

15. Appendix

15.1 The Interviews Script

Iran (Without Surgery)

Subject number 1

Age: 32

Education: A level

Job: English teacher

Okay my name is X and I'm 32 years old, I'm an English teacher and I love... (Pause), should I say about my hobbies?!

- Yes, sure, why not?!
- I love dancing and I love playing sports I love listening to music, and hanging out with friends and I love travelling
- Well I firstly should thank you for participating in my project and the first question is “what do you think about cosmetic surgery?”
- I think I'm ok with that as long as (pause) how can say? You don't look ugly with cosmetic surgeries. I think sometimes you really need to have some surgeries at some parts of your body but as long as it looks maybe a little abnormal, I mean really ugly that really bothers you, just about that , but I love natural face and I haven't done anything to my body and to my face
- So generally you don't have a problem with cosmetic surgery?
- No. No.
- But which one do you prefer. I mean natural beauty or beauty with cosmetic surgery?
- Natural beauty,
- The other question is that why aren't you willing to undergo any cosmetic surgery?
- About myself I think I look fine, I don't have any problems, thank God on my face and on my body but (pause), last year

(Giggles) I had to think about boob job a little bit because I had a person in my life who kept telling me that my boobs were a little small and after reconsidering I thought that my boobs looked fine in my body. But I thought of having a boob job once in my life.

- So let's say that the reason that you are not willing to do any cosmetic surgery is that you are perfectly fine with your face and with your body?
- Yes!
- Okay, and could you please describe your personality a little bit?
- I think I am an easy going person, I think I am patient. And I try to be fine and try to help people, try to be helpful, try to be useful in life but I am a little bit LAZY I have to say, and one thing about me that I don't like is that I'm not on time (laughter).
- How do you describe your appearance and your body?
- Ha-ha, I got (Pause), I got long straight black hair, I got dark brown eyes, (voice goes lower, I got long eyelashes), I think my nose is small and I 'm 157 centimeters and I'm slim I have a nice bottom.(laughter)
- And over all how do you feel about your body and your face?
- Right now I am totally fine, in the past I used to be a little more chubbier may be a little overweight, at that time I didn't like my body but now I am totally fine with it, I feel fit and good about myself.
- Do you feel confident about your appearance on the whole?
- Exactly, I just wish I were a little taller, but other things about me are absolutely fine.
- I see, I understand, same thing about me! (giggles)
- Now let's imagine that you face a new situation in your life how do you react?
- If something happens to me that hadn't happen before, I try to talk to the first person that I think can help me but even before that I try to solve it in my mind, consult it in my mind, and I will consider everything from every angle, every possible angle maybe that's because I was born in September, (I'm a Libra), I try to keep the balance for everything, I try to see things from every possible angle, that's why making decisions are really difficult for me, but after realizing the fact that I couldn't help myself, I try to talk about it with one person who I find very trustworthy and reliable that I know they can really help with their words and with their thoughts, after finding that even that cannot solve my problem then I will search for a psychologist

- So the first choice is yourself, you rely on yourself?
- Yes.
- I am going to show a picture of two different ladies, almost the same age about 25 or something, what is the first impression about their personality that you get?
- First picture, she looks like a model to me, she tries to look fine, but I don't know if she had any plastic surgeries,
- No, no .
- She is really, she is really beautiful, Hmmm, she has a lot of self-confidence, and she is firm, she looks strong, and..... I think she is a kind of person that ,, she does not look shy to me, I think she is assertive
- And about her personal life, do you think she is successful or not, I mean if you saw her in your class what would be your judgment about her?
- I think she has..(pause), she has been through something but she is a strong person or maybe she wants to look strong because what I see from her face , I see a strong and confident person.
- And this is the second picture, could you tell me what do you think about her personality?
- I think she is easy-going, but picture number 1 doesn't look easy-going at all to me, I think picture number 2 is easy-going, I think number 2 could be more intelligent than 1 she looks more intelligent but I think number 2's confidence is even higher than 1's. but I think she is not very assertive, and I think she tries to be kind and helpful, I don't know maybe because of that smile I think this way,
- Do think she tries or she really is?
- Hard to say but,,, I think she tries.
- Which one do you prefer to be your friend?
- (determined), I can't choose by face, really., it really does not matter to me,
- So you don't prefer any even if they were same in behavior?
- Maybe if I were younger I would prefer the more beautiful one but now, because of the experiences that I had in my life, it really does not matter, there were more beautiful people that really hurt you more, so it really does not matter but she looks happy, but the first one had some problems in her life may be because I had a friend

who looked like her, she looks cold to me. The second one is easy going and a warmer person.

- So do you think having a relationship is easier with the second one?
- I can't say so because I had relationships with blond people, although they looked cold but they are really nice and friendly, I think from the face I can say she looks cold but you can't judge.
- So is there anything else you want to add?
- No, that's it.
- Thank you so much for your co-operation.

Subject number 2

Age: 38

Education: High school graduate

Job: House wife

- Please tell me a little about yourself, age, education, job and a brief introduction about yourself.
- Well, my name is X, I am 35 years old, I am a housewife and a mother of two sons, I am also a high school graduate and also married for about 13 years.
- Can you tell me what your opinion about cosmetic surgery is?
- I believe that it is not a good thing at all. I say that preferably people should not undergo any cosmetic surgery, there are some people with major and obvious flaws in their faces; I think they should have this surgery but in general I say “no” to cosmetic surgery because I think what God has given to his creatures, is what is suitable for them, however, sometimes individuals have some major flaws in their face or bodies, to this point it is ok to have the cosmetic surgery but I generally and with certainty disapprove of any cosmetic surgery.
- Can you tell me the reason
- Well, another reason is that there is no guarantee that the results turn good.
- So, is it because of the risk of the result that you are so much against the cosmetic surgery?
- Yes, it is because of the risks that it may have.
- Do you prefer natural beauty or the beauty that has been gained through cosmetic surgery?
- 100% natural beauty. I am not willing to do any cosmetic surgery neither now nor never, because I am scared of the consequences and its risks and of course the way you may look like after doing so.
- Now, if I tell you that there is no risk at all and the result will be 100% what you desire it to be, then what? Are you still not willing to do so?
- No! (Giggling). I am afraid and scared of any surgery, and I cannot trust the surgeon at all, yes, maybe it is more the fear that prevents me to do so but I named it a risk, yes it is the fear and I am never willing to go under a surgical knife.

- Can you tell me a little about your personality and the kind of person that you are?
- I am an introvert person, I keep everything to myself and people call me a kind and caring person, I am also very simple, I can't think of complicated things and I am very honest, I try to solve the problems by myself, I am very sociable and also cheerful.
- Are you more of leader or a follower?
- I am more of a follower than a leader because I am also very conservative that I think it is better not to talk about my own ideas very much because in that case people will start to agree or disagree with me and I really don't like to be disapproved that's why I prefer to remain silent whenever there is a discussion or debate among a group of friends or family, so, I try to be the follower if their suggestions and methods are compatible with me but if not I try to step out of their way and say nothing. I really prefer to be on the safe side than to be the center of attention and attract people's attention.
- How do you describe your face and your body?
- I am really happy and satisfied with my face, I really like it but I don't like my body because I am fat that's why I don't want to get naked even in front of the mirror.
- How do you rank your body and face out of 100?
- I rank my face 80 and my body 30.
- If it was not a risk, would you consider having a surgery on your body to get thinner?
- Yes, I would definitely, but just for my body, because even if something happened no one would see it, I forgot to tell you in the beginning that I am never willing to do any surgery on my face because the results can be seen by everyone but since the body is under my clothes then I may do it to get slim. Although even in that case I prefer to get thinner by dieting and sports but if I could not and if I know that my body will get slim 100% by having the surgery I will do so because nothing is shown under my clothes and no one can see the results, but not and never on my face.
- Earlier you mentioned that you prefer to solve the problems yourself, can you explain?
- Yes, I always solve and sort out the problems myself just as whatever happens in my life I sort it out myself and I don't tell anyone at all, I will find some way finally, but all by myself, I don't like others to interfere in what I am doing because if I ask them for a solution and they tell me what they think and if I don't do what they told me later what they told me, then they will become upset with me and I don't want that also,

sometimes they even remember my problems and they always try to remind me of what I have told them and in some cases they even talk to other people about my problems, I have experienced it before that's why I try not to tell any of my problems to others anymore. But if I have some social or financial problems, I would definitely discuss it with a person who knows about these things maybe an expert or something, but if I have a problem in my personal life, I solve it myself because they are my personal problems my own problems so I sort them out myself.

- Have you ever let time solve the problem that you have?
- Well, yes, sometimes when I face a problem I try to solve it but after I try so much but I had no results, then I try to leave it to time to see what will happen, but first I take the steps I have to take if it were in vain, then I wait.
- Now I am going to show you two pictures one by one, I want you to tell me what you think about these women, they are both around 25, so please tell me what is the first impression that you get from them? Tell me everything that comes to your mind.
- Picture 1: (pause), my first impression?! Hmmm, her face is really beautiful and she is her real self without any cosmetic surgery, and she does not have that much of make up on her face, I really like her face, but other than that I think she is an introvert I mean her eyes are telling me that she is an introvert, and a mysterious person, that is my opinion I am sure about it is just my guess, but overall she is really pretty,
- Would you like her to be your friend?
- I don't care about the way my friends look, I care more about their honesty I also have a person among my friends who is not beautiful but is very kind and caring, honesty is the most important thing for me when it comes to choosing a person to be my friend. But all I get from her face is beauty and mysteriousness and being an introvert, maybe a little complicated to understand and complicated people are too much for a simple person like me!
- Picture two...well she is a kind person although she is not beautiful but she is very kind and sweet, I see kindness in her face I think because she is more of a kind person then she could be a kinder and more caring mother also I think motherhood is more compatible to her than the first one. I also think that she is more simple in her personality than the woman in picture 1 and I think 2 does not care that much about the way she looks. And if I were to pick one of them as my friend I would definitely

choose picture 2 because I think she is kinder and more caring than picture 1. I think she is probably more honest and caring. But maybe

- Now, if but of them are kind and honest?
- Then I would choose both and it would not matter to me which one because as I told you earlier I don't really care that much about the way my friends look like and their appearance is not very important to me.
- Is there anything else you want to add?
- No, that's all.
- Thank you for your cooperation.

Subject number 3

Age: 30

Education: A level

Job: Sales manager

- Could you please introduce yourself a bit
- I have an “A” level in accounting,
- Please start with your name, age,
- Ok, I don’t have a name (seriously), my name is X, 30 years old, and (pause), and I am a sales manager.
- What’s your idea about cosmetic surgery?
- I don’t like it that much!(indifferently)
- Can you elaborate and tell me the reason?
- I like natural beauty more than the beauty that has been gained through cosmetic surgery.
- Any reason for this preference?
- Reason?! (pause) no, no, there is no reason for that but I know a lot of people who are not like me and they like cosmetic surgery and they like the beauty that comes as a result of cosmetic surgeries, and they don’t like natural faces but me, I don’t like cosmetic surgeries and the beauty that is not natural, it is so fake.
- So, you are not willing to undergo any cosmetic surgeries?
- No, not at all, but I still think if there is some major flaw in someone’s face then it is ok to undergo cosmetic surgery, a major flaw such as a huge nose or anything that looks very abnormal, but other than that I do not agree with cosmetic surgery and I think it is so fake and I hate it. I love natural beauty, natural beauty rules, also if I see a person who has gained beauty through these kinds of surgery I don’t like it and that’s it.
- Can you please tell me a little about yourself, I mean a little about your personality and the kind of person that you are?
- What kind of a person am “I”?!.. hmm I am a very sensitive person and I am also high-strung , sometimes I become short tempered and on the whole I am really edgy

and nervous, people tell me that I am kind(laughing sarcastically), and I am more of an extravert because I show my feelings very easily and can't hide any feelings inside me.

- Are you more of a follower or a leader?
- I am more of a follower than a leader, I don't like the difficulties and responsibilities that being a leader may have, I normally try to go and conform the norms of the society, if everyone is doing so then it means that the norms are right, and following is always easier than leading I don't like being a rebel and a person who goes against the norms also. What else?!(Pause), Ahaa! I am very sociable and at the same time serious at work , I mean I may be funny and cheerful but I do my duties to the best . I love working outside and being among people in the society, I also don't like to get married because getting married here only means that you will lose your freedom and Iranian men are really possessive and I don't like it at all. So I prefer to remain single.
- How do you describe your face and body, and how much do you rate them out of 100?
- Well, appearance wise, I believe that I am a very normal girl, I mean my face is very normal, not very beautiful and not very ugly, I am short and I don't like it and I am not happy with my height but I can say that I have a fit and good body, but if I want to rate my body and face they will both get 60-70 out of 100.
- Now, imagine that you face a new challenging problem that you have never encountered before, how do you try to sort it out?
- Well I always try to solve my problems by myself and I don't ask for help from the others I am like this(certainty in her voice), and em, I am not patient at all, I am very hasty in making any kind of decision and after any challenge that I face , I usually decide for that very soon and hastily , maybe this is not very good to decide that soon for every situation that happens in life, but I am like this and the worse thing is that after I make my hasty decision, without asking for any advice or consultation or any one's idea , and without thinking it over , I hurriedly do what I have decided, it is very strange because at that moment I think if I don't do what I have decided something bad will happen and I feel very uncomfortable if I don't do what I planned for. But normally after I do so, I become regretful for not thinking it over. Unfortunately I can't wait at all and I am severely impatient in situations like that.

- Now, I want to show you 2 pictures of two different ladies, both about 25-26, please tell me the first thing that comes to your mind and the first impression that you get from their faces.
- Picture 1, well, she is very pretty, I think she is really beautiful, and I think she has natural face and she is very very sexy too, she is really perfect and very good looking and attractive, I think she is a very calm and quiet person, I think she has a positive and soothing face and I think she is probably very intelligent and smart , I would like to have friend like this because she is really nice in my opinion and I think she knows how to deal with problems perfectly she seems to be very confident and sure about everything. Maybe she can help me in making my decisions(smiling)
- Picture 2: this person seems very kind and simple, I mean simple in mind and thoughts, does not take anything very seriously, she is not beautiful at all but at the same time not that ugly as well. She is very average, she can also be my friend, she is really normal she seems to be a good person, she is also intelligent and successful in her job and in the society and she has a positive energy., although she isn't pretty, I think she has a good behavior, and I think she can be trusted even more than picture one because she is easier to understand since she is not a complicated person, but I cannot trust picture 1 that much because she is a little complicated in my point of view. And I actually prefer picture 2 than picture 1, since picture number one is a more complicated person and hard to understand she seems to be quiet and I can't understand people who are very quiet and don't talk,
- Is there anything you want to add?
- No, that's all.
- Thank you for your cooperation.

Iran (with cosmetic surgery)

Subject number4

Age: 34

Education: B.Sc.

Surgery: Nose/ (2x)

Job: Civil servant

- Could you please introduce yourself briefly and tell me a little about yourself?
- I am X, 33 years old, bachelor of computer, have a son.
- Occupation?
- Well, I don't work now, because of my child that is newly born but I used to work before that, in a computer company.
- The first question that I want to ask you is that what do you think about cosmetic surgery?
- (laughing) I love it so much¹ as you can see (laughing). Yes I like it very much. Look, there was a time, I think about 4-5 years ago until about last year, I changed my opinion about cosmetic surgery, back then for that period of time which was almost 4 years I used to think that everything is more beautiful naturally, but again since last year I started to like cosmetic surgery again and I really like it
- So you also like cosmetic surgery even before the period that you said?
- Of course, I liked so much before that period, I liked it so much that I did it , and I was always into having it or knowing about cosmetic surgery, then for 4-5 years I started to condemn myself for doing the surgeries and I told myself all noses and lips and every part in people's faces are more beautiful if they are natural but again since last year I am into having cosmetic surgeries again, for example now I really would like to have surgery on my breasts maybe I won't or maybe I would but I really like to have a boob job, you know whenever I see some women in the swimming pool that have undergone surgery for their breasts I really get motivated to do the same, because they(breasts) look much better with cosmetic surgery.
- What was the reason that you underwent the cosmetic surgeries?

- Look, I was a university student back then about 21 years old, and a lot of people used to have surgery on their noses in those years, and you also know that it is adolescent and puberty and you like to have changes in your appearance, you enter a more open environment which is the university, boys are there you want to look good, and I myself used to like cosmetic surgery back then, so since I was in puberty, I like to do so and also because a lot of my friends and classmates had done that, I really wanted to have it. Although my dad did not approve of my cosmetic surgery I fought with my family and finally got to convince them to pay for my surgery.
- So you did so, mainly because it was fashionable?
- Yes, back then the atmosphere among my friends and class mates also had its influence on me and I was young but even now I tell myself that when people age, and they start to have wrinkles and loose skins, it is better to have another cosmetic surgery such as face lifting in the age of 40-45, I think I will do so for myself as well! I won't do it right now at the moment but at that age, I will probably have a cosmetic surgery when I start to age but not yet, although I really like to do so but I will wait till then for face lifting but if anyone does any kind of cosmetic surgery I would definitely admire her. I think it is absolutely fine to go under cosmetic surgery to get more beautiful.
- Could you please describe your personality, what kind of a person are you?
- Look, you may have known me a little bit by now, I am generally a "very" patient person, its like whenever I get irritated by something I normally keep it inside, keep it inside and keep it inside till I explode, and maybe it is not a very good characteristic because all of a sudden I erupt like a volcano I am generally very peaceful but when I get angry that rarely happens I just spill everything out but normally I like peace and I am peaceful I really don't like fighting and making a fuss and I try to pass by the conflicts as much as I can, I hate fighting and hard discussions and shouting and things like that.
- So on the whole, you are a quiet and patient person?
- Yes, that's absolutely right but see, I may sometimes hurt myself this way for example I may tell myself, "I wish I had answered back when I got angry or I wish I had said this or that", but the moment that I get angry I try hard to control my anger as much as I can and it has become a habit for me now, I may say what I intended to say at the time of anger later but I try to control it the moment that I am filled with anger, then I say why I

had become irritated after my anger is gone sometimes I feel regretful that I hadn't shown my anger immediately but I am like this (smiling)

- Do consider yourself a follower or a leader?
- Ummm, I think I am more of a follower , yes, I am not a kind of person who likes to lead others , no
- Well what you told me could be both positive and negative..(jumping into my question she continued)
- Look, it may be positive in other people's point of view but they are negative in my point of view. I sometimes feel like the fact that I control myself , control, control , control, create some expectations for others and they always expect me to be calm so when I erupt as volcano as I told you earlier , they become really upset with me although I express my anger only once they become really upset with me but for a person who is always showing his anger and everything others do not get upset because they say that it is something normal with him or her but for me showing my anger is not normal for people and it really bothers myself sometimes, but in general I like this way better because I hate conflicts and fighting., and normally I try to compromise with others in a debate since I don't have the mood to fight or shout or scream and discuss hard over something.
- How do your friends describe you?
- They say I am cool although I am not that cool but they think I am and I think one of the reasons that I control my anger is that I am bit conservative, that's why I mostly tell myself to remain quiet when I am angry because I am afraid to say something that is not nice in that moment and I really don't want to do so. I prefer to express my irritation when I am not angry.
- Can you describe your body and face, are you happy with them?
- Well, I love my hair, they are full it may sound bit funny but I like my neck because it is long and I like long necks, I like my color bones so much , also I am tall and I like that I also like my face too in general, shall I say about the places I don't like?!
- Sure, go ahead
- Well, I don't like my belly and my waist size, my waist is a bit fatty, my arms are also a bit chubbier than the rest of my body, if my belly, waist and arms were a bit thinner it would have been perfect.

