for $\mu_{c}$ small enough, $\alpha_{2}$ is no longer a minimizer of $E$ (cf. Remark 6). The critical value of $\mu_{c}$ predicted by ( 80 ) is $\mu_{c}^{\text {crit }} \approx 0.0715$. In cyan the computed stress tensor $\tau$. The deformation $u$ is rendered in red, extremely close to $\bar{u}(x)=\gamma x$ rendered in green. The blue line is the rescaled deformation
$u_{\text {scale }}:=\gamma x+N(u(x)-\gamma x)$.
$u_{\text {scale }}(x):=\gamma x+N\left(u_{2}(x)-\gamma x\right)$ which is a bended curve (see Figure 10). The energy levels of both computed local minimizers are extremely close with

$$
\begin{equation*}
E\left(u_{1}, \alpha_{1}\right)=0.32001744, \quad E\left(u_{2}, \alpha_{3}\right)=0.320018 \tag{91}
\end{equation*}
$$

confirming Equation (77). Yet, numerical optimization favors ( $\bar{u}, \alpha_{1}$ ) over ( $\bar{u}, \alpha_{3}$ ), underlining that the energy landscape for geometrically nonlinear Cosserat materials is extremely complicated and emphasizing why it is so hard to numerically compute the correct global minimizers. In comparison with Equation (91), the theoretical infimal energy is $E\left(\bar{u}, \alpha_{1}\right)=\frac{\mu}{2} \gamma^{2}=0.32$, but ( $\bar{u}, \alpha_{1}$ ) violates the consistent coupling condition (27).

Figure 11 studies minimizers in $\mathcal{X}^{C}$ related to Corollary 1, (i). Again, $u_{N} \rightarrow \bar{u}$ in $\Omega$ for $N \rightarrow \infty$. The minimizing microrotation angle $\alpha$ is constant (except near $\partial \Omega$ ) and takes the values predicted by Corollary 1.

Figure 12 confirms the validity of Corollary 1 , (iii) and of Condition (80). The numerical results indicate that for $\mu_{c}>0$ large enough, $\alpha_{2}=\arctan (\gamma / 2)$ is a local minimizer of $E(\bar{u}, \cdot)$ while for $\mu_{c}$ close to 0 , this is no longer true.

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