- Rate it please!
- To my body I give 50 out of 100 and to my face I give 70 out of 100.
- Are you willing to undergo cosmetic surgeries to get prettier?
- Not now but in my 40's definitely!
- Okay, now imagine that you face a situation that you have never faced before in your life or something that is challenging for you, how would you deal with it?
- Normally whenever I encounter a problem, I make a big deal out of it even if the problem is a tiny one I normally tend to make it much bigger for myself unconsciously. So in order to see the problem from a different or a better angle, I talk to people, maybe my husband, or my mom or my sisters, I want to know how they see the problem and maybe I am not able to make the best decision in that situation so I prefer to talk to someone about my problem, but one behavior that I have is that I seek for advice but in the end I do what "I" think it is right not what other people had told me. You know I think I actually talk about my problems to get the load off a bit and to decrease my tension about the problem the reason I talk about my problems is not actually searching for advice but just to get a little more relaxed and lessen the stress.
- Now I am going to show you 2 pictures of two different women both almost 25 can you tell me whatever comes to your mind about each of them?
- Picture 1... this one is so beautiful, attractive and has a wild face, it seems like she is really proud also, because she is really pretty and since she is absolutely gorgeous she is probably proud too, it seems as if she is also very intelligent because normally people as pretty as this are smart and intelligent as well. In my opinion pretty people that know are beautiful and also know that others know that they are beautiful are also intelligent. I think she is really confident as well. She may have a lot of problems because of her beauty as well, or she may not but I know some people who are really beautiful and have many problems because of their beauty so they start to become so proud and serious to protect themselves. Also some singers or actresses who are really beautiful start to become arrogant or proud after a while, this is a negative point of being so beautiful. These people may be very miserable in their real life but in the first impression people may think that they are really happy and lucky and successful and it could be quite the contrary. And they could really suffer in their real life especially with men.

- Picture 2... a very average looking person although I think that she is very intelligent, she seems to be into science and research and saying and this stuff but at the same time she looks really kind too. the shape of her ears tells me that she is very intelligent because I believe this shape of ears represent a high IQ, but at the same time I think that she is really confident too.
- If they both have the same behavior, which one would you choose as your friend?
- Well, since humans like beauty, they may like the one who is more beautiful because I believe that when humans look at something beautiful maybe a beautiful flower, person or whatever that is pretty they feel really good and it is refreshing. I think I would choose the prettier one if they have the same personality.
- Is there anything else that you want to add about them?
- Yes, something that had happened to me a lot is that when among my colleagues or friends someone comes who is not very good looking after talking and socializing with him or her and getting to know the person you will understand that this person is much better than a lot of other people who are good-looking and prettier, it had happened to me that for example a new colleague comes to our office and at first the appearance had shocked me in some way but after talking and socializing and after some time that person had turned to be one of my close friends after that. But on the whole if the beauty comes with a good behavior it is much better and pleasant for all people.
- Thank you for cooperating with me.

Subject 5

Age: 31

Education: B.Sc.

Surgery: Nose

Job: Travel agent

- Please introduce yourself

- I am 30 years old, I have a B.Sc in computer software and currently I am studying executive management, and I work in a travel agency.

- What is your idea about cosmetic surgery?

- Generally speaking I am not in favor of cosmetic surgery that much but in my opinion if a girl has a major flaw in her face it is OK to have cosmetic surgery but only to an appropriate extent,

- What does an appropriate extent mean to you?

- To the extent of having a cosmetic surgery on the nose only, or maybe also on the eye-lids in case of getting old, but more than that is not appropriate in my point of view.

- Can you please tell me why have you undergone cosmetic surgery?

- Because I myself thought that the flaw that I used to have on my nose was too much, and I really wanted to have and gain more beauty on my face.

- And after you had the surgery, how did you feel, I mean did you or do you feel better?

- Yes, A lot (with certainty)

- For example has anything changed in your life ever since?

- Yes, my self-confidence has increased a lot, and this surgery (nose job) is in general very helpful to make the faces less grumpy and it makes faces more open and cheerful, and of course I love to look at myself in the mirror more than before,

- do you feel any change in your relationships?
- Not that much,
- Can you tell me a little about your character and personality? How do you present yourself if you want to give a description about yourself?
- I myself, think that my social relationships are really good, I can connect to people very easily, I can get along with everything very smoothly, however, I am a bit edgy, and normally I put a lot of stress and pressure on myself., I maybe very sensitive and high-strung., I may get irritated by things very soon but I don't normally express my irritation as far as I can I try not to show that I am annoyed by something. And I am somehow a kind of a person who cares about people's appearance; I mean both to the way people dress up and also to their faces and bodies.
- How do you describe your body and face?
- I am not very happy with my body actually, , I cannot describe myself that well, but well, I am tall, broad-shouldered, I have bigger bones compared to other girls in our country, although I am not really happy about my figure but there is also nothing I can do about it. My face is thinner compared to my body which I like; I like the thinness of my face.
- If you ever face an unfamiliar and hard situation, how do you try to find a solution?
- See, I am a kind of person who may ask for others' opinions specially when I encounter a new situation, but I normally try to go with the flow and I normally don't think about that issue too much,
- does it mean that you just want to wait to see what happens in the future without doing anything about it?
- Yes (with certainty)
- I am going to show you 2 pictures now that are for two women almost at the age of 25 to 26 , as you have described yourself I want you to describe what you think about them , their appearance and personality.

- Picture 1... I think she is cunning and sly, meanwhile she could have the feminine seduction but on the whole I think that she is sly and cunning, her eyes is not telling me that she is a good person, she can seduce people in society and use this seduction, I think she is an average person in her social life and she, may have some kind of tactfulness but she is very boring and average, I don't like her that much actually.

- now this picture (2)...She reminds me of old times,(laughing)I don't know why but I think that she is familiar to me, she may have some problems when she has connections with more modern people because she looks very old fashioned and a person who sticks to tradition and stuff, but her smile is telling me that she is not grumpy and that she can actually use this smile in her favor , I think she is very calm and quiet,

- So, if you were to pick any of them as your friend, which one would you choose?

- I would prefer the girl in picture number 2.

- Why?

- Because I think she could be more reliable and trust worthy in life.

- is there anything else that you want to add?

No, that's all.

-Thank you for your cooperation.

- welcome. (Smiling)

Subject 6

Age: 36

Education: Masters

Surgery: Nose, Lips

Job: Teacher

- Please introduce yourself and tell me about yourself a little, your name, age and what you do.
- My name is X, I am 34, I have a masters degree in linguistics and I've been a teacher for about 12-13 years.
- What do you think or what is your idea about cosmetic surgery?
- To be honest, I 'm a big fan of it but I also mentioned in the questionnaire that I like natural beauty, you know, I think that if the cosmetic surgery leads in becoming a more beautiful person, I mean that you keep the beauty that you already have and if it makes you more beautiful, the way it doesn't destroy the natural look of the face, I like it. If it makes you feel better, if it makes you more confident if it helps you to have a better feeling, I would really like it even for myself but, for myself if I feel better I am ok with that, I have done them, for example, I have done a nose job or tattooed my eyebrows(*the surgery on her lips was not mentioned*), even now my nose looks natural and I haven't changed a lot, but I like it, and I have done something that I have a better feeling, and I have never felt regretful about that, but for people who want to have a turned up nose or unusual faces I really don't like that.
- I see, so generally you don't have any problems with cosmetic surgery?
- No, no I am totally ok with that. If the people need it I even encourage them and I tell them as a complement , you know, it's better to advise them, and after the surgery if the result is good I will complement that wow, it looks better and that it looks good but for the extreme ones, NO.
- And could you tell me now that why have you done cosmetic surgery and what was the reason behind it?

- You know, when I was in that age I mean when I was 24, it was very fashionable, that was really fashionable to be honest you know specially among a special group of people, girls used to do it you know, but now all the people do it you know, even a lot of men, but in that time I thought that if I had a smaller nose then my eyes would look bigger (*she already has biiig eyes*). You know, but when I did it everybody told me that you haven't changed. But I think it is good that I did it may be because I thought that I will feel much better and I will have a better confidence.
- And was it really helpful?
- Yes, for a period of time, yes. For 5 or 6 years yes but after that my nose changed its shape to the way it used to be, but no I'm ok with that and nobody asks me about it, because they think it is natural and again I'm happy with that.
- I understand, but for a period of 5-6 years you had more self-confidence?
- Exactly. Because I thought that I got more beautiful.
- And, how about your relationship with other people, I mean did it affect your romantic relationships or ... (interrupting me)
- Aha, you know in that time I used to be in a real serious relationship and he always used to ditch me, you know he went out with other girls a lot, and you know maybe it was one of the reasons that I liked to do that maybe. Because I always wanted to keep up with the trends and you know when I was with him I really wanted to attract him, you know and I wanted to show him that I am really a fashionable trendy girl, and I can cope with the other girls he was going out with and I was the best and I was very devoted to him, you know not just emotionally, I was just wanted to be the best, you know and I used to go shopping a lot, spent a lot of money on myself, may be just because I wanted him to approve of me you know one of the reasons that I used to go shopping a lot and everything was because of him.
- I see, so he was like one of the most important reasons for having the nose job?
- Not only him but also the other factors, some percent was that I wanted to be approved by him.
- I see and as you said because that time it was really trendy?

- Yes, especially for a special group of people (*insists on the special group*) you know and because he used to go out with other girls, and you know I was always depressed and heartbroken I wanted to attract all his attention toward me.
- Ok, so could you please describe your personality a little bit?
- If I want to describe myself, I used to be like this but I have changed, it is interesting for myself, in the past I didn't have a good first impression on people, people thought that I was very hard and you know it wasn't easy for people to break the ice with me, but now I hear the opposite from the people that many of my students specially say that when you come into the class we feel that you are very kind, but in the past it was not like this, it was a question even for myself, but I always believe in myself as a very compassionate, kind and supportive person , I sometimes think it is weird because I am too kind with people and I want to support them too much that they don't like it, I have a negative point, I like to be the commander, a little bit dominating, because of my job sometimes I think I am like this because I am always commanding, but to be honest I think that I am very kind and very independent that sometimes I am not happy with that because I am very much independent, but I think because of this I am a commander everything is connected to each other for me to be the commander to be the leader, I like to be the leader to be the commander and on the other hand they contradict because if you are a commander you cannot be that much kind. You know so I am independent very supportive, compassionate, sometimes very aggressive I am also sometimes worrying about my future so much , the fact that whether I will get married to a good person that also has enough money to support our family or not.
- You said that you are independent very much, so the question is that does this independency stop you from asking help from the others?
- To be honest, yes, you know if I don't want to. Sometimes when I ask people for help, I think that because it is inside me, this independence is inside me, people are , uugh, you know they get surprised and say she can do it herself so why does she ask for it, you know they don't accept it when "I " ask it, when I say I can't, they really don't understand, they would say" *you* say, I can't?", but I can see that for the other girls, that boys are really interested to help, but nobody is interested to help me. Really! sometimes I think that it is something inside me that they never want to,,, they think that I am ok, and that I never want somebody to support me, they don't feel that I

don't need this support but I really really many times, experienced that I need someone to support me to help me and I didn't like that independency, but when I ask people to help me nobody takes me that seriously, nobody pays attention to me, (sad smile).

- Do you consider yourself a rebel or not?
- Umm, when I was younger maybe, but now, no. I have a routine job, I have a very routine lifestyle, maybe I sometimes nag or complain but it is just to myself and don't take it to a higher level, no I'm not a rebel.
- Okay, can u describe your appearance and your body, how do you feel about your appearance and your body?
- Okay, I'm tall, and you know we are living in Iran you cannot see girls who are as tall as me and there are not many people who are you know as tall as me, so I consider myself to be a real tall woman, I am 177 centimeters, and the average height for girls in Iran is 160-162 so my height is very eye-catching so everywhere that I go you know, they look at me. Okay and I am a bit over weight, I have big bones but I am not that much plumped as you can see, I mean you cannot squeeze me or pinch me, I have medium length blonde hair, big eyes, round face, everything in me is not small, everything in me is ... big, yes large, large eyes, large legs, but I am not sad with it you know, I am confident about it I think it is something that God has given me. I tried to lose weight, I tried to keep fit but, you know I am not fussy about that, when I see that I got fatter I try to drop my weight and I try to look better, some people don't have confidence about their appearance but I am ok with that, when I can't change something why I should kill myself for it, I look the way that God wanted me to be, I look like my father's family, and they are all like this, if some people don't like me it is "their" problem, what should I do; I cannot cut my legs, you know and even when I lose a lot of weight, I still am taller and larger than the others.
- But overall you feel confident about your body and appearance?
- Yes, I don't say I'm perfect, no. I need to lose weight , I need to look better , you know because I can see that for example, when I have a good make-up or when I blow dry my hair, everybody tells me that you have changed, you know, and I think that I have something that I can improve, I see people I see my students , I think they are perfect but they don't have confidence, I didn't used to be like this but Bitas as you

know because a lot of ups and downs in my life I think that you cannot change some things and you have to just accept yourself the way you are and try to be better but don't kill yourself.

- I agree, that's true, would you consider doing any other cosmetic surgeries in your life?
- Yes, I really want to lift my eye-lids, you know as I get older, you know because my aunts had the same problem and it is in our genetics I think, I inherited that. I'm really thinking about having an operation on my eye-lid because I don't want to look grumpy and angry, the reason is that. And every morning when I wake up with no makeup, people would ask, what's wrong with you, have you cried or something like that. So if I want to do another surgery I would definitely do this.
- Imagine that you face a new and challenging situation, how would you deal with your problem
- To be honest, as long as I remember I was always the person who advised other people, so I would never ask my friends because I don't know, but I am in a situation that always other people ask for my advice, because, I was the leader normally I was always the first person among my friends that had dealt with any hard situation, if the situation is related to emotions and stuff I normally solved it myself, but if it is about work or challenge about a job, I will always ask my sister because she has a better job and she is familiar with the rules, for the job I will always ask my sisters, but for challenges in romance and life, I don't say I know everything but I can always handle it, because I have experience and in this age I can handle it, I always handle it myself but sometimes I talk to my friends and ask about their ideas but not that much and I haven't been in a challenging situation recently maybe I had a challenge 2 years ago that yes I talked with my friends and everybody approved me, I don't want this, they said yes you did the best but I don't want to be approved, they just said yes, you did the best, you did the best, nobody gave me any other suggestion maybe, maybe my friends were not as experienced as me, because of this I say if the challenge is financial, or social challenges, I ask my sisters but for other things I myself do it I am not that much into getting a consultation or advice, maybe I have never faced that much challenge in my life, yes when my parents passed away I went to a psychologist and I tried to read books, I tried to ask people and surf the internet about death about

the life after this life, but yes for these kinds of issues I will ask the people, or I read, but no generally I'm not that much into consultation but if the person is giving me some consultation and I believe in that person, I appreciate that and I'm open to that

- Now I am going to show you two pictures one by one and these are the pictures of two women and both of them are about 25-26 , I want you to tell me, what is the first impression that you get from them I mean, what kind of personality do you think they have? This is the first picture:
- Ah, beautiful! I really like these kind of faces, she is very cute and naturally beautiful, she is self-confident and I love her lips, her eyes, she is perfect I like it but I think it is not that much easy to befriend her because she is beautiful and she knows she is beautiful and maybe it is hard to start a relationship with her but for me , no1 because I'm professional in breaking the ice, but I'm sure that after meeting her and talking with her I can make friends with her, but my first impression is that she is very beautiful and she knows it and maybe it is hard to start a relationship with her
- What about her intelligence, I mean what do you think about her intelligence?
- She is not that much intelligent maybe she could be a model but not more than that, no. These kinds of people are not so much into studying or reading, because from the beginning everybody will tell them that you are beautiful and you are good for modeling, and even if she studies she will study something about beauty and modeling, I don't think she is that much genius or smart, she is normal , everything will be average about her, about her knowledge about her life style, then everything will be average about her, maybe she can earn a lot of money by her beauty
- But you like her?
- (with certainty) yeah".
- Now this one(picture 2):
- She looks like one of my friends, she exactly reminded me of her, she is very nice, and she is very kind, she cannot be that much confident, okay? She doesn't talk too much, but she can be a successful person, and if this girl lives in Iran, I don't know about other countries, but she would look for getting attention from men and she does not care how old he is or what he does, she would start a relationship with him, because she is not that much beautiful and she will definitely get a nose job and I'm talking

about the Iranian style, but generally I think that she is very nice, she is kind , she is a well educated person, but again not that much, she is a normal person, average, but for me it is easier to have a relationship with picture 2 rather than 1, number 2 can be shy a bit and she is not very self confident, she does not believe in herself, maybe she is very successful in her job and in her career but she cannot have a successful relationship.

- So which one do you actually prefer for friendship?
- None of them, because I am not either of them, I have a variety of friends in my life, I am very outgoing and very sociable, but none of them are, they can be in a category of my friends but I can be close to neither of them because this person is proud and this person is not very confident and I don't say I am perfect no, but I try to hang out with a person who is the same level as me, because I always think that number 1 wants to look down on people and she (2) is always struggling to prove that she can be the same as you , so none of them
- Ok, is there anything else that you want to add about these two people?
- Well, to be honest , you cannot judge a book by its cover, maybe my judgments were wrong you know one of them looks exactly as one of my friends and I told you everything I knew about her but hey would be my friends to , I would like to met them I would like to go out with them, but none of them can be very close to me because I am sure that they have two different worlds, and to be honest because, I think I am very normal person and with a very normal lifestyle, and a normal job, they, would like to be friends with us. And they will never experience any friendship like us because I know u are a bit like me and they would like to go out with us and make friends with us because I know that they have always been with some other people that were like themselves but we are completely different, we are teachers , we are relaxed, normal, we can break ice, we can face even with hard people and they will like to go out with us , but “we” wouldn't enjoy.
- Anything else?
- No
- Thank you.

Germany (Without Surgery)

Subject 7

Age: 27

Education: Masters

Job: Teacher

- What is your idea about cosmetic surgery?

I think of it I think there some cases that are between cosmetic surgery and plastic for example some people who have problems with social interaction and dealing with other people because of their problems they think they have in their appearance then cosmetic surgery is a good thing because they would have easier lives even though it's just a "cosmetic" thing and it's not a disability or something but when it comes to I don't know maybe to make the lips bigger or something I 'm not sure if it is a good thing for a person to do but I also wouldn't judge it because people may have different motives and different ideas about life. I myself would not do cosmetic surgery because I think it is not necessary, people have different images about beauty than I do, for example having big lips or big eyes that most people find it attractive and it is a social acceptance that society find something attractive. But to me getting cosmetic surgery is a no go, but I can't judge other people, my attitude toward cosmetic surgery is rather a negative one but if other people are doing it I don't want to be judging, but for myself as long as I don't have a real problem in my appearance that can cause isolation I would rather accept myself the way I am rather than getting an operation on my face or body. If there is anything I need to change then I will change it with more natural means. I don't like going under a cut unless it is something absolutely necessary.

- Can you explain more why you are not willing to undergo cosmetic surgery?

I have gotten ideas about cosmetic surgery through the people that I am closed to like my family and my friends , I can say cosmetic surgery is not something that is socially accepted, for example my friends would be really skeptical if I told them that I want to get something done on my appearance, and my parents as well, they would tell me "don't do it, don't do it" probably that is also a big influence on how I think, and on the other hand I am

actually not really a fan of operation in general so I don't like it and it is something that rather scares me and also the pain that I would have after it so I SHOULD ACCEPT THE THINGS THAT ARE NOT PERFECT WITH ME, having cosmetic surgery would go against how I would deal with the problems that I have about my physical appearance. You know I think it is much better to change what you want through a process or at least accept yourself the way you are and tell yourself that this is the way you are and not remove the part you want to change.

- How would you describe your appearance?

I would say I am looking rather German with my blonde hair and green eyes, my nose is rather big but in general I like my face. I wish I had less weight and I wish I was fit and I wish I had black hair and dark eyes, nevertheless I have a positive image of my own, I am confident and I am ok with how I look and for example I lost a lot of weight and did a lot of sports and now I feel confident with my body. There are some days that I don't feel good with my appearance but on the whole I am ok with it.

- Problem solving: which approach do you take?

I focus so much on the problem but I can say a mix between normative and informative but mostly I think I would rely on what other

People tell me to do and I know that this not good, I am currently trying to work on it but I still listen so much to my parents to solve a problem. I would like to see and compare what others would felt like if they were in my situation, I want to compare my situation with others and see if my problem is a normal one and if others have it too or is it just a problem that I encounter then I would probably feel a little insecure about it. That is why I might ask my friends and my family about it, maybe even ask for help depending on the situation.

- About personality (mental health),

I am ok these days with my physical health, but maybe I am a bit stressed sometimes but overall I am doing good and I feel good in my life, right now I think I am already in a place that I imagined I would be when I am 26 years old so I think in society I am doing fine. Depending on the situation I am more of an extroverted person, I mean I can be shy if I don't know the people but if I feel comfortable with them then I would become more outgoing, I am also communicative and I like to talk but I can also be insecure sometimes. I used to have anxiety and not a very good self-confidence, before I lost weight I had a different body image but still sometimes I am shy and have

problems with my self or I over analyze my behaviors , I sometimes like to leave my comfort zone but only with my own limits.

- Would you prefer natural beauty or beauty with cosmetic surgery?

Natural beauty, I think because this is because of the society I grew up in and the standards of beauty I learned in it, and the way it looks at cosmetic surgery for example on TV we have bad examples of women with cosmetic surgery and people often say that they have some problems inside of them, I see it just like the way my society sees it. It is nice to accept yourself the way you are, if I see that something is not real I would ask myself why?

For example fake breasts, I understand if a person does not have any breasts at all but that is really a personal point of view , I cant give reasons because I think it is so subjective

- Two pictures:

I don't know , its really hard to say because I don't like arrogant people, beauty can make people arrogant, even if she is wearing something that tells me she is arrogant I think I would not like her or choose her. +I cannot say which one I would choose it depends on how they express themselves, but if they have same qualification and good behavior , I would choose the beautiful person if no body would judge me, because I think that everyone is empathizing with average one, because I like beauty and when I look at a beautiful face I really enjoy it

Subject 8

Age: 24

Education: B.Sc.

Job: Unemployed (still a student at the university)

- What is your idea about cosmetic surgery?

I think if you really unhappy with yourself and how you look and you think it can enhance your self-worth, it is ok, but I don't like to do it at all myself because I think if I do it then it is not me. I have to tell you that I thought about correcting my nose because my profile does not look very nice but as I grew older I told myself that I don't change it because my nose is part of me, its not like the beauty standards in magazine but its ok because I accept myself.

I am not going to do it because if everybody passes through surgery then we will start looking all alike. That is not nice and I think diversity is much better, being ourselves means that we have all the things exclusively for us and all these make us what we are and on the whole I don't have a very positive attitude toward cosmetic surgery. On the other hand I think that it could be harmful because it can put our health in danger or harm it. Also it could make you look even ugly afterwards, and on the whole it does not look natural! Natural beauty is not perfect it has its beauty in its imperfection for example some little flaws that make you, you. I mean a little imperfection here a little imperfection there but the sum of it is nice. But with this surgery I have this idea of like becoming robot like and everybody looking alike I don't like it.

My first impression of people who do a lot of cosmetic surgery is that they are shallow. Trying to work so much on your outer beauty to look like some image is not nice, if a person want to change then she should start with her inner beauty I mean to change who she is and make that beautiful, and if there is somebody who is trying to look like an idol then I would think she is insecure and not happy with herself, I would not even consider talking to such persons if I don't know them, but if I knew them and I understand that they might be good people then it would be different,. I cannot trust such people very easily actually

- Do you have any other reasons why you would not consider having cosmetic surgery?

Well, I think it is quite expensive as well, if I have this much of money I think I can invest it in better things than surgery but above all, it wouldn't be "me"!

- Personality

I am useful in the society and I am doing what I should do right, I have bigger aims like charity but am on my track, no anxiety. I am having a hard time and I have therapy. I think I am happy now.

- Problem

To me it is 50-50 I mean I like to ask about others people opinion about certain problems to ask what they would do but before that I make up my own decision and then compare, I mean I think about the others inputs my own opinion and out of them I make the final decision. I mean I may actually change my mind after I talked to other people.

- Appearance:

I am quite satisfied with my body I consider myself as a beautiful person. I am good with my face and my body both.

- Two pictures

I prefer the average looking person, because of the halo effect because everybody thinks that beautiful people are more competent and stuff but I think beautiful people, its hard I think I would flip a coin or something because how can a person actually know. I think the average person is more competent, because of the stupid halo effect that u also know about, because I think we actually overestimate people who are beautiful I truly believe that beautiful people are not better than the others. I have this stereotypical thought that very beautiful people are shallow! I mean not shallow but all of the times into looks and not other things, I am a bit suspicious about beautiful people because of the social comparison they always get to hear that they are beautiful, and when you are forming your self and personality all this feedbacks can define the identity I mean these people define themselves by positive feedbacks on their appearance .

Subject 9

Age: 21

Education: Medicine

Job: Unemployed (still a student)

- What is your general idea about cosmetic surgery?

Actually I don't have an opinion because on the one hand it is important if you have victims of fire accidents or anything, I am against cosmetic surgery for beauty enhancement in general but if I would be really unhappy with myself and this way was available for me to make myself happier I think everybody deserves happy in their life and if the one thing is beauty that makes you happy I think it is great that we have the possibility but on the other hand if you think about the amount of money that sector takes, I think you would rather spend it on other people who have greater issues or you can use it to help the labor force or use this money in poorer countries, concerning that I think it is not really useful to have this section in medicine but that is my point of view.

- So if find your nose a little bigger than your standard would you undergo cosmetic surgery?

I don't think I ever do it, because everybody has their own imperfections and of course I am not like everyone completely happy with my body or how I look like or the shape of whatever part of my body still annoys me but in end whenever I look at myself it is me. When I was at my puberty I really thought of what if I could change? I mean my whole appearance but then after a while I thought it was not me, I was born this way and what I look is part of me and I accepted myself as I was. I think on the whole it is such a risky process and I can pay so much less than this money and go on holidays and it will make me feel better.

- Personally

I cannot say how I am , I can say I'm super funny but nobody is laughing at my jokes, but on the whole my personality depends on the mood that I have and the people I am dealing with. I can say that I am mostly extraverted but I can sometimes be introverted too, I like to laugh and make fun of myself. I have sense of humor. I sometimes cannot sleep I have been feeling a little sensitive, I take everything personally and I think about it so much. It makes me a little sad. I keep thinking about comments that people give me. I stress myself out so much party on every Hochzeit! This is me. I am not satisfied fully; I am always expecting

more from myself because I think I could have done more. Desperate to be unique that is what I am. I cannot manage my time very well; I think I can spend more time with my family.

- Problem

I think a combination of all of them because I think I am talking too much sometimes. This problem solving strategy depends on the problem as well. I don't like the fact that I ask for everybody's opinion I think I should wait before I talk to people. SOMETIMES I DON'T TRUST myself and then I ask other people to tell me what they think, and how they see it. If somebody tells me was wrong I will consider my opinion. Normally I solve situations by myself but there were times that I cannot decide because I am actually afraid of the consequence of my decision so I let everything be. There were times that I let destiny decide and in the end I regretted it.

- What do you think about the people who had done a lot of surgeries?

I would judge because it is something that is connected to negative things in my society I know it might not be good to judge by society norms I mean shubladendenken, I would generally think that this person is maybe arrogant or in love with themselves or maybe I will pity them I mean thinking about the person longer and conclude the person is desperate and unhappy with herself and then I will pity her why she does it to herself.

- How do you describe your appearance?

I am okay with my appearance on the whole, depending on the day I may sometimes I avoid the mirror and sometimes I am feeling good in general I AM medium!

- The pictures

I think I will choose the less attractive one just because I read something about this, it said that we normally tend to pick the more attractive ones for jobs or for anything, so I pick the less attractive one because the more attractive one has a lot of chances to get another jobs. But on the first glance I would judge the beautiful one as superficial and arrogant because she is pretty and obviously she knows it, but maybe it is my envy that is talking now¹ about the less attractive one I would just say that she might be friendly because of her smile but other than that I would not think about her that much

- Two options

The guy! Because my parents are still in love and to find your other half is really luck but career you can work on it but finding a really good partner depends only on your luck I think!

Interview 2 (Iran)

Subject 1/ Age: 36/ Marital status: married/ Education: Abitur/Make-up artist

Surgery: Buttocks/breasts

1- What was the strongest drive for you to undergo cosmetic surgery? Did you achieve what you wanted?

2- Why is beauty important?

3- Can "beauty" help women to find a good man or to maintain the relationships?

4- Can beauty bring back the faithfulness of men?

5.- Please order these from the most to least important : Education, money, marriage, beauty, family, health

1. Self-confidence, my breasts were really big and I wanted them to become smaller, and then my buttocks. My buttocks were really small and I wanted them a bit bigger (they actually look pretty huge to me now, need to be mentioned that the subject had so much pain and cannot sit for 20 days, she was at the surgery to change the bandages,) I thought and considered it myself specially my breasts to become smaller were my own idea. When I had breasts surgery after a while I started to question my buttocks and its size that did not fit with my body....

Did anybody tell you that it is better to have cosmetic surgery on your buttocks? No, my friends and family told me not to! My husband also told me not to do surgery on my buttocks, can I say something? My name will not be mentioned right?!(Says it in whisper)

Can I trust you? You won't tell the doctor right?!

No, not at all,

The biggest motivation was my boyfriend (smiling)

Really? How so?

He loves the body of Jennifer Lopez and she has small breasts and big buttocks, that's why I did these two surgeries, he did not like very big and loose breasts like mine, and after we got to know each other he indirectly talked about the size of my breasts and since I did not like them already, I started to think seriously about having the operation and I did it. After that he got really happy, we went to parties more than before, I felt like he was really happy that I had a better body. After awhile I thought that it had become normal again, so I decided to become really like Jennifer Lopez and I did my buttocks surgery. My husband insisted that I should not have done surgery on my buttocks but I really wanted it and did it because I had a much stronger motivation.

What about the confidence?

It was also confidence because I wanted to look perfect for my boyfriend and I actually liked to have a beautiful and sexy body.

Why is a good body so important for you?

To look fit and nice in clothes, to get attention wherever I went and of course for my boyfriend to praise me, all in all I love to have a sexy body and now I have what I wanted and I am pretty happy with it, my self confidence is higher and my boyfriend is happier.

2. Beauty is important because it is appearance, and it is clearly and easily seen and everybody loves a beautiful appearance and beautiful things, it treats the eyes. Nobody escapes from a pretty face or body.

Where are we supposed to get to with a beautiful appearance?

I don't know where, but beauty is nice and I myself, think as long as I am alive I should look pretty, and I would do anything and everything about it.

3. I don't think that beauty can help women to maintain their relationships but maybe it can help them to attract attention and have more potentials to find somebody new, because first impression is really important and normally men like beautiful women, but maintaining relationships is not what beauty can do because after a while couples will get used to each other and will become like sisters and brothers so beauty cannot help to make relationship better.

I think the only way to maintain relationship with a man is to have a good behaviour and to be flexible and being kind otherwise; beauty can be attractive only for a while and then everything becomes very ordinary, there are a lot of beautiful women who have failed in their marriage and I know a lot of them.

4. Beauty cannot bring back the faith of men not at all, my husband cheated on me long before I had the surgery but even after I made my breasts smaller, he kept on doing it and did not even show any interest in my body at all. But my boyfriend shows his interest and appreciates the things I have done to my body even now he always tell me you are my J Lo(Jennifer Lopez)! And I am so happy about it and my self-confidence has become doubled!

How long have you been together?

Two years and a half!

5. Health, family (children) not husband! Money, marriage, education and then beauty. Health is the most important one, without it life has no meaning and man can't enjoy it, family specially children because without them I can't live, money to make things easier and buying what we want even for health. Education to be independent and beauty to have self-confidence.

I am so satisfied with my first operation because my breasts were too big and deformed and now they look like a teenager breasts, and I think that my buttocks will be good as well, I can't judge now but my sister tells me it looks perfect. My self confidence is also higher because before I was shy to wear tight clothes and I had to hide my breasts under a shawl or something but now they look perfect and I can wear what I want. I hope my buttocks will also be what I had expected and I think they will.

Subject 2/ Age: 37/ Marital status: Single mother/ Education: Abitur/Make-up artist

Cosmetic surgery: cheekbones implant and nose job

1- What was the strongest drive for you to undergo cosmetic surgery? Did you achieve what you wanted?

2- Why is beauty important?

3- Can "beauty" help women to find a good man or to maintain the relationships?

4- Can beauty bring back the faithfulness of men?

5.- Please order these from the most to least important : Education, money, marriage, beauty, family, health

1. My strongest motivation was definitely To get more beautiful, I was so thin, and compared to my height (177 cm) I was really thin and it had caused my face to become so bony and skinny, this hurt me a lot and I liked to have a more plump and better and happier face so I did it.

Have you yourself come up with the idea that your face was thin or was it your friends or family's idea?

I had come up with this idea myself but my friends and family as well told me that if I had more plump face and higher cheek bones it would have been much nicer and I would look much better or it would have been much better if I put on some weight to look better in my face but I could not put on weight and Although I tried so much to eat more and take proteins I could not get fat so I decided to undergo cosmetic surgery.

So beauty was the most important motivation?

Yes!

Was there any hidden motivation behind getting more beautiful or not?

No, absolutely not because I was married when I did this surgery and I even had a child and my son was newly born when I was 19 so I decided to do so and I talked to my spouse about it, and he was also happy with my decision, and he told me that I would look so much better. Indeed the reason was as well my spouse's insight. He was a real supporter to having surgery on my cheek bones but for my nose job he kind of put that idea on my brain.

2. Personally I think that whatever is beautiful is good, I enjoy looking at anything or anybody who/which is beautiful and I believe that all people are like that. For example whenever I feel cranky and depressed somehow I normally put on some makeup on my face and brush my hair and generally groom myself, then I look at myself in the mirror and I feel much better

So I think beauty and being beautiful specially is important for everyone because of themselves and feeling good about themselves. So becoming more beautiful is important for me to gain my self-confidence and through the confidence I get from my beauty I can step forward and do other things with more energy.

What about the nose job? How did the idea come to your mind?

I actually did not think about having a nose job , because actually I did not have a problem on my nose and it was not big in my eyes, the only thing that bothered me was the thinness of my face and my and I did something about it but my nose.... my spouse insisted on having a nose job and this was mostly because in his family having a nose job had become really trendy and in vogue so he wanted me to have it as well that's why he told me to do so, but everyone around me specially my mom and my dad told me not to do so , but because of my husband I did it.

3. No, in no case, not at all. I was much younger than now and I believe that cosmetic surgery in any kind look much better in its first years, everything worked better for me in the beginning , my husband was happy , and we had a better relationship because he knew that I did it for him but since I am aggressive and I don't have a generally nice behaviour and specially toward men I am proud therefore, that beauty could not save my relationship or make it better in long term maybe if I had a nicer attitude and was more flexible and kinder to my husband, the beauty that I have would have made me

even prettier, I mean even if I was not beautiful but had a good behaviour I would look pretty, because I have seen people who look even ugly to my opinion and I have thought about them to myself that how is it possible to live with such people (since they don't have nice appearances) I have seen that they have successful lives due to their nice behaviour. Since I was young and naive back then , I thought that beauty was the key to make me happy beside the man that I was with and would bring an ideal life for me but as I aged, I realised that beauty is not even slightly as important as I thought it was in relationships.

4. Beauty will not guarantee men's faithfulness at all, I got divorced because my husband cheated on me, although I even underwent cosmetic surgery for him, and he cheated on me not with someone who looked better than me or anything, but on the contrary she was looked very normal and ordinary compared to me so, beauty won't save any relationship.

I thought my self-confidence would go higher with surgeries but it did not.

So, you did not achieve your aim having cosmetic surgery?

No!

5. Family, Health, education, money, marriage, beauty.

My priorities are based on my experiences in life, for example I did not pursue my studies, and I left my studies after high school and I think that was the biggest mistake in my life . And instead of studying I went after trivial matters such as beauty and appearance, getting more beautiful, fixing my appearance which I think was another big mistake that's why I have put beauty as my last priority. Because of my failed marriage I realised that having a good and supportive family is really important in everybody's life , so it's my first choice, health is of course important, money is important because if it is not there , a lot of things can happen, now that I have seen beauty is not important , my priorities have changed.

- If you could go back in time and you had the same attitude as you have at the moment, would you have done the cosmetic surgeries again?

I would not have done neither of them even my eyebrow tattoo, 'not at all. Because now, being natural has become so important for me. Even if the nose is big I think being natural has something chic and special in it, and I would definitely prefer a natural and average face than a beautiful but operated face, even sometimes in some gatherings that for example we are 5 ladies and all 5 of us had undergone cosmetic surgery but I got so embarrassed to be in among such women, it has actually happened to me! Cosmetic surgery has become so common that I even think every woman is doing it and now to my opinion having cosmetic surgery is really cheap, I would not have done anything to my appearance at all.

Subject 3/ Age: 29/ Marital status: With a partner/ Education: A level/ unemployed

Cosmetic surgery: Earlobe

1- What was the strongest drive for you to undergo cosmetic surgery? Did you achieve what you wanted?

2- Why is beauty important?

3- Can "beauty" help women to find a good man or to maintain the relationships?

4- Can beauty bring back the faithfulness of men?

5.- Please order these from the most to least important : Education, money, marriage, beauty, family, health

1- One ear was not parallel to the other one, I wanted them to look the same so I underwent the operation. 3 weeks ago I did it

Why did you do it? Did it hurt you or something?

No, it did not bother me but whenever I wore an earring it looked weird and everybody would tell me if there was something wrong with my earring and when they looked closely they would realize that the problem was with my ears, and I became sad. It took away my self-confidence and I could not tie my hair up and make my hair the way I wanted because I wanted to hide my ears under my hair. I mostly did it because every body told me about it, otherwise it was important for me.

Who told you about this problem mostly?

The close ones directly told me but the ones that were not that close looked at my ears as if there was something wrong.

What about your parents, did they tell you as well?

This is something that runs in our family, my mom also had it but she had an operation and got it fixed. My granny also has it

- 2- Yes beauty is really important. Because it gives you self-confidence. Beauty is important per se because for example when I look at or talk to a person who is beautiful, I really enjoy it. I mean I prefer to talk to beautiful people than ordinary and average people. I consider myself as a beautiful woman and this beauty has helped me in many cases such as, finding a job, even if in America that I live now, beauty was really important to them and I could use this as an advantage.
- 3- In relationships beauty is really helpful as well, I don't know how much you know men, but in my point of view whenever I am in a relationship I don't like my partner to say that someone is really beautiful, I want to be everything for my partner and I want all his attention on me. I want to be so beautiful for him that he would not look at others but generally , beauty can only help women to 50% in relationships and the other 50% is the personality and the behaviour of the woman. But the more important one is "beauty". Because when you want to start in the beginning you first only see the person's appearance and not his behaviour. Even whenever I dressed up well in my relationships, their behaviour toward me changed. For example in the relationship that I am right now, my boyfriend kept asking me to dye my hair blonde and because of him I dyed my hair blonde and it was the first time in my life that I dyed my hair this colour, since I have done this he had become so happy that he wants to do everything for me, and as a joke when I CAME TO Iran I told him that I had again dyed my hair black again, he got so mad and told me not to go back and he got really sad!

Why do you think it is this important for him?

Because men only see the appearance, and what they see is what they believe, I think their judgment is based only by the appearance of woman. I mean Iranian men, and it does not matter, which country they live in , I think Iranian men are always like this.

- 4- For keeping the relationship appearance is not very important because after a while it becomes habituated and partners get used to each other's appearance and then the behaviour becomes more important after a while. Beauty cannot guarantee a man's faithfulness at all.

- 5- Family, money, education, health, beauty, marriage. I put money before health because if you have money you can also be healthy. Marriage is also important, but not that much, I mean I prefer to be single than to be somebody who would take away my peace.

Subject 4/ Age: 32/ Marital status: With a partner/ Education: MSc

Surgery: Lip augmentation

- 1- What was the strongest drive for you to undergo cosmetic surgery? Did you achieve what you wanted?
- 2- Why is beauty important?
- 3- Can "beauty" help women to find a good man or to maintain the relationships?
- 4- Can beauty bring back the faithfulness of men?
- 5.- Please order these from the most to least important : Education, money, marriage, beauty, family, health

1. I think I wanted to enhance my self-confidence (in my appearance)...And did you get what you were looking for? Not generally but for myself when I looked at the part that I did surgery I felt happy, but the self-confidence in public with other people , I mean to feel comfortable around people because of believing in myself did not enhance, and this was the main reason I did it. It only helped me when I looked at that part in the mirror and felt that part has become beautiful. Well, as I told you I really like to look at my lips in the mirror but I have heard it from people here in Iran and in Austria as well that they come and complement me on my lips and I really like it so much when they say it. It gives me a kind of self-satisfaction. Of course it would be much lovelier if people would complement you on your inner beauty as well but when they see you for the first time how can they complement on your inner beauty?
2. 100% beauty is very important. But only if the inside and outside are both beautiful. I think for ladies beauty can be necessary for first impression and also attracting attention, a lot of my friends around me had done this to have a better marriage for example there are some people who even save their money to pay for these operations to get married to a man that has a better financial situation, I have not done it because

of this reason but what I have heard from my friends that tell me they do it normally for finding better choices to get married-.

3. I think finally women who work so hard on their appearance finally will be able to find men who are a bit older but financially in a good situation. Because men in our country are only looking for outer beauty specially the ones who are a bit older for example over 45 or 50. My father has a friend and he is about 50 , he had a beautiful wife but with a little difference in age, after he got divorced I have heard that he has 4 beautiful, young girlfriends around 25 years old. And to get credit from the public he takes his girlfriends to parties to show other people that although he is 50 but still he can have beautiful young girl around him. For elderly men this is so important to have a young, beautiful wife or girlfriend.
4. No, because if beauty was able to keep men faithful then all beautiful women would have never been cheated on. Beauty can only be effective in the beginning to help us find a man with a good situation, but in the long term, it cannot help any relationship by itself.
5. Health, family, education, beauty, marriage, money.

Health is the most important without which nothing is nice, family can give you well-being and real happiness and support, , beauty and education can be close to each other, and help women, for example when you hear that a woman has very high education and is really successful in life, I normally think of a woman with thick glasses and a very ordinary appearance and I normally picture these women as not very attractive at all. But if someone has a beautiful appearance and also high in education and by high education I mean a person who has her own ideology and insight that person seems much more attractive than just a beautiful face. Marriage is important because every person would like to have a partner in her life; money is for me the least important, materials is not important probably because i always had whatever I wanted.

I would like to say that cosmetic surgery is a good thing all in all, but the bad thing or bad consequence that it brings is that a person might get used to or even addicted to do cosmetic procedures. For example I myself thought that I would only go for my lips but the second time I started to pay attention to my smiling lines and decided to fill them with jell fillers third time I went for cheek implants. And I got used to it, I also have friends who did breast implants, and they redid it even 3 times, for example they did the surgery again because the two breasts were not parallel or for example they wanted them bigger or even sometimes the breast become sagging after a while, consequently the main problem that cosmetic surgery might bring is habituation and consequently getting addicted to such procedures.

Otherwise I can't say cosmetic surgery is negative and on the contrary I think it is a positive incident but in a case that it is necessary, maybe Iranian women are becoming too extreme about having cosmetic surgery. For example for a person who has a real problem from her birth or might have injured a part in an accident or burning problems, cosmetic surgery can actually help them to have their normal life. As a person who has been living in Austria for 14 years I think that neither us nor Austrian women are doing the right thing, I personally think that both of us (Austrian and Iranian women) are extremists, for example to my eyes I also don't like it for a woman to go to her work without even brushing her hair or picking her eyebrows or upper lip hair, even I cannot feel good about what I am doing if I go to work very untidy, but if I go to work well-dressed and tidy, I can feel that can even work much better. But I also don't like it when women in Iran go to work with so much make up or over dressed to go out and buy something at the market for example I think somewhere in between would be better, also paying so much money to undergo cosmetic surgery although the person might use that money for other more important reasons just seems stupid, and I know some people who even borrow money from others to do so.

- Two options

I would definitely choose the man, the reason is that education and money cannot bring happiness, I want to be happy in my life and I already have the money and education, I have also been a lot of relationships but I would say a good relationship is the only thing that can make me feel happy.

Subject 5/ Age: 34/ Marital status: Single/ Education: A level/ Kinder garden trainer

Surgery: 1st on the nose & 2nd on the chin

1- What was the strongest drive and motivation for you to undergo cosmetic surgery? Did you get what you wanted?

2- Why is beauty important?

3- Can "beauty" help women to find a good man or to maintain the relationships?

4- Can beauty bring back the faithfulness of men?

5 - Please order these from the most to least important: Education, money, marriage, beauty, family, and health

First time I had operation was 12 years ago (she remembers the exact day and month), she was 23 back then,

1. I really liked it back then and I thought it would look really good, (who put this idea on your mind?) nobody, it was my own deduction that if I do so I would look really pretty, I thought I would look prettier and as a consequence become happier, nobody encouraged me to do so, it was just me who decided to do so, my biggest motivation was to look more beautiful. Getting a nose job was really a dream for me and I loved it very much that I did even the littlest things to get it, although my parents were 100% against it and they did not pay for it, I saved my money for 3 years to get it. I did not think about what might happen after getting this surgery, as I told you it was my biggest desire. After I did it, I was so happy and my self-confidence increased so much but after a couple of years it became so normal and ordinary for me I mean my new nose became a part of me that I got used to. In the beginning it was so interesting but after a while I even forgot that I had done such a thing.

(What made you think about undergoing the second surgery?) ... Aha (pause) , I thought something was missing. Seriously I thought something was missing in my chin area, and I did it 3 years after my nose surgery (again she mentions the exact date) this operation was actually needed, I think my parents were careless because they could have prevented the problem by taking me to a dentist for orthodontia but

they did not and my chin got deformed, but as you know at that time families did not care about their children as they do now, and this problem of my chin could have been solved by being taken to a dentist. Number of children and so on..., I went to a doctor and he told me that I had two ways, one was to get operation on my jaw or to implant a silicon in my chin to bring it a little to the front., this was already on my mind since a long time ago I mean whenever I looked at myself in the mirror it attracted my attention, it was even before I had my nose job and after some years of my nose job I decide to do something about my jaw. Honestly I knew already that I had problem in my chin but after I did my nose job I paid more attention to the problem of my chin and thought now that the nose is fixed maybe I'd better fix this one too. Because the distance between my lips and my nose became more and this fact made me to pay even more attention to my chin. I really liked getting compliments that I heard from people it made me feel better deep inside , (might the feedbacks have been a motivation for you to go for your second surgery ?) yes, yes, it could have been another motivation to do so. But if I could analyse things now the way I did before, I would have never done any of them because the things that used to be my desires and aims have no value in my life right now. There are many more important things than beauty and the outer attractiveness.

2. That time I thought beauty was good because everybody just loves it, beauty is good perse. Back then I had no experience and I was not in society and was so naive, I was close minded and I thought if a person was more beautiful was definitely more desired by others as well THOUGHT and would probably have better situation in the society and be more successful but now I disagree with my opinion because I think if my behaviour is not good then my beauty cannot be that effective, I think my personality my attitude and the way I behave can give positive feelings to the other people and I can get good feedbacks from others with what I do and the way I behave. But back then I had no experience so beauty was very important for me , but now other things inside me are important than beauty. I am really happy about this because I have finally found the self-confidence I was looking for, and I am satisfied..
3. Not at all, I am sorry for myself, because I thought this way, this beauty maybe helpful for a couple of months and tops for a year but after a year or so , beauty cannot help at

all after a while. And the reason I thought this way was only because I did not have any experience,

4. Laughing bitterly, not at all. It cannot also guarantee men's faithfulness, and cannot fix anything, but there are a lot of women that have put themselves under the cut because they thought that cosmetic surgery could bring back their partners' attention or faithfulness and I know some of them., but I also know that the husband had not even noticed the change and had kept on cheating on the wife and ignoring the wife even after the surgery, (my cousin is one of these poor women) but not everybody can reach this attitude, it needs self-reflection to reach to the point that beauty is trivial and not a priority and some people never realise this. I still can't judge the people who are always after reconstructing their appearance, it takes an insight to realise more important things in life.
5. Health, family, money, education, marriage and beauty. But if you had given me this list to order it according to my priorities 10 years ago I would have definitely put beauty at first. But now i know that health is the most important part and of course nothing can replace the family who supports you and gives you love and care... it took me 12 years to realise it and I believe that most of the cosmetic surgeries take place when women are around 18-19 to 25 or something. Personally I think the reason behind it is because the situation for women in our country changes all of a sudden and they enter a bigger and unisex environment so they want to attract attention and look good that's why they start to seek cosmetic surgeries because a lot of women like me would think that nobody sees them if they do not look attractive. But I am mostly talking about the way I felt and my feelings and I can't actually generalize it.
6. I think lack of self-confidence and not believing in oneself is the main reason to go under the cut having the illusion that self-confidence will be given to them as a reward after surgery, but as I said that is just an illusion. And once you do it you want to do the second or the third one and after doing several surgeries you will see that nothing inside you have changed. I myself thought that I would gain self-confidence but I did not. I felt so empty inside and after doing it I even felt emptier, I gained self-confidence when I dedicated myself to my job, and my career when I realised that I had inner abilities and that I could do a lot of important and vital things at my job, I still say that beauty is good and everyone simply likes beauty but this beauty can be

easily get habituated to one's eyes and what is important is the inner beauty the reality of one's existence is important that can take individuals to better places.

7. – two options

I would like to have both, but the man if he is not poor I think I would choose the man if he can support me financially although I am independent myself, I am not going after love but this is not enough, if am getting married I would get married but logically. The money is of course good and the career but in the end every woman is supposed to have partner and I think I would choose the partner because I can make money anytime I want. But again I repeat if the man is poor I would prefer to be single but independent.

Subject 6/ Age: 38/ Marital status: Divorced/ Education: High school/ single mom

Surgery: lipo suction (a year ago)

1- What was the strongest drive for you to undergo cosmetic surgery? Did you get what you were looking for after it? Did you achieve what you wanted?

2- Why is beauty important?

3- Can "beauty" help women to find a good man or to maintain the relationships?

4- Can beauty bring back the faithfulness of men?

5.- Please order these from the most to least important : Education, money, marriage, beauty, family, health

1. I did surgery to become slim in order that my husband likes me. I did not achieve my real aim for undergoing cosmetic surgery. The main reason was to attract my husband's attention because I had lost his attention but also becoming slim and increasing my self-confidence was the main reason. I actually feel like my self-confidence has increased but I failed to achieve the main thing that I was looking for. I loved my husband and i wanted him to love me back. I thought he would like after my surgery because he does not like fat women. He always nagged at me that why I have gained so much weight! But surprisingly he did not even complement on my body after the surgery. Even before the surgery he did not either say yes or no, he just told me "if you think this surgery would make you happy then do it" and he paid for my surgery.
2. I think beauty is 50% important in human relationships, because if somebody has outer beauty then it will help him/her to have more confidence and attract more attention. If a person has self-confidence he can be successful in anything, I mean if a confident person wants to do something she will have no doubt about it and she tells herself that whatever the task or work is , I can do it and can handle all the problems. And I think that beautiful and attractive people have this confidence inside, that's why I did this surgery to look attractive. And frankly my self-confidence increased when I did it, I could see that my body looked much better in the clothes that I wear and for

example whenever I wanted to go shopping , I could easily pick the clothes that I never thought would suit me once.

3. Beauty cannot help women in finding a good and ideal man, behaviour can. Beauty is just a temporary thing and what can help women find a good man or maintain their relationship is just the way they act and their behaviour. I know it is just the behaviour that can keep relationships but I did it because I thought that maybe the reason that Hamid (her husband) had not touched me for four years was because of my fat belly! I wanted to show him that I can also have a slim body so that he would touch me once again. I wanted the others to praise my perfect body so that he would notice me again.
4. I don't know if beauty can help at all or not, it did not help me in my relationship with my husband and although I went under the cut to make my relationship better it did not work out and I got really disappointed so I asked for divorce after 6 months of my surgery and as you know we are divorced now.
5. Education, health, family, marriage, beauty and money. I think education is the most important thing because if a person specially a woman is well-educated she can also find a good job and become independent and hence have a high self-confidence and she does not need outer beauty that much to be happy or successful, and she would not need anyone and her social position will be high in society and she can get the attention inside society by being active and useful. Health must be there to help us achieve this education of course. Family is good to support you, a good marriage is helpful to make you happier, beauty can help you to be satisfied with yourself when you look inside the mirror and money is good to facilitate life.

On the whole I think the main reason for me and others like my friends to undergo cosmetic surgery is to attract attention of others, and also a mad competition, they want to look good in eyes of everyone and to be praised all the time, some want to get more beautiful than their friends, or this competition I mean, doing this surgery because a friend has done it and they think if they do not do it they have lost battlefield, my friend did it so I should do it too. I thought I had gain back my husband's attention because I think I am nothing by myself and my identity is somehow defined by having a man beside me. And all this is because of lacking self-confidence and different complexes, I am not satisfied anymore with my surgery

because when I realised that it did not have any effect I again started to over eat like before.

- Two options:

I would choose the first one because I prefer to be single, independent and socially successful than to be successful in my romantic life , because I tried my best for the relationship I had and finally I got divorced with two kids and I am still dependent on my ex-husband's support, if I could back in time I would choose to educate myself and find a good job than to get married and raise children , whether my husband likes me or not.

Subject 7/ Age: 21/ Marital status: single/ Education: BSc student/ Network manager

Surgery: Nose

Why did you have this operation/ your motivation?

My nose was so big on my face it was not matching my face, everyone told me it was ok on my face in my family but the feeling I had myself was not like this. When I looked at myself, I did not like it since I was 15 I knew my nose was big. Back then I decided to do it but my mom did not let me do it because I was so young, she told me to wait after my university entrance exam, after I got 18.

,my mom was almost ok but my dad was not ok at all because I once did surgery on my tooth when I was a child and I was 3 I had anesthetic and I did not become conscious easily and my father was scared of this that's why totally disagreed. He said that he did not want anesthetic or any chemicals on me, I was a little annoyed by this.

I actually got my surgery when I was 19, my mom died and I insisted to my father to get this operation till he finally agreed after my effort to persuade him. The most important motivation was 100% to become more beautiful, and from this beauty I enjoyed a lot that I was more beautiful and I really like it too to get some operation on my cheeks, I like beauty so much, I did not for anything or anybody but because I want it, it gives a self-confidence. This beauty gives a big self-confidence,

Ever since I had this surgery I feel very confident, for example, I could not talk much or blend in some groups a lot but this operation gave me a lot of self-confidence that I can actually feel the change it had brought to my life now I can participate in the discussions.

- Why?

It had happened to me several times before surgery, whatever I said they told me that “you get your nose job first and then you can talk”! my friends told me , if there was a group with boys they told me a lot to get a surgery, they made fun of me and I felt very hurt and bad, till some time I did not even stand in such a way that my profile would be shown . I did not even drive a car because my nose was clearly seen while driving and I did not want to be seen because I was scared that someone might give me an ugly complement on my nose. My nose was not nice at all. I heard them at university, when I DRANK TEA THEY TOLD ME 2 BE

CAREFUL THAT YOUR NOSE DOES NOT GO IN THE TEA; my self-confidence was so low!

So I reached what I wanted, those people are now treating me normally they would still sometimes remind me of my nose but now whatever they say is not important because I have what I wanted which is beauty. Now whatever they say I can answer them back, but back then I could not say anything about my nose because it was really ugly.

- Is beauty important?

For a woman yes it is, it's the woman and her beauty! May 'be they say that God has created the woman so delicate and pretty and God had seen something else like beauty in women, this beauty for woman is God created and beauty is not just the nose each woman has her own beauty,

This beauty is important because they want to be like their peers for a lot of women it is like a competition, if they see somebody had surgery and looks more beautiful they would do the same does not matter where this surgery is, on the nose or lips or anything, they do not thing about the consequences they just want to compete with peers.

- Can beauty help to find a good partner?

Yes it can, men are only after beauty they care about attraction so much, if a woman is prettier they will go after her, I even know a man propose to the pretty sister although he wanted to propose to the other sister! The pretty sister had a lot of surgeries and was totally changed but her sister is against surgery although she has the money but she does not like it! In the proposal ceremony the man liked her sister instead!

- For maintaining relationships?

100% it is important, it happened to me! I was with a boy for 2 years and I did not have surgery back then, we were together, but after our breakup, he saw my picture on facebook after surgery and he called me to get back with each other again! He told me that I looked pretty and he asked me back! He also used to tell me to get a surgery when we were together.

Did his opinion have any effect on making this decision? No it was more my friends , I also used to tell them that I definitely needed a nose job and I agreed with them a lot because I did not have any self-confidence.

Would you undergo cosmetic surgery if you had the same self-confidence back then?

No I would not! Because I was in a hurry to get this surgery so I did not search for a very good doctor, I just went to a doctor to get this operation as soon as possible, I think I could have get a better result if I had not hurried.

- Men's faithfulness?

To some extent yes! It depends on the man, some men might cheat because of their wife's ugly body, but some men just cheat and they don't care about their appearance. I would not want to be with a man who cares about appearance but all men only think about beauty.

- Health, beauty, marriage, family, education, money,

Marriage is important because a woman must live with another man, I prefer to live with a man than with my family. Education is not very important for women I guess, because the situation here is not the way that education cannot help to succeed, I think a good career is more important than education but career comes after marriage, life is more important I mean a relationship is more important than jobs

- You have a good career with good income, and a good man which one you choose?

It is hard! Is the man rich?

No, his financial status is normal!

I would choose the man and the relationship, because it's my life, a woman is completed only with a man! But I should say that all women are not like this! Some might say that career and education is much more important. I think most women think like me , I don't say 90% but at least 70% think like me , I say it cause I see my friends and peers.

Subject 8/ Age: 20/ Marital status: With a partner/ Education: BSc student/ Part time teacher

1 Cosmetic surgery (nose job)

- What was your strongest motivation to undergo cosmetic surgery? (nose job)

It was big and it had broken once. I thought I would do the surgery to make it look better.

What becomes better?

- My appearance, I wanted it to improve.
- What made you think about enhancing your appearance?
- It was big and I wanted to make it small to look better, to whomever I MENTIONED MY INTENTION TO DO the surgery, they encouraged me, I told my friends about the surgery and they told me to do it.
- What about your family?
- My family totally disagreed but finally I convinced them.
- Since when you decided to have surgery on your nose?
- Since it got broken, this was 2 years ago. I was about 17, my nose broke it became curvy and bigger and it became deformed, ever since then I told myself that I SHOULD DO THIS SURGERY.
- Was there any other factor which encouraged you to do this surgery?
- It was to get more self-confidence that actually raised ever since. For example I did not take pictures from every angle I was always conscious not to take pictures from my full face or my profile. I did my surgery when I WAS At my 3rd Semester.
- How did you feel at university after and before your surgery?
- I feel better, I have more self-confidence. Others behavior did not change toward me but they only told me that I looked much better and pretty. Another thing was my boyfriend, he also had nose job and I was actually a little scared to go under the cut, but he always encouraged me to undergo the surgery and told me that there is nothing to fear! He told me that I would look much better after the surgery, I asked him if I looked ugly without the surgery and he told me no, but you will look more beautiful than now. He was one of the main reasons that I finally did it because I was too scared to do so. I WOULD STILL

do it but he was really influential to 40%. When I told my boyfriend that I wanted to undergo this surgery, he even introduced his doctor to me. He told me that I would not regret it.

- Did you get what you wanted?
- Yes, it became what I wanted, for example when somebody talked to me , I tried to look at that person from a specific angle to hide the flaw in my nose, I never let anybody see my profile whenever I talked to a person especially since the broken part of my nose became very obvious.
- Do you think that “beauty” is important?

Yes, it is important. Because beauty means being pretty in appearance and for women specially their appearance has influence on almost everything, for example for people to like you the first thing that they see is your appearance, even in work place I mean. Everywhere because the first thing that everybody sees is your appearance not your behavior. Appearance is the first thing to be noticed that’s why it should always be in its best look.

The first step to begin a relationship is appearance. Appearance is important in everything even work as I said, I work at an English institute, the days that I don’t wear make-up on are different from the days that I WEAR IT; CHILDREN Behave differently or even look differently at me. (false perception something inner causes this to perceive the environment in this way)

- Can beauty help women to find an appropriate man?

It can but it is not the only thing actually, it is not right to say that since a woman is pretty she can find a better partner, no it’s not like that , it cannot also help in maintaining relationships. Beauty can only be attractive in the first couple of months then come more important things such as having things in common or understanding.

- How important it is for a woman to have a good relationship?

It has been really effective in my own life, generally it can make me feel better in times of anxiety and I feel supported. But overall it is better for a woman to have a relationship. It is also possible to be single and happy but it is better to have somebody beside you.

- Loyalty? Bring back the unfaithful husband?

It depends on the reason why the man left her, if it was because of her behavior or her appearance, I think the appearance is something that the man had seen before he starts cheating, so probably the reason is not because of appearance and it is not effective to undergo surgery for this reason.

Unfortunately these days most young men care more about the beauty of women and it is not good at all because there are other more important things other than beauty. It actually hurts me to see that a man likes me or other women just because the woman is pretty , this is really embarrassing and annoying.

- family, marriage, education, beauty, money

I think if a woman has a good and supportive family, they would also first choose family among all these factors it depends on what a woman has seen in her life. Then comes marriage because getting married to a person who you love, can make a new family for you

- If I put education & career in one side and a good marriage on the other side which one you choose?

Personally I would choose marriage, because you can educate yourself after marriage as well. After a certain amount of age you would not have the same opportunities to get married.

I would definitely choose the man, because I like him maybe I can find a good job, later but I might not be able to find another person like him.

Subject 9/ Age: 22/ Marital status: Engaged/ Education: BSc Student

Only Nose job

- Why did you do it at all?

Because I wanted my nose to be pretty, I had a flaw in my Nose from my Profile and I wanted to fix it. I liked my nose get pretty, whenever I saw a person with a nice nose profile I wished it for myself too.

- Since when did this idea come to your mind?

A year ago, it was too much, the nose job had become very popular and all my friends did it and they got much more beautiful, and I could actually see that they changed and got prettier and their noses became really nice too. I first did not want to undergo cosmetic surgery but after seeing my friends I decided to do it as well. I was first very scared of surgery but after all my friends did this it, my nose was going on my nerves and finally I decided to undergo the surgery.

Nobody told me anything but it was important for me, I just wanted to get prettier, but this surgery did not have any effect on my life.

- What did u expect?

I wanted to look good in the pictures I took, in any angle, and now I have what I looked for, and that need is now fulfilled. I really do not care about what other people say to me, really! Now I feel comfortable with my new nose! I am really happy that I did this surgery. It did not have any effect on my life but for looking good in the photos my profile was important and that's all.

- Why IS Beauty IMPORTANT?

Because when you see a person in the first impression, first you get attracted to her beauty and appearance, I think it is important and for me it is something really necessary, if somebody does not look good in my eyes I might not even talk to that person.

On the other hand beauty is really important for women to have it. I think it is important for all women, look at the beauty salons for example! They are always full. It's hard to say; mmm for example if you see a person who does not have a good appearance will you talk to

him/her? She answered this question herself: "No!" Beauty is important to look better to be judged by people in a better way.

- Can beauty help women to find a good man?

It can help of course but there are other things too. In the beginning it's really important but in the long term behavior is important, beauty of course has a strong effect in the beginning but for the duration of the relationship is not important.

Men are also after beauty because if they have choices of different girls, they will definitely pick the prettier ones.

I think beauty is important to have a relationship, I mean in order to be in a relationship the first step is to find a man and to be pretty increases the chances, because in my opinion a woman must have a relationship, because having a relationship is a need and it can help woman to know and understand the human relation and communication better. I think a successful woman is woman who has a good husband, because money and education is not everything, a woman can be successful next to her husband and improve herself better if she has a good companion and the thing is that when a woman is single and has money and a good position in society, everyone will get close to her because of her situation and it is not good.

Can Cosmetic Surgery bring back the faithfulness of men?

It may have effect on the self-confidence of the woman but if a man is cheating it does not matter how a woman looks like. Cheating is in his nature and that's the way it is.

But if my husband asked me to do a surgery, I think I would do it because I want to make him happy and save my relationship. Because what he says is important for me, and I don't want him to look at other women who own the quality that he likes for example big breasts.

Education, Family, marriage, money, beauty

Family, money, beauty, education-marriage or vice versa, beauty is important it is very important.

- Are you willing to quit your education but become so beautiful?

Beauty comes before education because I want to look pretty in order to have the self-confidence and then I can pursue my studies better, beauty really increases my self-confidence if you are really pretty even your professor will give you better marks, I think beauty can do anything.

Subject 10/ Age: 22/ Marital status: Engaged/ Education: High school/ Unemployed

Surgery: Nose, lips

- What was the strongest motivation to do your (Nose Job)?

I did it to look more beautiful, my nose was super big and fat and it had a bad effect on my appearance. I did the nose surgery to make my nose look normal I did not do it to look like a doll or something, some people do it for that but my nose looks really natural and normal but I did it so that my face looks beautiful, I looked so ugly with my previous nose that I could not handle it anymore.

I felt really bad and ugly back then so I put a lot of make up to help me look more beautiful or to hide my big fat nose, now that I have done these surgeries I feel much better for example I don't wear make-up sometimes, my self-confidence had really increased after my surgery.

- Did you have a good self-confidence before the surgery?

No, not at all, I had a very ugly nose, not only I had problems with taking photos but also there were more important things that bothered me, such as being laughed at I mean there were a lot of people who made fun of my nose and laughed, even my friends and some of my relatives and members of family.

- How about your husband?

No he is actually against any change in my face and appearance, he says it is better to look natural and when I did my lips we had a fight!

- Finally did you achieve what you wanted?

Yes so much, I am now able to communicate with others easily and I talk to people without being embarrassed of my nose. I also get a lot of feedbacks from my friends and everybody who knew me, they tell me that I look so beautiful now, and it gives me a very good feeling you know. But back then I was shy because of my appearance and I thought that nobody even looked at me. People are simply nicer to me now and it helps a lot to have more self-confidence

- Since when you had the idea of having a nose job?

I think it was since I was only 12 years old, I could not wait for having the surgery and I did it right after my 18th birthday. My parents had different ideas about it, my mom was almost ok but my father disagreed because he was worried that I would have breathing problems after the surgery.

- Do you think beauty is important?

Yes a lot! It has a lot of effect in self-confidence, personally for me it was really effective, I always want to be beautiful , I always want to look pretty for people around me especially for my husband, I want to look pretty in every aspect of appearance, it is really important for me. The way other people look at me really matters to me. But also I like to look pretty for myself I mean when I put on make-up and I look at myself I really like it

- What was your motivation to do your lips?

When I had a nose job, the distance between my lips and my nose got more and this distance did not look good, I did not do my lips in such a way that they look unnatural or something I just did them just because I wanted to fill the distance.

- CAN BEAUTY HELP WOMEN TO FIND A GOOD MAN IN THEIR LIVES OR TO KEEP THEIR REALTIONSHPIS?

For men of this (our) generation this is so true., for few men this might not be true, I think there are still some men who care about the woman herself, but now a for lot of men especially in Iran “beauty” is the main criterion rather than other things such as personality or something

- Do you think it is a good thing?

No its not! It’s really bad because beauty is just a temporary thing and people will get habituated to it after a while. Men don’t think this way; they see only the surface so beauty cannot help woman to find a good man because if a man cares about the beauty so much he can run after some other more attractive woman in future. Beauty cannot help to have a “good” man it’s only good if women do it for themselves. I think if the criterion is beauty , the marital life will not last, I myself got married before I had my nose job, my husband married me because he liked who I am not my beauty.

I think having a “good” partner is really important in life, for me as a woman was really important

- What do you define as success for a woman?

I think education and a good career are as important as having a good relationship. I think professional success is really helpful because if a woman gets divorced she still can be independent and live her life. I really think that education and career is more important than having a relationship

- Bringing back the faithfulness?

No, I think if a man really loves a woman he would never cheat on her wife, no matter what. If a man cheats its only because he is bad himself, does not matter how beautiful or not ugly the woman is , if the woman tries her best to look even like Venus , the cheater will not love her.

If your husband asks you to undergo a surgery would you do it for him?

No, I would do any surgeries only if “I” want it not because my man asks me to do so, my body is mine so I would do what I want about it not what he wants, if anybody wants me they should want me the way I am

- Education, family, marriage, beauty, money

In my opinion first comes “the family” and then comes the “education”, beauty, marriage, money

Family can be very important the family means everything, I think if a woman is educated then beauty does not matter very much but if there is no education and good career then its better that she is beautiful, Although I have done the cosmetic surgery I still think that natural beauty is much better than the beauty that is achieved. And more important is to say that I think the girls who do everything to have a doll face I think it is not a beautiful thing at all, I must say that if my nose was not that ugly in my face I would have never undergone cosmetic surgery, all those anesthetics are very harmful for the body .

Germany with Cosmetic Surgery

It should be mentioned that the interviews (interview 1 & 2) with German women with cosmetic surgery are combined since only 4 participants could be found to co-operate with

Subject 11/ Age: 26/ Marital status: Single/ Education: Abitur/Make-up artist

Surgery: Nose

A: Die erste Frage ist (diese meine ich generell): Was denkst du über Schönheitsoperationen?

B: Ähm, ja. Ich habe nichts dagegen, aber das muss auch nicht sein.

A: Ach so. Kannst du mir sagen, warum du so denkst?

B: Warum ich so denke... Ja, also wenn man irgendwas an sich hat, was man nicht mag, oder was einen stört und einen so belastet und es die Möglichkeit gibt, das irgendwie zu ändern, finde ich das jetzt nicht schlimm, wenn man die Möglichkeit nutzt. Wenn man keinen Drang verspürt das zu ändern, dann ist das auch ok. Dann muss man auch keine Schönheits-OP machen.

A: Darf ich fragen, warum du das gemacht hast?

B: Warum ich das gemacht habe? Ok. Ich hatte gesundheitliche Probleme mit der Nase halt und mit der Atmung und irgendwann nach zwei Jahren ist der zweite Arzt dann auch zu dem Entschluss gekommen: „Vielleicht sollte ich das mit der OP mal machen.“ Und wo es halt feststand, dass ich das mache, hat auch eine Freundin von sich erzählt, dass sie einen guten Arzt kennt, wo sie auch das gleiche Problem hatte und sie sich auch ein bisschen verändern lassen hat, weil er halt beides machen kann. Das schönheitliche und das gesundheitliche. Und dann dachte ich: Gut, Ok, wenn ich schon operiert werden muss, dann nutze ich die Gelegenheit, um... Ich lasse meine Nase auch ein bisschen verändern.

A: Ach so.

B: Genau und dann habe ich das halt auch dann gemacht.

A: Aha. Und darf ich fragen, warum du diesen Gedanken hattest? Ich meine: Warum hast du gedacht, das du deine Nase ein bisschen kleiner machen musst?

- B: Ähm, weil ich von der Seite meine Nase nicht so mochte.
- A: Ach so. Ok. Wolltest du vielleicht schöner werden, oder selbstbewusst?
- B: Nicht unbedingt ich, sondern nur die Nase, weil der Rest passt mir.
 Ich habe immer nur gedacht: „Ja, hier so ein bisschen, weil von der Seite ist das so ein bisschen... sieht das nicht so schön aus.“ Ich hatte so einen kleinen Huckel auf der Nase und naja und wo ich dann gewusst habe, dass ich operiert werden muss, dann habe ich das auch genau... also das auch zusammen machen lassen, weil im Endeffekt sieht das ja... Ich bin auf dem OP-Tisch, ich werde eh operiert. Da werden die gleichen Sachen gemacht, wie bei einer Schönheits-OP. Also wenn ich da schon außen auf geschnitten bin, so gesehen, dann lasse ich das auch machen, aber wenn das nicht so wäre, dann hätte ich das auch gar nicht gemacht.
 Erstens wegen dem Geld, weil es zu teuer wäre ohne den Teil, den die Krankenkasse übernimmt für den gesundheitlichen Teil. Und ich glaube nur aus diesem Grund hätte ich das nicht durchgezogen. Aber so habe ich das zusammen gemacht.
- A: Ach so. Aber vielleicht hattest du in deinem Kopf die Idee, die Nase kleiner zu machen. Ach so. Ok. Kannst du bitte deine Persönlichkeit beschreiben? Ich meine nicht, dass du erzählst, wie du bist, oder so. Ich meine zum Beispiel: Hast du vielleicht kürzlich viel Angst oder, ich weiß nicht, Stress, oder so?
- B: Jetzt in der letzten Zeit? Also die letzte Zeit heißt so: Einen Monat, zwei?
- A: Ja genau. Ein, zwei Monate.
- B: Ne. Nicht unbedingt. Nicht wirklich. Das war ja auch jetzt nach der OP. Vor der OP: Vielleicht war ich ein bisschen aufgeregt. Man hat sich halt Gedanken gemacht -das alles gut geht-.
 Aber Stress nicht wirklich.
- A: Ok. Und darf ich fragen, wann du deine Schönheitsoperation gemacht hast?
- B: Die ist jetzt circa eineinhalb Monate her. Jetzt ab Samstag erst.
- A: Eineinhalb Monate?
- B: Genau. Oder schon (?)?
- A: Ah. Das ist ja nicht lange her. Ach so, na gut, dann Glückwunsch an dich.
- B: Danke.

- A: Na gut. Und hast du vielleicht kürzlich , diesem Monat, oder diesen zwei Monaten, ein bisschen körperliche Probleme gehabt? Ich meine zum Beispiel... [...] „Ich habe Kopfschmerzen, oder Nackenschmerzen“, oder so?
- B: Ok. Ja. Sowas eher nicht, aber halt, dass ich nicht gut atmen konnte.
- A: Ach so.
- B: Das war immer...
- A: Aber jetzt?
- B: Ja, jetzt ist das halt auf jeden Fall besser, weil die Nase immer noch ein bisschen geschwollen ist und drei Monate das, dauert bis es abschwilt.
- A: Ist so. Genau. Und deine Sozialfunktionen... Wie ist das jetzt? Ich meine: Ist alles in Ordnung, oder ich mein beim Arbeiten, oder zuhause? Sind alle, wie (?)?
- B: Wie was?
- A: ..., wie davor?
- B: Ja. Also in den letzten Monaten ja.
- A: Ok. Und Depressionen vielleicht?
- B: Nicht wirklich. Ich denke nicht.
- A: Sehr gut, sehr gut. Na gut und ich entschuldige mich, aber ich muss diese Frage fragen[...].
- B: Ok. Alles gut.
- A: Dankeschön. Und wie beschreibst du dein Gesicht und Körper? Ich meine: Bist du zufrieden generell, oder möchtest du etwas ändern, oder ist alles ok?
- B: Nö. Also ändern nicht unbedingt. Im dem Sinne nur, dass ich jetzt nach der OP drei Monate keinen Sport machen darf. Das ist ein bisschen nervig. Um einfach fit zu sein. Aber sonst mit meinem Körper bin ich schon ziemlich zufrieden. Bis darauf, dass so ein bisschen der Sport fehlt. Denn wenn man trainiert, sieht man schon einen Unterschied.
- A: Ok. Aber generell?
- B: Generell? Ne, mit meinem Körper ist alles super.
- A: Ach so. Sehr gut, sehr gut. Perfekt. Und dein Gesicht auch?
- B: Ja jetzt, wo die Nase auch geht und ein bisschen kleiner ist. Das Ding ist, nach der OP ist bei mir nicht so, dass ich mich unbedingt hübscher finde.

- A: Und darf ich nach diesen Bildern Fragen, die du bei Whatsapp hast? Dieses Foto das du gerade bei Whatsapp hast... Ist es nach der Operation, oder vor der Operation?
- B: Nach der Operation.
- A: Das ist echt gut und natürlich. Herzlichen Glückwunsch, echt. Weil ich kenne viele Frauen mit Schönheitsoperation, besonders an der Nase, aber nach der Operation, so nach einem Monat, gucken sie nicht so. Deswegen. Das ist echt gut. Glückwunsch.
- B: Ja, ich wollte die Nase auch nicht allzu verändern. Ich habe denen auch gesagt, dass ich noch aussehen möchte, wie ich. Nur halt ein bisschen von der Seite kleiner.
- A: Das ist gut. Und du hast es jetzt, wie du es wolltest. Ok. Dann machen wir weiter. Wie löst du ein Problem, wenn du eins siehst? Ich meine zum Beispiel generell drei (? 09:05). Eins ist, wenn ich ein Problem sehe, dass ich meine Erfahrung benutze. [Ich denke an] alle Bücher, die ich gelesen habe. Und meine Erfahrung ist, dass ich dann eine Lösung finde. Und die andere ist, dass ich mit meinen Freunden spreche, oder zum Beispiel einem Psychologen und mit meinen Eltern. Und dann wähle ich eine Lösung. Und die andere ist, dass ich warte. Ich warte und ich mache nichts. Und warte darauf, was passiert und bin dann vielleicht damit zufrieden. Was machst du?
- B: Vielleicht so eine Mischung aus eins und zwei...
- A: Kannst du bitte weiter erzählen?
- B: Je nach Situation. Entweder löst man das Problem und findet eine Lösung, oder man redet mit Menschen darüber. Ist ja auch ne Art von Lösungsfindung. Vielleicht hat ja jemand einen guten Rat.
- A: Ist so. Aber was ist wichtiger für dich?
- B: Inwiefern wichtiger?
- A: Bitte?
- B: Inwiefern wichtiger, also...?
- A: Was kannst du mir... Zum Beispiel: Du hast ein Problem, aber dann denkst du vielleicht so viel darüber nach, dass du dann eine Lösung findest. Oder du redest mit deinen Eltern oder Freunden. Was machst du mehr?
- B: Was ich mehr mache? Das ist jetzt schwierig. Vielleicht das erste erst.
- A: Ok. Sehr gut.
- B: Aber auch nicht immer. Das hängt davon ab, vielleicht... Na gut.

- A: Wie beurteilst du eine sehr, sehr, sehr schöne Person? Ich meine eine Frau. Lass uns einen Vergleich machen: Du hast ein Projekt, zum Beispiel für deine Arbeit. Und dann musst du zwischen zwei wählen. Die eine ist eine sehr, sehr schöne Frau. Eine natürliche Schönheit. Und an der anderen Seite hast du auch eine gute Frau mit der gleichen Qualität. Aber sie sieht sehr normal aus. Welche Option wählst du?
- B: Warum muss ich die Frau jetzt auswählen? Das habe ich nicht verstanden.
- A: Weil du ein Projekt hast. Zum Beispiel für deine Arbeit.
- B: Und ich muss die jetzt einstellen, oder wie?
- A: Genau.
- B: Also muss ich jetzt nach dem Äußeren beurteilen, oder wie?
- A: Ja, egal.
- B: Ich müsste ja erstmal...
- A: Du musst dich entscheiden.
- B: Ok. Dann würde ich die bessere nehmen. Nicht unbedingt die schönere.
- A: Achso. Ok. Und darf ich fragen, warum?
- B: Ja, weil... Ich will ja das bestmögliche für mein Projekt und dann muss ich ja die bestmögliche Person nehmen, wenn die andere Person, die vielleicht ein bisschen schlechter aussieht, aber für das Projekt besser geeignet ist, als die andere, dann kann ich ja die andere nicht nehmen und ich muss ja die andere nehmen. Ich kann ja nicht sagen: „Ich habe dich nicht genommen, weil die schöner war.“
- A: Ja. Das ist so. Da hast du recht. Ok. Na gut, dann: Denkst du das Schönheit beim Arbeiten oder in der Gesellschaft, zum Beispiel beim Wohnen oder Leben, hilfreich ist?
- B: Ja doch. Ich glaube schon.
- A: Ok. Na gut. Die Nächste Frage ist: Was war das stärkste Motiv dafür, dich einer Schönheitsoperation zu unterziehen.
- B: Ja, die Gelegenheit, dass er mich ja eh operiert. Also, dass ich eh operiert werden muss.
- A: Ach so. Ok.
- B: Und das war der Anstoß dazu.
- A: Ok. Du hast, was du wolltest, oder?
- B: Ja. Nur eine gute Nase jetzt, sodass ich zufrieden bin.

A: Ja. Das freut mich echt. Ok. Die nächste Frage ist: Ist Schönheit wichtig?

B: Ob Schönheit wichtig ist? Ja, unter anderem, ja.

A: Und für dich selbst?

B: Und für mich selbst, ja klar, auch. Für alle. Für mich und für andere.

A: Und kannst du mir ein bisschen erzählen, warum?

B: Also, was heißt wichtig? Ja, wie soll ich das beschreiben? Also, was heißt wichtig? Mit dieser Nase jetzt denke ich mir nicht: Wow. Ich bin jetzt viel, viel schöner, als vorher, aber es war halt auch schon davor schon so, dass ich so, ich sage mal, auf mein Äußeres geachtet habe. Weil ich gehe jetzt nicht mit einer Jogginghose raus, oder sowas. Das heißt aber auch nicht, dass ich den ganzen Tag mit High Heels rumlaufe. Deswegen: Zu Anlässen macht man sich gerne schick. Dann ist Schönheit nur „wichtig“, aber das ist jetzt nicht 24 Stunden lang top gestylt und schön sein.

A: Und denkst du auch zum Beispiel, dass Schönheit gut für das Selbstbewusstsein ist?

B: Ja, mag sein. Ja.

A: Ok. Und kann Schönheit Frauen helfen einen guten Mann zu finden oder die Beziehung besser zu machen?

B: Es kann, ja. Definitiv.

A: Bitte sag mir, warum.

B: Ist das nicht offensichtlich? Also ich meine: Wenn der Mann die Frau schön findet ist das doch top. Deswegen ist das ja positiv.

A: Ach so. Und kann Schönheit das Vertrauen eines Mannes, der betrogen hat, zurück bringen?

B: Bitte? Nochmal.

A: Kann Schönheit das Vertrauen eines Mannes, der betrogen hat, zurück bringen?

B: Nein.

A: Warum?

B: Also wenn ein Mann betrogen hat, ob die Schönheit irgendwie sein Vertrauen stärkt? Oder? Ich verstehe die Frage nicht ganz so richtig, glaube ich.

A: Ach so. Zum Beispiel hat ein Mann betrogen.

B: Ja. Also ist er fremdgegangen, oder wie betrogen?

A: Ja. Mit einer anderen Frau. Und ich... nein... nicht ich... Eine andere Frau. Die Frau von dem Mann weiß das jetzt.

- B: Ok.
- A: Dann denkt sie, dass sie nicht sehr gut aussieht. Zum Beispiel ihr Bauch, oder ihre Brüste, oder etwas anderes.
- B: Ne. Nein. Auf garkeinen Fall.
- A: Kannst du mir sagen, warum?
- B: Ja, weil es auch so schöne Frauen gibt und die Männer trotzdem fremdgehen.
Also: Schönheit bedeutet nicht, dass dein Mann dir hundertprozentig treu bleibt.
Deswegen denke ich...
- A: Ok, Ja. We are getting close to the end. Na gut.: Bitte ordne diese Begriffe von wichtig zu unwichtig. Wir haben fünf Optionen. Die erste: Bildung. Die zweite: Geld. Die dritte: Heiraten oder eine gute Beziehung haben. Die vierte: Familie und damit meine ich Kinder, oder Eltern, oder Geschwister. Und dann haben wir Schönheit. Bitte ordne von wichtig zu unwichtig und wenn du kannst, sag mir bitte warum.
- B: Ok. Was war denn da jetzt alles nochmal?
- A: Bildung, Geld, Heiraten, Familie und Schönheit.
- B: Dann würde ich sagen: Als erstes Familie, Bildung, Geld, Beziehung, Schönheit.
- A: Dann kommt Schönheit also am Ende?
- B: Ja.
- A: Darf ich fragen, warum?
- B: Ja, weil die anderen Sachen wichtiger sind, irgendwie. Also jetzt für mich, weil ich denke jetzt an mich und nicht an jemand anderen.
- A: Ok. Und die letzte Frage ist: Wofür würdest du dich entscheiden? Einen guten Mann mit durchschnittlichem Gehalt, der dich auch liebt? Oder eine Karriere mit hohem Ansehen und viel Geld? Und warum?
- B: Das zweite war Karriere und Geld? Ok. Dann glaube ich eher: Durchschnittlicher Mann und mittelmäßige Karriere. Keinen Ruhm.
- A: Darf ich fragen, warum?
- B: Ich musste mich ja entscheiden. Am besten wäre natürlich beides.
- A: Ja. Auf jeden Fall, aber...
- B: Ich musste mich ja entscheiden und du sagtest ja, es sei genau der „Richtige“. Eine guter Mann. Aber mit der Betonung auf „durchschnittliches Gehalt“... Wenn es reicht

für das Leben, lieber die Familie, anstatt jetzt alleine in Ruhm und so weiter. Das hört sich jetzt so an nach dem Motto: Karriere komplett nur da drin...

A: Ok. Ich danke dir sehr...

B: Ja gerne!

A: Falls du etwas anderes sagen möchtest, sag das bitte, weil jede Idee ist für meine Forschung echt sinnvoll und von Nutzen.

?

B: Was genau ist jetzt das Thema bei dir? Machst du Master, Doktor, oder was machst du? Ich habe das gar nicht mitbekommen.

A: Genau. Ich mache meine Doktorarbeit und das ist über Schönheitsoperationen den Vergleich zwischen Frauen aus Deutschland und dem Iran. Und ich möchte echt wissen, was das Motiv ist. Denn in unsere Land gibt es viele Frauen, die diese Operation machen. Besonders die Operation der Nase. Ich möchte die Motive in Deutschland und dem Iran herausfinden und dann vergleichen.

Subject 12/ Age: 27/ Marital status: Separated/ Education: Abitur/Nurse

Surgery: Breasts

B: [...] ja ein offener lustiger Mensch eigentlich.

A: Darf ich fragen, wann du deine Schönheitsoperation gemacht hast?

B: Die war 2009. Dezember 2009.

A: Und damals warst du zwanzig Jahre alt, oder?

B: Neunzehn.

A: Oder neunzehn. Ok. Und das war mit den Brüsten, oder?

B: Das war eine Brust-OP. Ja. Brustvergrößerung.

A: Ach so. Ok. Na gut, dann fangen wir an. Die erste Frage ist: Was denkst du generell über Schönheitsoperationen? Bist du für, oder bist du gegen sie und warum?

B: Also ich bin eigentlich grundsätzlich schon dafür, wenn das jemand von der Psyche her braucht, kann ich das vollkommen nachvollziehen. Wenn jemand gesund ist, eine schöne Oberweite hat, genug und dann sagt: „Ja ich möchte vergrößern“, dann sage ich: „Ok. Verstehe ich jetzt nicht so ganz. Warum dann noch größer?“ Aber es wird schon auch seinen Grund haben. Dann verurteile ich niemanden. Wenn jemand sagt: „Ja gut, ich möchte dann halt von D auf E gehen“, dann ist das halt so. Aber grundsätzlich bin ich eigentlich schon mehr dafür, wenn, wie gesagt, jemand auch psychisch dadurch Probleme hat mit sich und seinem Körper. Egal, ob das jetzt eine Brust-OP ist, oder Fettabsaugung, oder keine Ahnung, eine Nasen-OP, oder so. Dann bin ich schon dafür, wenn jemand das Geld aufbringen kann und sich das so sehr wünscht, wie ich damals und der meint es bringt ihm auch mehr Selbstbewusstsein und Selbstvertrauen wieder zurück und das Lachen, dann bin ich da dafür.

A: Ach so und darf ich auch fragen, nicht nur für dich, sondern ich meine das generell: Wie viel muss man für eine Schönheitsoperation... also die Operation der Brüste bezahlen?

B: Ich habe das selber aus eigener Tasche bezahlt, weil es über die Krankenkasse nicht ging. Ich war auch zwei-, dreimal, öfter in psychologisches Behandlung, wegen dem. Und meine Psychologin ist aber nicht auf dieses Problem eingegangen. Sie wollte alles andere wissen, nicht direkt [auf] dieses Problem und dann habe ich das halt selbst in die Hand genommen und gesagt: „Ja gut, dann bezahle ich das jetzt aus meiner

eigenen Tasche“. Das war auch nicht gerade billig. Aber ich bereue nicht, dass ich es gemacht habe. Ich bin dadurch wirklich wieder ein freundlicher Mensch geworden damals.

A: Ok. Ja gut. Dann... Die nächste Frag ist: Bitte beschreibe deine Persönlichkeit. Ich meine: Hast du vielleicht, kürzlich meine ich, in den letzten zwei Monaten zum Beispiel, Angst gehabt vielleicht, oder zum Beispiel körperliche Probleme? Und mit deinem Funktion kontakt (?) ist alles ok bei dir, oder nicht?

B: Jetzt speziell auf meine Brüste bezogen oder allgemein auf meine Gesundheit?

A: Mit körperlichen Problemen meine ich deine allgemeine Gesundheit, aber ja, körperlich. Und mit Angst meine ich zum Beispiel, dass du ein bisschen Angst gehabt hast vor allem und wenn du etwas machen möchtest, dann hast du zwar nicht viele, aber Probleme damit, weil du weißt nicht genau, was du tun sollst. Das ist, was ich meine.

B: Ja, das habe ich schon. Also unabhängig jetzt von meiner Brust. Ja das stimmt

A: Und hat das zum Beispiel einen besonders... Du musst mir das nicht sagen, aber hat das vielleicht einen Grund oder nicht?

B: Ja, allgemein halt, weil ich im Moment halt nicht so weiß, wo ich stehe in meinem Leben. Was ich möchte... Und auch, weil mein Partner mich verlassen hat und, ja, da kommen mir halt immer wieder so Gedanken: Was passiert mit mir, wie geht's weiter? Ich meine ich bin 27, habe noch keine Familie, keine Kinder, bin nicht verheiratet. So Sachen kommen mir dann halt... Ja, aber was ich gelernt habe damals, also, dass ich da nicht irgendwie was anderes gemacht habe (?) nicht verdient. Und ja da denke ich ab und zu mal dran. Was wäre gewesen, wenn ich die andere Ausbildungsstelle damals angenommen hätte. Wie würde es mir jetzt gehen? Wie wäre dann mein Leben verlaufen, oder so meine Zukunft so? Aber gut: Das kann ich nicht verändern. Das ist halt einfach so und mit dem muss ich versuchen klar zu kommen und ja damit zu leben. Klar, ich kann was ändern, aber das ist halt auch ein Schritt, etwas zu ändern, eine Umschulung zu machen, oder irgendwas. Und da braucht man auch Mut und das geht halt im Moment einfach nicht.

A: Ach so. Das verstehe ich. Aber diese Probleme sind nur kurz für, ich weiß nicht, ein paar Monate, oder so?

B: Ja.

- A: Ok. Hoffentlich wird alles viel besser und das wird. Ich bin mir sicher.
- B: Dankeschön.
- A: Bitte, Bitte. Und was ist mit Depressionen? Hast du das vielleicht, oder nicht?
- B: Was?
- A: Depressionen.
- B: Ja. Also ich weiß nicht. Ein Arzt hat es mir nicht... denke ich nicht diagnostiziert direkt, aber das kann man schon so bestätigen, ja.
- A: Ach so. Dann hast du vielleicht ein bisschen Probleme mit deinem Schlaf? Hast du ein bisschen abgenommen?
- B: Ja, ja. Also auch von 2009, wo die Operation war, bis jetzt habe ich auch -sagen wir mal- zwischen 15 und 20 Kilo abgenommen. Das wirkt sich natürlich schon auch auf die Brust aus. Natürlich. Die ist natürlich auch kleiner geworden dadurch. Ja, aber ist immer noch ok, aber natürlich nicht so, wie ich es damals machen lassen hab'. Aber es ist ok, ja. Würde ich jetzt nochmal eine Operation bekommen, würde ich sie wieder eine Nummer größer machen. Weil da ja auch immer Brust war und das ja natürlich mit abgenommen hat und jetzt sieht man eigentlich meine Implantate (?) richtig. Also ist meine Meinung. Man sieht es schon, wenn ich jetzt keinen BH trag, oder beziehungsweise, wenn man mich nackt sieht. Sieht man das jetzt schon eher, dass es... dass ich was machen lassen hab'. Wo ich stabiler war, sah es natürlich aus. Da hat man nicht gesehen, dass ein Implantat drin war. Klar, war ja auch mehr Fett -sag ich mal- um die Brust.
- A: Ach so. Aber diese Dinger meine ich. Fünfundzwanzig hast du gesagt, dass du zugenommen hast, oder... abgenommen, abgenommen? Ja.
- B: Abgenommen habe ich ja damals.
- A: Aber war das intentional?
- B: Bitte nochmal die Frage.
- A: War das intentional. Ich meine: Wolltest du das, oder nicht?
- B: Ja-in. Eigentlich nicht, also: Ja ich wollte schon abnehmen, aber nicht eigentlich unter den Konsequenzen, als es war. Es war zweimal jetzt eine Trennung und ich habe dadurch abgenommen.

- A: Ach so. Ok. Na gut. Dann ist die nächste Frage: Wie beschreibst du dein Gesicht und deinen Körper? Ich meine bist du zufrieden mit deinem Gesicht? Bist du zufrieden mit deinem Körper? Und falls nicht: Welchen Teil möchtest du ändern, falls du möchtest?
- B: Also im Moment bin ich eigentlich zufrieden. Ich finde mein Gesicht eigentlich hübsch. Auch mittlerweile meine Figur. Ich habe hat etwas breite Hüften. Dafür bin ich aber -sag ich mal- im Bauchbereich sehr schmal. Und meine Hüften sind etwas breiter, aber das ist im Rahmen. Ja, vor einem Jahr oder so hätte ich gesagt: „Ja, ich könnte nochmal ein bisschen abnehmen.“ Aber war da auch -ja ich mein- nicht dick oder ich war... hatte mal ein kleines Bäuche. Das war ok. Eigentlich bin ich schon so zufrieden, wie ich bin. Meine Schenkel sind vielleicht ein bisschen speckiger, aber das ist halt vererbt. Das ist einfach... Das habe ich einfach immer ein bisschen Schenkel. Aber sonst kann ich sagen, ist eigentlich alles so ok an mir. So die kleinen Makel, aber das ist jetzt nicht so redenswert -sagen wir es mal so-.
- A: Ja gut, und die nächste Frage ist: Wie löst du ein Problem, wenn du eines siehst? Ich meine, normalerweise sind Leute so: Wir haben normalerweise drei Optionen: Wenn ich ein Problem sehe, ist eine Lösung, dass ich nur warte... auf eine Lösung. Ich mache nichts meine ich und ich warte nur. Und ich warte nur. Und die andere ist: Ich rede mit meinen Freunden oder mit meinen Eltern darüber und ich versuche eine Lösung zu finden... aber mit der Hilfe der anderen Personen. Und die andere ist: Normalerweise, zum Beispiel benutze ich meine Erfahrung und was ich in meinem Kopf habe. Und dann denke ich und letztendlich entscheide ich mich selbst... selber. Aber, die Frage ist: Was du machst, wenn du ein Problem siehst.
- B: Also -sag ich mal-: Es kommt immer drauf an, um was es geht. Aber hauptsächlich rede ich mit meinen Eltern oder mit meinen nahestehen Sten Freundinnen. Das sind nicht viele. Das sind nur ausgewählte. Sag ich mal... zwei, drei, denen ich auch vieles anvertraut und wo ich auch weiß: Das bleibt bei denen. Es kommt aber auch immer auf die Situation an. Manchmal mach ich es dann auch mit mir selber aus. Aber sage ich mal... in erster Linie rede ich schon mit meinen ‚Näherten‘.
- A: Ach so. Ok. Und wie beurteilst du eine sehr schöne Person? Ich meine zum Beispiel, dass ich dir eine Situation gebe... Du kannst dich vorstellen... Du hast ein Projekt. Zum Beispiel gibt dir dein Chef ein Projekt. Und du musst eine Kollegin für dich wählen. Und du hast zwei Optionen. Und beide haben die gleiche Qualität. Ich meine

Bildung. Ich meine Erfahrung und alles. Echt gleich, aber... und beide sind Frauen. Jemand... eine Frau ist echt schön, super schön, aber die andere Frau ist eine normale Frau. Damit meine ich Gesicht und Körper und Figur und generell. Welche Frau wählst du und warum?

B: Also dann geht es jetzt hier nur ums Aussehen und nicht um ihren Charakter?

A: Im Charakter sind beide auch gleich.

B: Auch gleich?

A: Ja.

B: Naja gut. Ich meine: Man tut ja eigentlich schon sein... Ich meine: Der Großteil der Menschen wird wahrscheinlich die hübschere aussuchen. Da ich aber weiß, wie es ist gemobbt zu werden, wegen Aussehen, würde ich mich wahrscheinlich für die normalere entscheiden, oder die -sagen wir es mal so- nicht so attraktive Frau.

A: Ach so. Warum?

B: Wie gesagt: Weil ich, wie das ist, wenn man gemobbt wird, da durch seine Figur... oder vielleicht durch sein Aussehen. Wenn man -sag ich mal- nicht so top aussieht, immer eher benachteiligt wird, würde ich diese wählen. Auch wenn man mit der attraktiveren - sag ich jetzt mal- vielleicht mehr Erfolg hätte.

A: Ach so. Und generell: Wenn du eine sehr, sehr, sehr schöne Frau siehst: Was ist deine erste Beurteilung? Was denkst du über diese Frau? Ich meine über den Charakter?

B: Schwierig, schwierig. Wenn ich ein Mann wäre würde ich wahrscheinlich denken: „*pff wow* hübsch, aber wer weiß, wie ihr Charakter ist.“ Als Frau denke ich dann auch: „Ja, die mag hübsch sein, aber das Aussehen zählt nicht. Zählt nicht nur.“ Ich meine: Für mich zählt auch viel der Charakter. Ist man ehrlich? Ist man loyal? Kann man sich auf den Menschen verlassen? Kann ich dem vertrauen?

A: Ach so. Ok, ok. Verstehe ich. Und die andere Frage ist: Was war das stärkste Motiv dich einer Schönheitsoperation zu unterziehen und hast du erreicht, was du wolltest?

B: Also glücklich bin ich. Ich habe erreicht, was ich wollte durch das. Ich habe Selbstvertrauen bekommen wieder durch die OP. Damals haben auch meine ganzen Freundinnen gesagt: „Ah ja. Das ist nicht...“ - Also damals war ich noch in der Berufsschule. Die haben das natürlich mitbekommen mit meinem Problem- Die haben gesagt: „Ach was. Das ändert sich dadurch nicht.“ Und war dann aber auch... 2009 war dann auch meine Lehre beendet. Also die haben mich danach gar nicht mehr

gesehen, aber nicht so, also vielleicht einmal im Jahr oder so, aber sie haben schon gesagt: „Ja, du hattest schon Recht. Du bist schon ein anderer Mensch geworden. Also wieder offener, wieder lustiger.“ Ich habe wieder gelacht. Und...

A: Hallo?

B: Ja. Bist du noch da?

A: Ok. Und was waren die Probleme, die du gehabt hast... vor deiner Schönheitsoperation?

B: Ja, es war einfach die Form und die Größe. Dadurch, dass ich sehr stabil war damals. Ja sag ich mal: Bei 1,70 hatte ich damals -keine Ahnung ich will jetzt nicht lügen- vielleicht so 80 Kilo, 84 und ja das war dann halt einfach, dass man kaum, weil ich klein war, kaum Brust von Bauch unterscheiden konnte. Sagen wir es mal so, dadurch, dass ich stabiler war... etwas. Also ich war jetzt nicht dick, aber ich war natürlich... hatte schon einen Bauch, überall natürlich einen Schwimmring und so und war dadurch dann halt als es... also es war kein Mann, wo er mir gesagt: „He, deine Brüste sind hässlich“, weil ich habe auch nie einen Mann an mich dran gelassen, durch das... Also da muss ich wirklich sagen: Es hat mich kein Mann dazu gebracht oder gezwungen, oder gesagt: „He, die sind hässlich. Du musst was machen lassen.“ Das war rein, wirklich nur für mich. Ich konnte mit dem... Mit der Form der Ästhetik nicht leben. Das hat mich selber angewidert.

A: Ach so. Ok. Und: Denkst du das Schönheit wichtig ist?

B: Ja, schon. Das gehört schon auch dazu. Und ich meine: Das ist immer der erste... erste Blick. Ich meine: Klar. Ich bin normal ich bin nicht mega (?) oder so, aber wenn man schon ein hübsches Gesicht hat, oder... Es gibt auch viele stabile Frauen, wo richtig hübsches Gesicht haben. Die (?) sagen dann auch: „Wow, die ist hübsch, wenn die ein paar Kilo weniger hätte: Das wäre eine hübsche Frau.“ Ich meine ich verurteile niemanden, der dick ist, aber -sag ich mal einfach so- normal gebaut, dann bekommt man auch ganz andere... in der Öffentlichkeit an oder allgemein im Arbeitsleben, oder so.

A: Ach so. Ok. Und: Kann Schönheit Frauen helfen einen guten Mann zu finden?

B: Ja-in würde ich da sagen. Ja und nein. Ja im Normalfall schon, aber ob der Mann dann nur deinen Körper will ist dann halt auch die Frage. Das findet man dann halt erst

raus, wenn man dann -sag ich mal- sich näher kennenlernt und feststellt: Ok. Der will nur meinen Körper oder möchte auch mein Herz.

A: Ach so. Und zum Beispiel ist die andere Frage, relativ auch: Kann Schönheit das Vertrauen eines Mannes, der betrogen hat, zurückbringen? Ich meine: Manchmal betrügt ein Mann zum Beispiel, oder? (korrigiert eigenen Satz) Und dieser Mann ist zum Beispiel verheiratet oder hat eine Beziehung und macht dann etwas mit einer anderen Frau. Und zum Beispiel die Ehefrau oder -ja- der Freundin... Weiß, was passiert. Und -ja- zum Beispiel denkt sie vielleicht: „Ich muss etwas an meinem Körper und in meinem Gesicht ändern und danach kann ich den betrügenden Mann zurückbringen.“ Ich weiß es nicht.

B: Ne. Ne das bringt nichts.

A: Ach so. Kannst du mir erzählen, warum?

B: Weil wenn schon was angeknackst war, dann bringt auch eine Operation oder eine Schönheit nicht, weil entweder liebt der Mann mich dann so, wie ich bin, so wie er mich dann kennengelernt hat, oder nicht.

A: Ach so. Ok. Aber die... weißt du was: Weil ich mache viele Interviews mit vielen Frauen und auch im Iran und leider haben das viele Frauen gemacht. Der Grund war, dass... ja... also: Na gut. Dann... Eine Frage und wir haben nur zwei Fragen mehr und dann ist das fertig. Bitte ordne diese Begriffe von wichtig zu unwichtig! Wir haben fünf Optionen: Bildung, Geld, Heiraten oder Ehe, Familie und Schönheit.

B: Ok. Also wichtig ist in erster Linie erstmal die Familie.

A: Ok.

B: Dann musst du mir kurz weiterhelfen. Sag nochmal, was die anderen waren. Bildung war glaube ich dabei?

A: Geld, Heiraten, Schönheit und Familie.

B: Also wie gesagt: Familie. Dann würde ich Bildung und Geld so an zweiter Stelle setzen. Also beides zusammen.

A: Ok. Ja. Das kannst du.

B: Dann Schönheit.

A: Aha.

B: Und zum Schluss die Ehe.

A: Ach so.

- B: Ist meine persönliche Meinung. Denn heutzutage muss man nicht unbedingt mehr heiraten, um glücklich zu sein. Ja in manchen anderen Ländern ist das vielleicht so, dass das sein muss, aber in Deutschland ist das nicht mehr so. Und wer weiß, ob eine Ehe überhaupt hält. Das ist in unserer heutigen Zeit... schwimmt das ja sehr. Vor 30 Jahren hätte ich eh dann noch auch mit an zweiter Stelle gestanden aber mittlerweile nicht mehr.
- A: Ach so. Ok. Und die letzte: Wofür würdest du dich entscheiden? Wir haben zwei Optionen: Einen guten Mann mit durchschnittlichem Gehalt/Einkommen und der dich liebt oder eine Karriere mit hohem Ansehen und viel Geld. Und warum?
- B: Nummer Eins würde ich wählen.
- A: Ok. Kannst du mir sagen warum?
- B: Weil Geld dann doch nicht alles ist. Ich finde dann Liebe und Nähe und Zuneigung von einem Partner, den man liebt wichtiger, wie Geld.
- A: Ach so. Ok. Und darf ich auch frage, ob du in einer Beziehung bist oder ledig?
- B: Ne. Ledig.
- A: Du bist ledig. Ok. Na gut und Jenny ich muss dir wieder danken, weil das war eine sehr, sehr, sehr [...]

Subject 13/ Age: 30/ Marital status: With Partner/ Education: Abitur/Nurse in Prison

Surgery: Nose/ Breasts

A: Dann frage ich meine Kollegin, ist das ok?

B: Ja klar.

A: Dankeschön. Und du bleibst anonym, denn ich brauche nur die Informationen. Und deswegen muss ich unsere Konversation aufnehmen. Ist das auch ok?

B: Ja klar.

A: Dankeschön. Ok, na gut, dann: Kathi kannst du mir bitte ein paar Informationen über dich geben? Zum Beispiel: Wie alt bist du, was studierst du, oder arbeitest du, oder nicht und so weiter?

B: Ja.

A: Danke.

B: Ich bin 30 Jahre alt, ich arbeite im Gefängnis als Krankenschwester.

A: Ach so. Nice.

B: Noch irgendwas?

A: Ja. Und das hast du auch studiert?

B: Das habe ich studiert?

A: Ja.

B: Ich habe eine Ausbildung gemacht. Ich habe eine Ausbildung zur Krankenschwester gemacht und eine Ausbildung zur Justizvollzugsbeamtin.

A: Ok. Na gut. Dann fangen wir an. Die erste Frage ist: Was denkst du über Schönheitsoperationen? Was ist deine Idee?

B: Ich finde gut, dass es die gibt, Schönheitsoperationen. Ich habe ja selber auch schon zwei Schönheitsoperationen gemacht und deswegen denke ich, wenn jemand etwas an seinem Körper nicht gefällt, dann kann er das ruhig verändern. Dafür wurde es ja auch erfunden.

A: Ach so. Und falls ich darf: Was für Schönheitsoperationen hast du gemacht?

B: Ich habe mir meine Brüste vergrößern lassen und meine Nase verkleinern.

A: Ach o. Ok. Und bist du jetzt zufrieden damit?

B: Ja. Auf jeden Fall.

- A: Aha. Ok. Na gut. Und die andere Frage ist: Kannst du vielleicht für mich über deine Persönlichkeit reden? Zum Beispiel: Wie findest du dich? Nett, freundlich -ich weiß es nicht-, seriös, oder was? Wie kannst du dich beschreiben?
- B: Ja. Das ist aber schwierig. Ich glaube, ich bin sehr offen. Freundlich bin ich auch, aber bin auch launisch und ich bin sehr direkt, würde ich sagen.
- A: Ok. Nice. Und hast du dich in den letzten Monaten vielleicht etwas stressig gefühlt, oder etwas depressiv vielleicht, oder nicht?
- B: Ja. Im letzten Jahr war ich sehr gestresst, würde ich sagen. Vielleicht sogar ein bisschen depressiv und im Moment geht es aber wieder, obwohl die Arbeit mich momentan sehr stresst.
- A: Und kannst du deine Arbeit einfach machen, oder hast du vielleicht Probleme mit deiner Arbeit?
- B: Ne, ich arbeite sehr gerne. Also Probleme mit meiner Arbeit habe ich nicht, aber die personelle Situation ist bei uns einfach momentan einfach nicht gegeben und deswegen ist es im Moment sehr stressig.
- A: Ach so. Dein Stress hat einen Grund, oder?
- B: Bitte?
- A: Dein Stress hat einen Grund?
- B: Ja auf jeden Fall. Also den Stress habe ich auf jeden Fall durch die Arbeit im Moment. Ansonsten habe ich keinen Stress.
- A: Ok. Und wie kannst du deinen Körper und allgemein dein Aussehen beschreiben?
- B: Ja, gute Frage.
- A: Zum Beispiel sage ich: „Ich finde einen Körper sehr schön und bin sehr zufrieden damit und mein Gesicht ist auch schön. Und vielleicht möchte ich etwas ändern, oder was.“
- B: Ja, also: Mit meinem Gesicht bin ich auf jeden Fall jetzt zufrieden, dass ich mir hab die Nase habe operieren lassen. Und ansonsten mit meinem Körper generell auch, aber ich würde gerne noch ein bisschen abnehmen.
- A: Ach so. Und zum Beispiel... ne, ne, ne. Die andere Frage ist: Wenn du ein Problem hast. Wie löst du dein Problem? Zum Beispiel haben wir drei Methoden: Einmal wartet man nur und ich sehe was später kommt und mache nichts. Die andere Methode ist, dass ich sehr aktiv bin und etwas mache und viel denke und ich mache, was ich

- will, ne. Und die andere Methode ist, dass ich mit meinen Freunden oder meinen Eltern spreche. Und dann finde ich eine Lösung dafür. Und wie kannst du dein Problem lösen?
- B: Ich glaube erstmal das zweite. Ich bin sehr aktiv und versuche daran zu arbeiten. Oder dann im zweiten Zug rede ich darüber mit meinen Freundinnen. Wenn ich merke „das hilft nichts“ rede ich dann darüber mit meinen Freundinnen oder mit meiner Familie.
- A: Ach so. Ok. Na gut. Dann ist die andere Frage: Was war deine stärkste Motivation für die Schönheitsoperation? Warum hast du das gemacht? Kannst du beides für mich beschreiben?
- B: Also die Brüste, die wollte ich schon, seitdem ich 16 bin vergrößern haben. Also als ich gemerkt habe, dass die nicht mehr wirklich wachsen, wollte ich die immer ein bisschen größer haben. Einfach. Ich bin auch die einzige in meiner Familie, die kleine Brüste hatte. Also alle in meiner Familie hatten natürliche, große Brüste. Nur ich nicht.
- A: ...Entschuldigung. Aber: Wie hat sich diese Idee in deinen Kopf gelegt? Hast du daran selbst gedacht oder hat es dir zu Beispiel jemand gesagt, oder vorgeschlagen?
- B: Ne, das kam von mir selber. Also wie gesagt: Weil alle aus meiner Familie hatten große Brüste, nur ich nicht. Und ich habe mir immer gedacht: Ja, irgendwie hätte ich auch gerne größere Brüste. Und dann habe ich mir gedacht: Ja gut. Dann lasse ich mir da Silikon rein machen.
- A: I see. Und deine Nase?
- B: Und meine Nase das war eigentlich nie anders. Da hatte ich auch schon immer irgendwie Probleme mit, weil ich immer so eine Hexennase hatte. Und dann habe ich irgendwann gesagt: „So. Irgendwann muss es ja mal gemacht werden.“ Ja und dann habe ich halt den Arzt angerufen und habe mich beraten lassen und ich bin eigentlich ein sehr spontaner Mensch und dann habe ich gesagt: „Ach wissen sie was: Geben sie mir den nächsten Termin. Ich komme und lass das machen.“
- A: Ach so. Und wann hast du das gemacht?
- B: Meine Brüste habe ich mit 23, oder 24 glaube ich vergrößern lassen und die Nase mit 29.
- A: 29. Dann ist das vor einem Jahr, oder?
- B: Genau.

- A: Und hat dir das dein Ehemann vorgeschlagen oder nicht?
- B: Mein damaliger Freund wollte das nicht, dass ich mir die Brüste vergrößern lass'. Also der fand das nicht gut. Und das habe ich dann aber trotzdem gemacht, weil es nun mal mein Körper ist. Im Nachhinein fand er es dann doch gut. Und mein jetziger Freund, da war es alles schon passiert. Da habe ich schon die Brüste machen lassen und auch die Nase machen lassen. Wir sind kurz nach meiner Nasen-OP erst zusammen gekommen.
- A: Ach so. Und die Nase war deine Idee?
- B: Ja
- A: Ach so.
- B: Das war meine Idee.
- A: Ach so. Und seit wann hattest du diese Idee für deine Nase?
- B: Eigentlich auch -ich weiß nicht- vielleicht, seitdem ich 16 oder 17 bin.
- A: Ach so.
- B: Hatte ich auch sehr lange aber die Nase ist halt auch teurer als die Brüste. Da musste ich ein bisschen länger für sparen.
- A: Ach so. Ok. Die andere Frage ist: Denkst du, dass Schönheit wichtig ist oder nicht? Für Frauen meine ich.
- B: Ja. Auf jeden Fall.
- A: Und kannst du mir erzählen warum? Warum denkst du, dass das wichtig ist?
- B: Ich denke, dass.. schöne Menschen haben es leichter im Leben. Leichter in der Gesellschaft und auch für das eigene Wohlbefinden. Wenn man sich selber schöner findet, dann lebt man auch ganz anders?
- A: Und das ist nur deine Idee? Gibt es auch einen anderen Grund? Ist das der Grund, warum du denkst, dass Schönheit wichtig ist? Nur? Oder gibt es einen anderen Grund?
- B: Ne. Das denke ich ist der Grund. Ich denke einfach, man merkt es auch selber, wenn man einfach einen Tag hat, an dem man sich irgendwie hässlich findet, oder sich nicht gut fühlt, oder so, dann zieht man sich so zurück und geht nicht so auf Menschen zu. Und dann gibt's Tage, da fühlt man sich gut und irgendwie hat man vielleicht drei Kilo abgenommen, oder so und dann geht man viel offener in die Welt.
- A: Ja.
- B: So das man sich dann halt scheiße fühlt. (?)

- A: Ach so. Und die andere Frage ist: Kann Schönheit Frauen helfen zu einem guten Mann zu finden? Oder Beziehungen besser machen, vielleicht?
- B: Ja das ist eine gute Frage. Ich sag mal: „Schönheit liegt ja immer im Auge des Betrachters.“ Also ich glaube ja immer der Fall (?) macht schön. Also wenn mir jemand gefällt oder ich jemanden immer mehr liebe, wird er für mich auch immer schöner. Deswegen weiß ich nicht, ob jetzt unbedingt glücklicher ist, wenn man schön ist, oder die Beziehung besser läuft. Weiß ich nicht. Keine Ahnung.
- A: Ok. Und manchmal gibt es Frauen... Ich komme aus dem Iran, ok? Und im Iran machen das viele Frauen. Ich habe das auch gemacht, meine Nase und viele Frauen machen die Schönheitsoperation, weil sie zum Beispiel denken, Ehemänner machen einen Fehler. Ich meine sie gehen zum Beispiel mit einer anderen Frau. Und die Frauen, die diesen Mann haben, denken vielleicht, dass falls sie eine Schönheitsoperation haben und ein bisschen schöner werden, dass sie vielleicht ihren Mann zurück haben können. Und was denkst du darüber? Denkst du, dass es helfen kann, oder nicht?
- B: Ich glaube nicht.
- A: Ach so. Kannst du mir erzählen warum?
- B: Ich glaube das sowas erstmal eher am Charakter des Mannes liegt, wenn er fremd geht oder sich eine andere Frau sucht. Das liegt ja oft nicht daran, ob die Frau jetzt schön oder hässlich ist, oder so. Und ich denke -ja, wie soll ich das sagen- Also wenn der Mann sich nach anderen Frauen umguckt, dann kann man sich die Nase operieren lassen. Man kann auch 20 Kilo abnehmen aber glücklich wird man mit diesem Mann dann auf jeden Fall nicht mehr.
- A: Ok. Und wie fühlst du dich nach dieser Operation? Ich meine: Deine echten Gefühle?
- B: Meine Gefühle danach?
- A: Ja genau. Nach deiner Schönheitsoperation: Wie fühlst du dich? Zum Beispiel selbstbewusst? War es höher oder nicht?
- B: Ja. Auf jeden Fall, doch. Also ich war vorher eigentlich schon recht selbstbewusst, aber ich habe gemerkt: Nach den Schönheits-OPs, als ich mich dann noch ein Bisschen wohler in meinem Körper gefühlt habe, war ich auf jeden Fall noch selbstbewusster und bin noch mehr auf Menschen zugegangen, als ich das vorher gemacht habe.

- A: Ach so. Ok. Die andere Frage ist: Ich sage ein paar Wörter und kannst du mir diese Wörter in Reihenfolge bringen? Und sie sind: Bildung -ist das richtig?-, Geld, Heiraten, Schönheit und Familie.
- B: Ja, auf jeden Fall steht Familie bei mir an erster Stelle. Dann steht bei mir Heiraten. Ich würde sagen Geld oder Schönheit. Das ist jetzt die Frage. Ich würde sagen danach Geld und danach Schönheit.
- A: Ach so. Und danach Bildung?
- B: Ach Bildung war auch noch dazwischen? Das habe ich ja gar nicht gehört. Dann kommt auf jeden Fall Familie, Bildung, Heiraten, Geld, Schönheit.
- A: Ach so. Und kannst du mit ein bisschen erzählen, warum?
- B: Ja erstmal, die Familie, denke ich, sollte immer an oberster Stelle stehen. Also der muss es immer gut gehen. Wenn es der Familie gut geht, dann geht es allen gut. Ja dann Bildung ist sehr wichtig, weil ich denke das Andere bei uns baut sich alles darauf auf. Ohne Bildung verdient man kein Geld, ohne Bildung findet man keinen vernünftigen Mann und ohne die Bildung und ohne das Geld, könnte man das mit der Schönheit nicht so erreichen. Außer man hat von Natur aus sehr viel Schönheit, aber jetzt in meinem Fall: Ohne Geld hätte ich mir das jetzt nicht machen können alles, ne?
- A: Das ist richtig, ja. Und die andere Frage ist: Wir haben zwei Wahl...
- B: ...zwei Auswahlmöglichkeiten.
- A: Genau, genau. Dankeschön. Und das ist einmal: Wir haben einen guten Mann und eine gute Beziehung. Und die andere ist: Viel Geld und eine gute Karriere.
- B: Dann hätte ich lieber einen guten Mann und eine gute Beziehung.
- A: Warum?
- B: Ja, ich glaube auf Dauer wird man damit glücklicher. Weil ich möchte ja auch irgendwann Familie und Kinder und das kriege ich nicht, wenn ich viel Geld und eine gute Karriere habe.
- A: Ach so. Ok. Und die letzte Frage -vielen Dank wieder für deine Hilfe-: Du hast zum Beispiel ein Projekt. Und du musst zwei Personen wählen. Eine Person, Entschuldigung. Und du hast zwei zur Wahl hier auch. Eine ist eine sehr, sehr schöne Frau und die andere ist, -nochmal- eine andere Frau, aber diese Frau ist nicht sehr schön. Und beide haben die gleiche Qualität. Aber du musst nur eine Person wählen, oder? Und welche Person wählst du für dein Projekt? Und es ist egal, welches Projekt

das ist, zum Beispiel bei der Arbeit, oder so. Und welche Person? Die sehr schöne Frau oder die normale Frau?

B: Boah das ist schwierig zu sagen. Man geht da ja irgendwie eher nach Sympathie, als nach Schönheit, ne? Aber... gute Frage... weiß nicht... kann ich nicht beantworten die Frage.

A: Dann ok. Ich frage das mit einer anderen Methode. ‚Was denkst du an sehr schöne Frauen?‘

B: Wenn ich sehr schöne Frauen sehe... die schaue ich mir sehr gerne an. Und dann denke ich oft: Ach so schön wäre ich [gerne] auch, wie die. Ne, so oder... Ich schaue mir schöne Frauen gerne an.

A: Ach so. Weil Schönheit ist auch wichtig für dich, ne?

B: Ja, auf jeden Fall.

A: Und warum?

B: Weiß ich nicht, also das kann ich nicht sagen. Weil ich immer Probleme mit mir selber früher hatte und mit meinem Körper, ist das immer wichtiger für mich geworden. Könnte sein, weiß ich jetzt nicht, aber ich denke, dass das so ist.

A: Ok, ok. Na gut. Aber ich habe, was ich wollte. Vielen Dank Kathi. Das war sehr, sehr, sehr [...]

Subject 14/ Age: 21/ Marital status: Single/ Education: Abitur/Unemployed

Surgery: Breasts

A: dann erzähl mir bitte über deine Persönlichkeit und das heißt zum Beispiel, wie findest du dich als Person? Zum Beispiel nett oder freundlich.

B: ehm... ja, wenn ich mich jetzt selber einschätzen würde bin ich ein offener Mensch, ich komme mit also extrovertiert, kann gut mit Leuten in Kontakt kommen. Jetzt auch Jobbedingt, da geh ich manchmal auf so Weiterbildungen und da lernt man immer neue Leute kennen. Ich würde mich als offen und aufgeschlossen beschreiben

A: Na gut. Und die andere Frage ist vielleicht ehm Hast du vielleicht bisschen Stress oder etwas das kann dir ein paar Probleme geben? Also Ich habe ein wenig stress und kann meine Sache nicht gut tun. weißt du? oder nicht

B: Ja da kann ich jetzt ein Lied von singen weil ich habe in 2 Wochen meine Abschlussprüfung und deswegen habe ich schon sehr viel Stress.

A: Aber regelmäßig?

B: Ne, jetzt gerade. Aber sonst, natürlich hat man mal auf der Arbeit Stress aber ich versuche das immer zu trennen, damit ich zuhause dann so...

A: Ah, verstehe Ich. Und kannst du gut schlafen und ich weiß nicht. Zum Beispiel: Hast du vor kurzem etwas abgenommen? Ich meine bist du eine frohe Person oder nicht? oder bisschen depressiv vielleicht?

B: Also ne, Ich bin... also nie Probleme psychisch oder so, Ich versuche immer alles positiv zu sehen.

A: Ach so nice! Und ehm die andere Frage ist: Wie findest du dein Aussehen. Ich meine dein Gesicht und deinen Körper. Wie findest du dich?

B: Allgemein bin ich zufrieden. Ich bin aber auch so ein Mensch, ich schminke mich z.B. auch immer und damit bin ich auch sehr zufrieden. Durch Schminke kann man das auch sehr verändern und das gibt mir die allgemein Zufriedenheit, mit meinem Körper auch. Jetzt wo ich die Operation gemacht habe. Deswegen würde ich allgemein sagen schon.

A: Und möchtest du noch eine Schönheitsoperation machen oder nicht?

B: Also ich hatte ja schon eine und ich überlege vielleicht noch eine in der Zukunft zu machen. Ich würde das nicht abstreiten.

A: Ach so und welche wäre das?

B: Eine Brustvergrößerung. Also ich hatte schon eine aber ich bin mit dem Endergebnis nicht

zufrieden. Deswegen würde ich es vielleicht nochmal machen.

A: Ach so. Okay. Und ein anderes Problem: Ich komme nochmal zurück zu dieser Frage, ich muss erstmal eine andere Frage stellen: Wie löst du ein Problem? Wenn du ein Problem hast dann gibt es 3 Methoden. Eine ist warten, lass uns sehen was passiert. Die andere Methode ist: Ich lerne und ich lese weil ich möchte wissen was zu tun ist. und die letzte Methode ist, ich erzähle das meinen Freunden oder einem Psychologen und was Sie sagen mache ich dann. Was ist deine Methode?

B: Also ich glaube bei mir hängt das vom Problem ab. Sehr oft frage ich meine Familie oder Freunde wenn ich eine 2te Meinung haben möchte. Es kann aber auch dazu kommen, dass ich Probleme aufschiebe, das ich versuche mich erstmal nicht drum zu kümmern, also das sich das irgendwie von selbst löst. Aber grundsätzlich bin ich da eher so, dass ich mit Leuten rede darüber.

A: Also eher mit Leuten reden?

B: Ja.

A: Okay. Wir haben 2 Personen. beide sind Frauen, beide sind 25 Jahre alt und du musst ein Projekt machen. und deine Professorin sagt du kannst jemanden auswählen für dein Projekt. Und du siehst nur die Bilder von diesen Frauen und beide sind gleich in allem. Aber eine Frau ist sehr sehr schön und die andere ist eine normale Frau. Was ist deine Wahl?

B: Ja das ist schwierig weil wenn man nur oberflächlich entscheiden kann. Die Sache ist die das man bei gut aussehenden Frauen denkt, das die vielleicht innerlich vielleicht nicht so hübsch sind, das die vielleicht eingebildet sind. Und dadurch, dass du mit denen zusammenarbeiten musst, weiß ich nicht. so würde ich vielleicht denken. Ich würde wahrscheinlich die normal aussehende Frau nehmen.

A: Ach so okay. Aber du hast gesagt was denkst du generell? Was denkst du über sehr schöne Frauen?

B: Natürlich hat man einfach genetisch bedingt vielleicht unterbewusst fühlt man sich zu schönen Menschen eher hingezogen, das ist ja genetisch bedingt. Also es geht ja jetzt um die Zusammenarbeit, da würde ich das jetzt anders sehen, weil ich finde es als Frau sowieso schwierig über das Aussehen einer anderen Frau zu urteilen. Verstehst du was ich meine? Ist das worauf du hinaus möchtest? oder hilft dir das erstmal nicht weiter?

A: Warum und was war deine stärkste Motivation für eine Schönheitsoperation?

B: Ich war halt sehr lange unzufrieden mit meinem Körper. Ich weiß nicht, seit ich 16 bin oder

so. Ich bin jetzt 21 (23?) und Das hat einen immer wieder runtergezogen und in meinem Bekanntenkreis habe ich dann mitbekommen, dass andere das auch gemacht haben und dadurch habe ich dann den Mut gefasst das selber zu machen.

A: Ach so und was hat deine Familie dir gesagt? Waren sie dafür oder nicht?

B: Also Ich hab's nur meinen Eltern erzählt. Meine Mutter war nicht begeistert, Sie haben mich aber unterstützt. Ich bin alt genug. Und mein Vater war ein bisschen perplex, erstaunt weil das halt so ein Thema ist. Er hat es dann aber auch verstanden. Also von meiner Familie aus Zustimmung, Akzeptanz.

A: Dann hast du bestimmt viel erzählt oder? Also "Ich möchte diese Operation machen, aus diesem Grund"

B: Also mit meiner Mutter musste ich eher weniger drüber reden aber meinem Vater musste ich ich alle Sicherheitsaspekte vorlegen, was hat der gelernt und wie läuft das alles ab. Wie wird alles sichergestellt, dass alles sicher abläuft und so.

A: Kommen wir zurück auf die Frage: Du hast gesagt, dass deine Motivation war, dass du nicht zufrieden bist mit deinem Körper. Und bist du jetzt zufrieden oder nicht?

B: Also Ich bin allgemein zufrieden so. Ich bin zufriedener als vorher, aber ich habe jetzt gerade schon gesagt die Operation nochmal zu machen, weil ich halt, weil die Größe noch nicht stimmt. Ich meine wenn man die Operation macht, dann will man nicht zu groß werden sag ich mal, man lernt halt daraus. Deshalb würde ich überlegen, dass nochmal zu machen aber allgemein bin ich nicht unzufrieden jetzt.

A: Okay. Und denkst du das Schönheit wichtig ist für Frauen?

B: Eigentlich würde ich sagen nein. Aber leider ist es in der Gesellschaft so, dass es wichtig ist. Man wird ja in der Gesellschaft so oder so nach dem Aussehen beurteilt, manchmal ist das auch unbewusst, wie du behandelt wirst. Du wirst halt besser behandelt wenn du schön bist als wenn du nicht so schön bist, das ist nur mal so. Deswegen würde ich sagen es ist wichtig, aber eigentlich sollte es nicht so wichtig sein.

A: Ach so. Das ist wichtig für die Gesellschaft. Wie sieht es mit Männern aus? Glaubst du das Schönheitsoperationen einer Frau helfen können einen guten Mann zu finden? Oder eher Beziehungen besser machen? Wie denkst du darüber?

B: Also wichtig ist, dass man die Operation macht nicht weil der Freund oder der Mann sagt du sollst das machen. Sondern das muss von einem selber kommen. Ich kann nur sagen: In meinem Fall, ich bin jetzt schon seit 3 Jahren mit meinem Freund zusammen und er hat mich

immer unterstützt. Es ist aber falsch wenn dir jemand sagt du sollst jetzt etwas machen weil er dich sonst nicht schön findet oder so.

A: Ach so. Ich habe gehört von vielen Frauen, dass deren Männer nicht sehr Loyal waren. Deswegen haben sie diese Schönheitsoperationen gemacht. Sie wollten ihre Männer zurückbekommen. Glaubst du, dass Schönheitsoperationen das machen können oder nicht?

B: Naja, also. Ich glaube wenn sowas ist, dann liegt es nicht nur am Aussehen. Ich sage mal durch Operationen kannst du halt nur dein Aussehen verändern aber du bleibst immer noch der gleiche Mensch und wenn es trotzdem nicht funktioniert mit deinem Mann oder so. Du machst das halt nur für den, dann ist das die falsche Vorgehensweise. Weil das muss halt anders kommen und nicht durch Operationen.

A: Und eine andere Sache: Wir haben 2 Optionen: erstens: Gute Karriere, gutes Geld. Und zweitens: einen guten Mann. Man kann nur eines auswählen. Was ist wichtiger für dich?

B: *lachen* Puh, das ist schwierig ... ich würde das zweite nehmen, glaube ich. Du kannst glaub ich mit einer Karriere nicht komplett glücklich werden. Also du kannst das ne Zeit lang machen, aber nicht für immer. Aber wenn du einen hast mit dem du glücklich bist, da hast du dann mehr davon, auch wenn du nicht das große Geld hast.

A: Und falls dieser gute Mann sagt: Ändere deine Nase. Machst du das falls du verliebt bist?

B: Also wenn er sagt, das Ich mich operieren soll, ob ich das mache?

A: Ja.

B: Also Ne. Wenn ich damit nicht selbst unzufrieden bin, dann nicht.

A: Okay. Und, letzte Frage: Bitte sortiere die folgenden Wörter nach der Wichtigkeit: Geld, Heiraten(oder einen guten Partner haben), Schönheit, Bildung und Familie.

B: Schließt das eine die anderen aus? Also kann ich nur eins nehmen?

A: Nein. Du musst die Reihenfolge angeben.

B: Okay, Moment mal kurz. Ich schreibe mal die Wörter auf, dann kann ich die besser sortieren. Kannst du die nochmal sagen?

A: Bildung, Geld, Heiraten (gute Beziehung), Schönheit und Familie.

B: Die erste Stelle würde ich sagen Bildung. Dann Familie. Familie ist nicht zusammen mit heiraten oder so ne?

A: Nein, das sind die Eltern und so.

B: Also dann würde ich sagen: Bildung, dann heiraten, dann Familie ...mhhhh... dann Schönheit und dann Geld.

A: Okay, warum zuerst Bildung und warum Geld als letztes?

B: Also Bildung ist für mich Grundvoraussetzung. Also Bildung ist ja nicht nur das du einen Abschluss hast, sondern das du auch irgendwie ein Grundwissen hast. Also ich finde Bildung ganz wichtig auch für deine Kinder vielleicht, dass du denen das weitergeben kannst. Und Geld als letztes weil Geld für mich keine große Rolle spielt. ich bekomme sowieso nicht so viel Geld und ich komme damit trotzdem klar und selbst wenn ich jetzt so weiterlebe, wäre es nicht so schlimm, es gibt halt wichtigere Sachen als Geld.

A: Noch eine letzte Frage, dann sind wir fertig: Was denkst du über Schönheitsoperationen selbst?

B: Also Ich finde es gut dass es sie gibt weil ehm das ist ja eine Freiwillige Sache, was man an sich macht, jeder soll machen was er an sich selbst schön findet, wichtig ist, dass man das selbst schön findet. Zum Beispiel vor 200 Jahren, da mussten die Menschen mit ihrem Körper leben und waren vielleicht auch damit unglücklicher. ich wünsche mir, dass wir jetzt hier die Möglichkeit haben. Wichtig ist halt nur, dass man sich einen guten Arzt aussucht und nicht für wenig Geld dann einen schlechten Arzt hat. Das ist dann immer eigen Verantwortung. Aber ich finde es gut, dass wir die Möglichkeit haben.

A: Also du denkst, dass ist generell gut?

A: Vielen Dank für deine Hilfe.

B: Ja.

Interview with Doctor X

- How many years have you been practicing cosmetic surgery in Tehran?

About 10 years,

- In your opinion what is the biggest and most important motivation for these women to do cosmetic surgery?

If you lived on an island where nobody but you lived there, you would never even think about undergoing cosmetic surgery but when people are living in a society and are interacting with each other, beauty is something inner and a basic characteristic in humans and they want to look more beautiful and the way they are looked by other people is really important to them in this sense someone might enhance her abilities and education or art, and someone might enhance their appearance and the things that can be seen instantly, some may also enhance both, in our society most women are following the second trend because of course it is much easier.,

- In your opinion, why is this phenomenon happening so much in Iran?

Probably because of hijab, and as a doctor I know that cosmetic surgery on the nose is really prevalent here since other parts of the body in women is not clearly seen in Iranian women due to what they should wear in public. In other countries women can look pretty by only having a fit body or a flat belly but here in Iran only the face can be shown to others in public that's why women wear too much make up or have operation normally on their faces. I think one of the factors that can enhance a woman's self-esteem is to enhance her sexual appearance. Single women tend to attract men in order to have more and better potentials to choose for their life and the married ones want to keep their partners, I think it is really important for a woman to look pretty and sexy, in the modern world if a woman does not enhance or care about her appearance her partner will definitely leave her, because they are a lot of rivals for a married woman in our society and if the man is not so busy with his job, he will start to look for the pretty and sexy ones and if his wife does not do anything about her looks the man will leave and go for other options so, women **MUST** care about their body and appearance all the time, and a wise married woman must do sports and try not to get fat at all in order to prevent getting ugly, or if she is already fat or has a big nose or something unpretty in her body should undergo cosmetic surgery to fix that part. Even going to a beauty

salon , dying her hair , wearing makeup and smelling good and all these things are really important, a woman must have these qualities otherwise the partner will leave for another one. So the main reason for women to undergo cosmetic surgery is to attract men, if we put those women in an isolated island they will find no need to look better. It is all inter related, a woman has a friend and her friend undergoes an operation and looks prettier after that, it is very probable that the other one will start to consider that if she also undergoes surgery she will look better, and it just goes on like a domino.

15.2 Tables and Figures

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16. Author's Note

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Bitá Behravan